

Welcome to the Sport Education Workshop



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An Overview of our sessions

- Today
 - Introduction
 - Participate in a sport education unit using a racquet sport-pickleball.
 - Participate in reflections and discussions about your experiences in this unit
- Next Session
 - Introduction to a new unit, an invasion game- rugby
 - Planning your units



Questions

- Why is interscholastic and youth sport so relatively exciting and school physical education so relatively dull?
- Why is physical education sometimes dull even when it is taught effectively?



Sport Education

- What is it?
 - The **Sport Education** model emphasizes developing competent players who understand and value the best of sport traditions and outcomes.
- What outcomes does it promote?
 - Emphasis in this model is on strategic play rather than isolated skill development. it places students in roles as coaches, referees, and record keepers.



A basic goal of Sport Education is to develop **competent, literate, and enthusiastic** players of sport.



Objectives of Sport Education

- Develop skills and fitness specific to the sport.
- Appreciate and be able to execute strategic play.
- Participate at a level appropriate to their skill and experience.
- Share in the planning and administration of the sport experience.
- Provide responsible leadership in the sport context.



Objectives continued...

- Work effectively within the team toward common goals.
- Appreciated the rituals and conventions that give particular sports their unique meanings.
- Develop the capacity to make reasoned decisions about sport issues.
- Develop and apply knowledge about refereeing and training.
- Decide voluntarily to become involved in non-school sport.

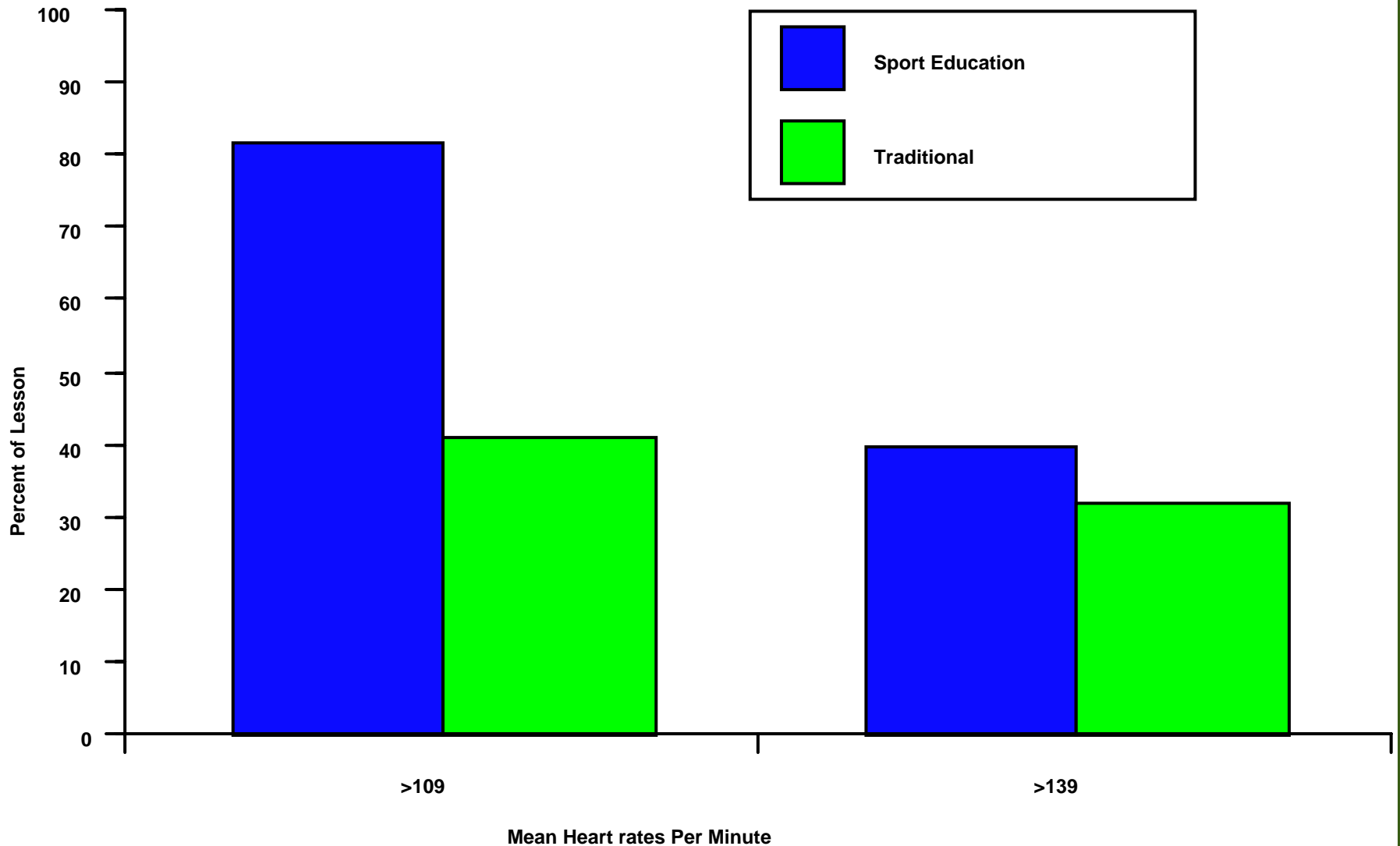


Some outcomes

- Physical activity
- Success in skill performance
- Success in game play -tactics
- Responsibility

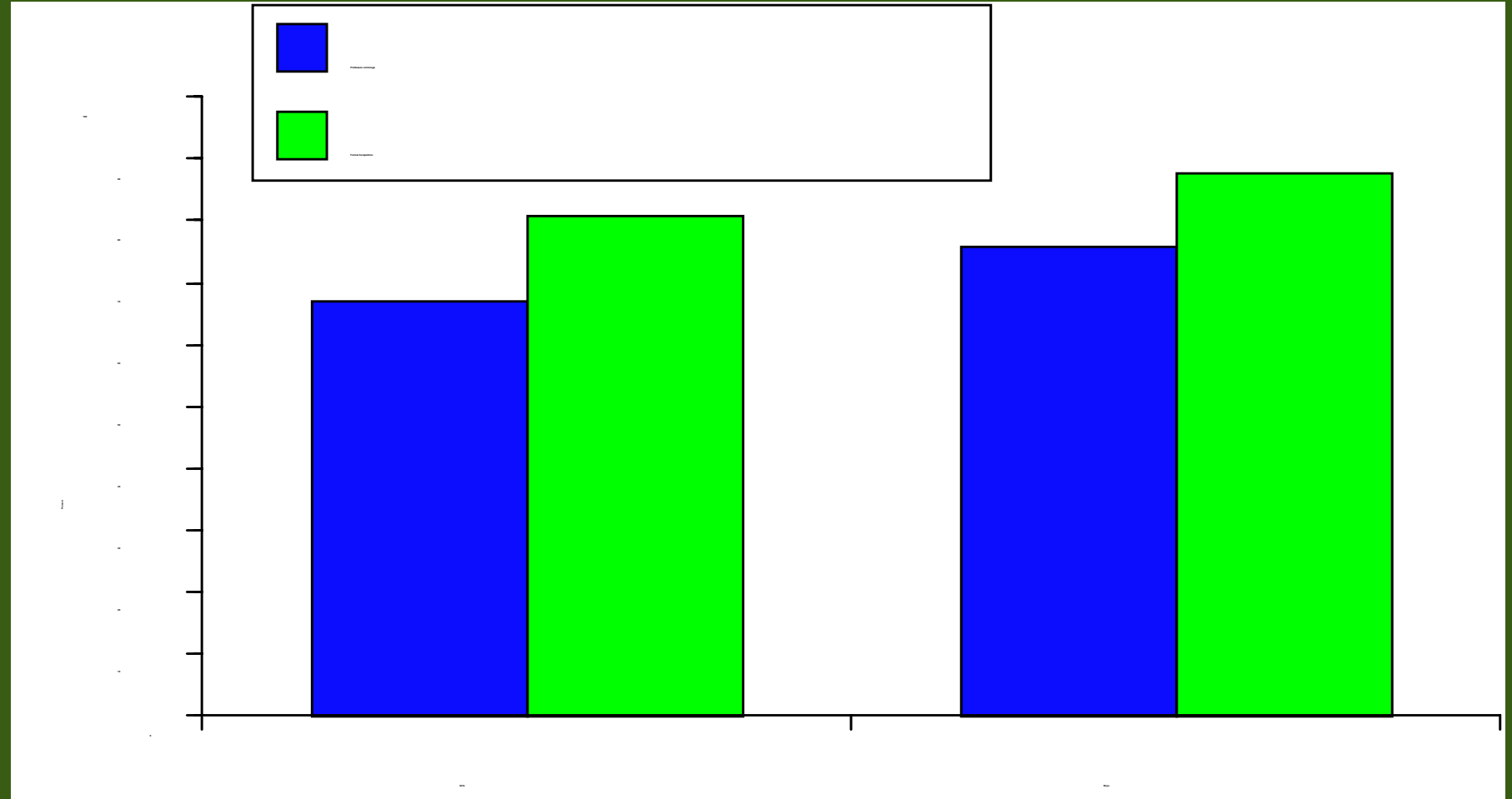


Effects on Physical Activity





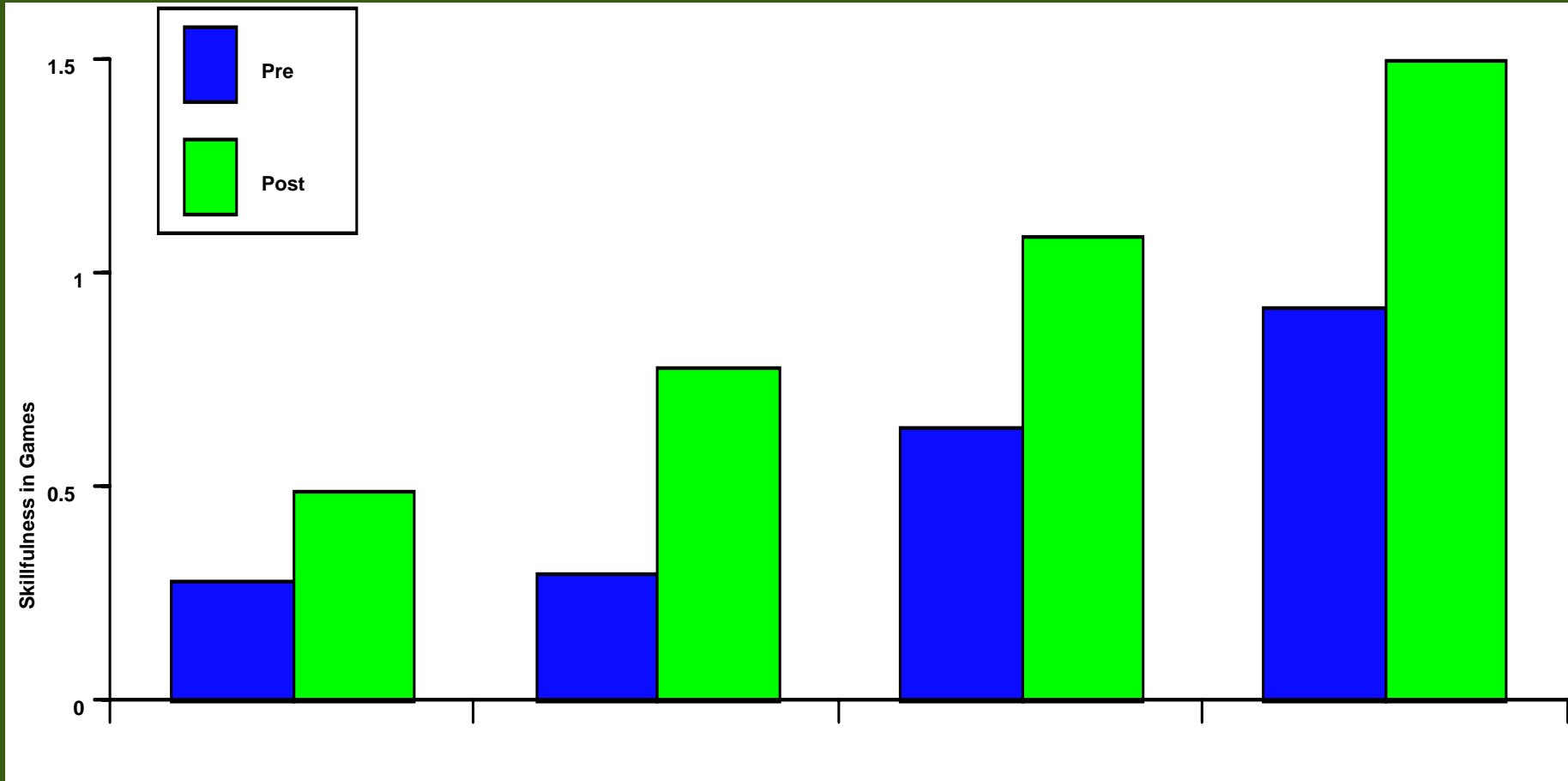
Successful Skill Performance in Games



Floor Hockey, Hastie, 1998



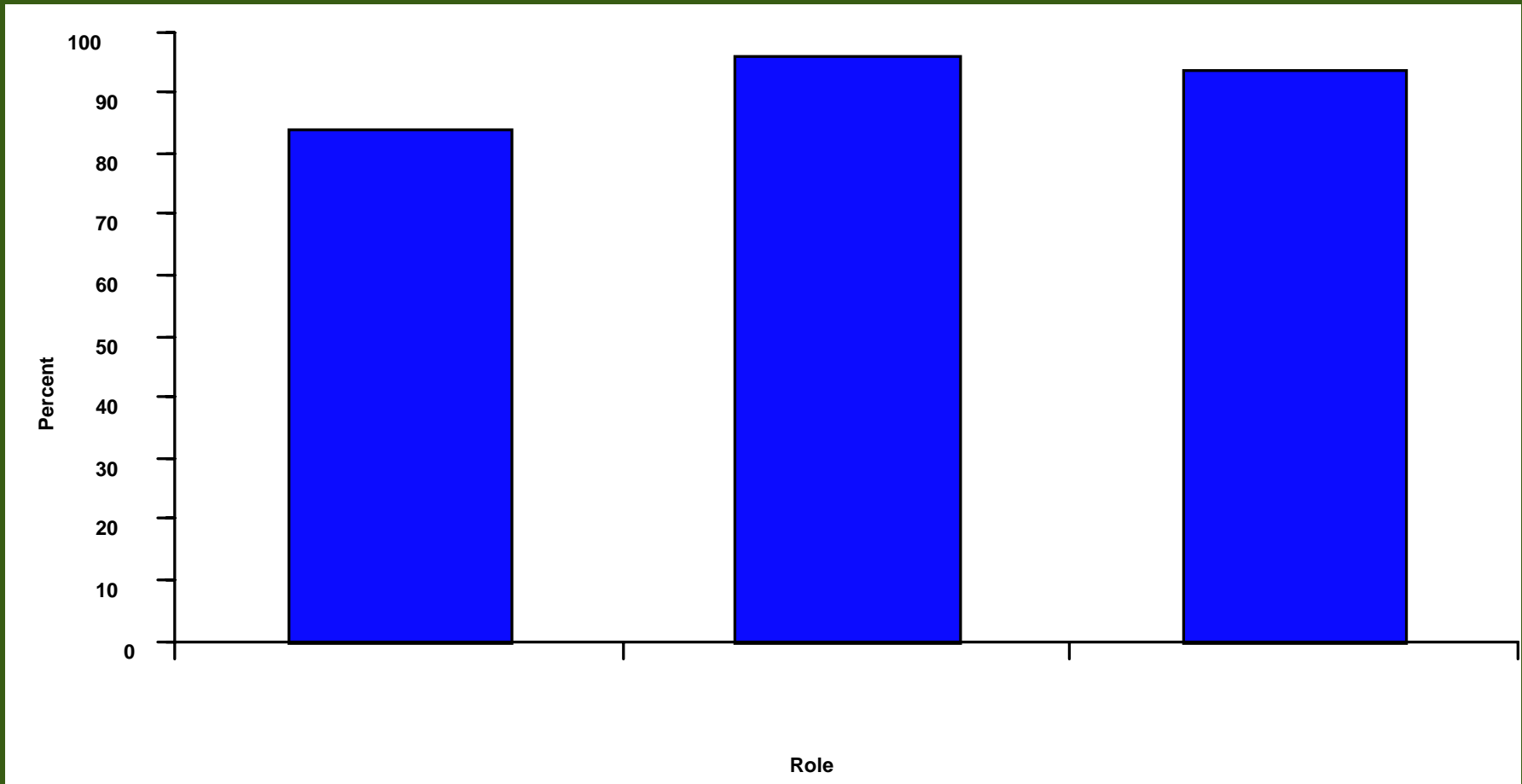
Skillfulness in Games



Ultimate F. / Hastie, 1998



Student Responsibility



Role Congruence/Speedball, Hastie, 1998



Sport Education is not the same as sport...

- It requires full participation from all
 - Small sided teams
 - No elimination tournaments
 - Culminating event for all
- Matches activities to the developmental needs of students
 - Modified rules/ games/teams/fields & courts
- Teaches multiple dimensions of the sport
 - e.g., coach, player, referee, board member.



Changing roles of the teacher

- New planning requirements
- Moving off center stage
- Helping students assume responsibility
- Making assessment and reporting meaningful
- Ongoing reflective practice



New student responsibilities

- Active participation
- Promoting equity and inclusiveness
- Taking responsibility for
 - Their own behavior
 - For running the class
- Leadership
- Cooperating as a team
- Accepting, supporting others
- Evaluating learning and teaching



Implementing Sport Education

- Seasons
- Affiliations
- Formal Competitions
- Culminating Event
- Records
- Festivity



Implementing .. Seasons

- Season are longer than typical units
 - >15 sessions is good, 20 is great.
 - Implications for curriculum
- Need to plan for disruptions (e.g., weather)
- Pick a sport you know well
 - Biggest limitation is content knowledge



Implementing ... Affiliations

- How will teams be selected?
- What size will teams be?
- Consider teams within teams?
- What effect will absences have on selection?
- What roles will be used?
- How will they be defined?



Implementing Formal Competitions

- Skill development hand in hand with tactical development
- Small sided games of short duration
- Students share in refereeing and scoring



Implementing... Culminating Event

- Should reflect the ceremonies and traditions of the sport
- Emphasis on participation by all
- Provide awards for individuals and teams.



Implementing... Records

- Keep records of all practices
- Design authentic practice experiences
- How will students learn to be involved?



Implementing ... Festivity

- Team names / pictures
- Awards and recognition
- Publish a team newsletter



Grade Level Considerations

<u>Grade Level</u>	<u>Appropriate</u>	<u>Adaptations</u>
Preschool- 3	NO	
Grades 4-5	YES	More teacher direction Simpler student roles
Middle School	YES	Modification of rules
High School	YES	None Needed



Before we go to the gym...

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פיקל-בול



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Some tasks

- Who has played or taught pickleball before?
- Take 5 minutes for a break and then please meet in the gym.
- When you get to the gym please run three laps and then meet by the benches.