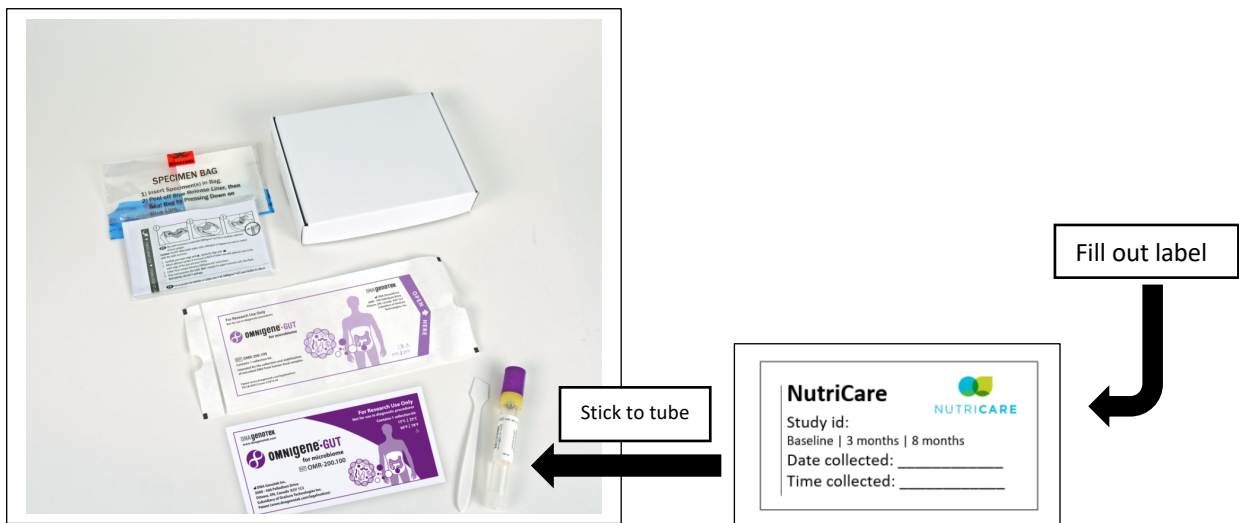


MICROBIOME SAMPLE MAILING INSTRUCTIONS

After collecting your microbiome sample:

1. Place your tightly capped and labeled sample in the bio-specimen bag.
2. Seal the bio-specimen bag by removing the blue liner and pressing firmly on the glue line.
3. Place the sealed bio-specimen bag in the mailer box.
4. Seal the mailer box by removing the "PEEL HERE" sticker on the underside of the front panel.
5. Place the mailer box in a location for pickup by USPS mail carrier (such as your mailbox or a blue USPS mail bin).



Questions, comments or concerns? Please contact us:

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