



**THE OHIO STATE
UNIVERSITY**

COLLEGE OF MEDICINE

MyCap

Amanda Carroll

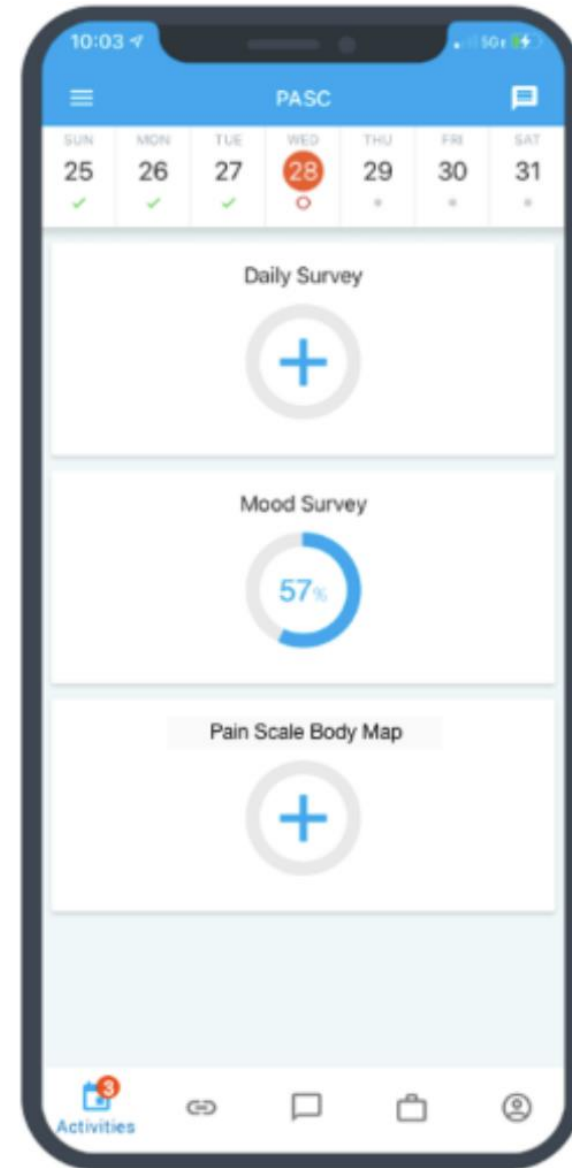
Slides made with information from Vanderbilt University Medical Center: <https://projectmycap.org/>

REDCap Services

- **Grand Rounds**
 - Second Tuesday of Every Month at 11am
- **Office Hours**
 - Mondays from 11am-1pm and Wednesday from 1pm-3pm
- **Monthly Trainings**
 - Last Wednesday of Each Month at 12pm
- **Thursday Consults**
 - Scheduled
- **Form Reviews**
 - Scheduled

MyCap

- What is MyCap?
 - An external module for base REDCap
 - A mobile App for **participants to download** to complete data collection from a mobile device
 - Used to collect patient reported outcomes on a schedule



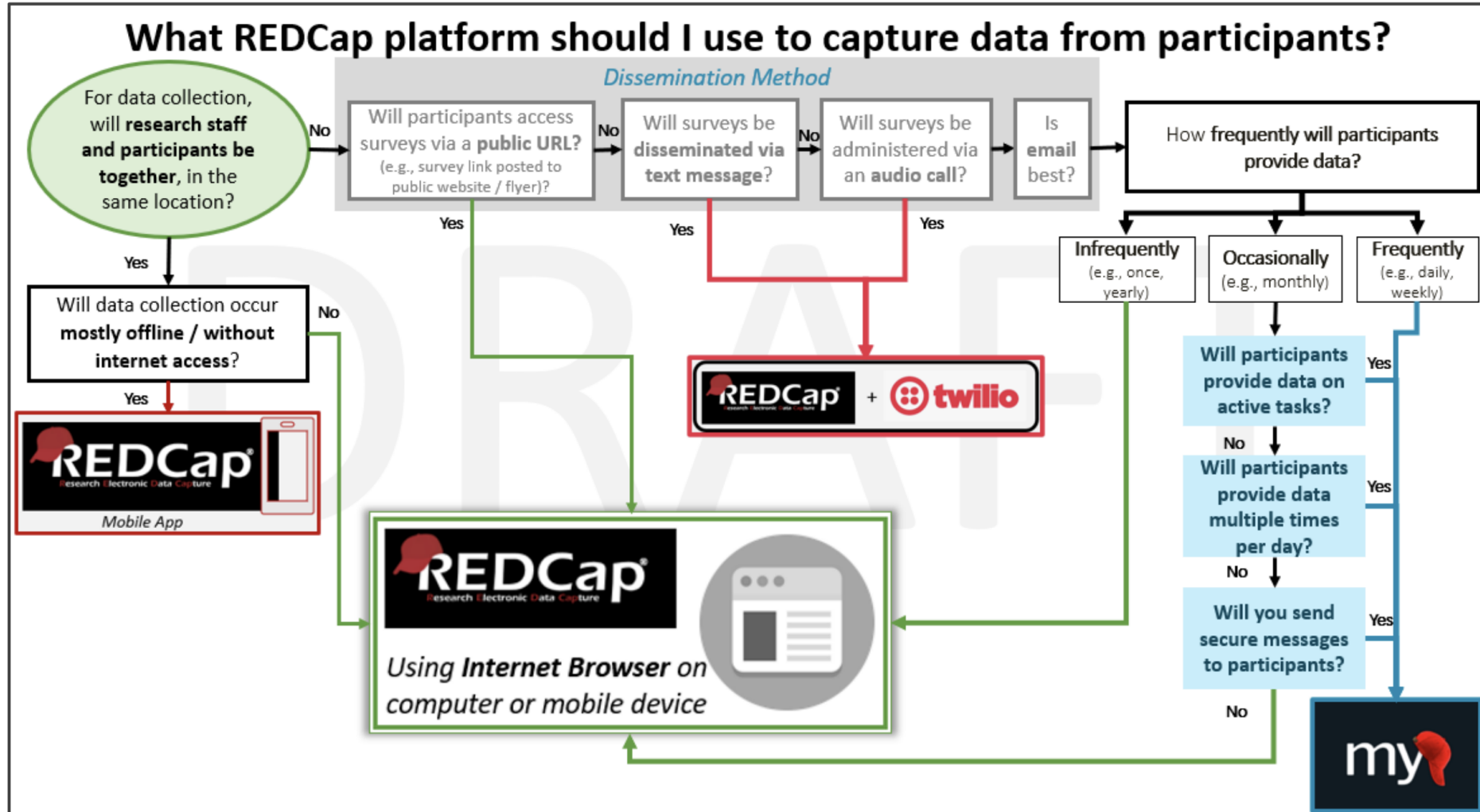
MyCap vs. REDCap vs. REDCap Mobile

Which do I use?

1. The **traditional REDCap** web surveys work well on phones and tablets whenever sustainable internet connectivity is available. Can be used for surveys or data collection.
2. The **REDCap Mobile App** is designed primarily for research teams sending research coordinators into the field for in person data collection, where sustainable internet connectivity is not available.
3. **MyCap** is used in longitudinal studies with frequent requests (surveys or active tests) for patient reported information.
4. **Third-party integrations** (e.g. Twilio) allow SMS collection or invitations to complete web-based surveys when singular reminders are helpful.

MyCap vs. REDCap vs. REDCap Mobile

Which one do I use?



MyCap

Features

- Compatible with iOS and Android (more limited)
- Supports REDCap Surveys in **classic** mode
- Captures active tasks
 - More on this later
- Flexibility with scheduling
 - One time and recurring tasks
- Can collect data multiple times per day
- Automates notifications
 - When tasks/ surveys are due

MyCap

Features Cont.

- Communication with participants
- Information screens
 - Project overview, study contacts, "get support", etc.
- Custom themes for the project (not supported by Android)
- Provides links to websites and web-based resources
- A single participant can be in multiple projects/ studies if needed
- Offers 6 digit passcode security (if desired)

MyCap

Workflow

- Researchers use REDCap as normal to create instruments
- Researchers use the MyCap module to schedule when instruments/tasks should be taken
- Participants download the MyCap app, scan a QR code to load the appropriate project, and enter data when needed



MyCap

at OSU

- Separate server from Scarlet and Gray
 - Uses same login as Scarlet
 - Requires OSUMC credentials to access
 - <https://redcap-mycap.osumc.edu/redcap/>
- Request project in Project Request Form
- Request access in Account Request Form

Is this project related to MyCap?

No
 Yes

Which server does the User need access to?

(Please select all that apply)

- Scarlet (old PHI)
- Gray (old Non-PHI)
- HEAL
- MyCap
- Containers
- Unsure

MyCap

Life Cycle of Project

1. Request a REDCap project on the MyCap server
 - i. A REDCap Admin will turn on the External Module
2. Build your surveys
 - i. Or have RIT build it with FFS or Voucher support
3. Meet with REDCap Admin to setup
4. Design the MyCap interface
 - i. Schedule when and how often tasks/survey should appear
 - ii. Create information screens
 - iii. Create a custom theme
5. Test and move to Production

MyCap

The Module

1

[+ Enable a module](#)

Currently Enabled Modules

Search enabled modules


MyCap - v1.13.4 [Discoverable](#) [Configure](#) [Disable](#)

Companion module for MyCap (www.projectmycap.org)

[View Documentation](#)


2


External Modules


 MyCap

3

MyCap Public Demo

 Participants

 Announcements

 Configure App

S Setup


T Tasks


A About


C Contacts


L Links

TH Theme

 Publish

 Synchronization Issues

 Help

 REDCap

MyCap

Configure App: About

- Title of project
- Description
- Image for project
 - Can be a system image or custom image
- Can add multiple pages (e.g., "About" page)

Edit Page

Title *
MyCap Public Demo

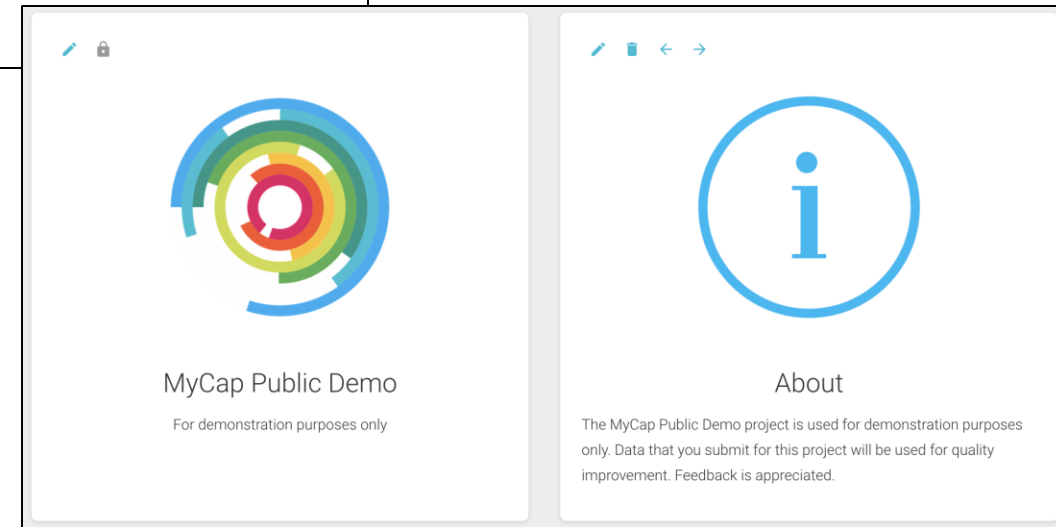

Content *
For demonstration purposes only

Image Type

System

Custom

Custom Image *



MyCap

Configure App: Theme

- Set up Project Colors
- Can use pre-defined palette or create custom



MyCap

Configure App: Setup

- By default, tasks are scheduled based on participant's app **install date**, or the date they join the project
- On the Setup page you can toggle on/off the option of a **baseline date****, or a date chosen by the participant. Set up the instructions for collecting the date are also created here.

Baseline Date

Use baseline date?

Include instruction step?

Instruction Step

Title *

Start Date

Content *

Events can be scheduled relative to a start date. A schedule will be generated once you select a start date. All language can be tailored to fit your needs.

Task

Title *

Start Date

Yes/No Question *

Did you start SOMETHING today?

Date Question *

When did you start SOMETHING?

MyCap

Configure App: Tasks

- Where you add and edit tasks (surveys and time points) in your project

New task (survey)

NEW NEW ACTIVE TASK ONLINE DESIGNER

Instrument	Participants	Enabled	Title	Format	Schedule	Actions
		Enabled Cannot enable				
Welcome		Yes	Welcome	Questionnaire	One time	Edit task
Morning Checkin		Yes	Morning Checkin	Questionnaire	Repeats daily	
Peak Flow Rate		Yes	Peak Flow Rate	Form	Infinite	

Configure App: New Task

Questionnaire** : 1 question per card with a "Next" button between questions
Form: All questions for that survey on a single card

Crates a % complete figure**
Creates a chart for tracking things over a time period

Allows surveys to be completed retroactively
Allows participant to save and return

INSTRUCTION STEP	COMPLETION STEP
Title *	Title *
Content *	Content *

"Turns off" survey in MyCap

Name for Task that participants see

Task

REDCap Instrument

Welcome

Collect data for this REDCap instrument?

Title *

Welcome

Format

Questionnaire

Form

Card Display

Percent Complete

Chart

Options

Allow retroactive completion?

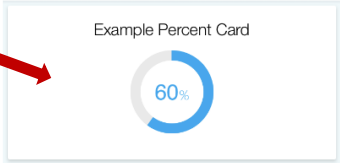
Allow save and complete later?

Include instruction step?

Include completion step?

SAVE ONLINE DESIGNER

Card Display Example



Creates instruction and/or completion step

Configure App: New Task

The date the task is based on;
Baseline IS RECOMMENDED

- One time: Task is only completed once
- Infinite: It is always available
- Repeating: Choose how often it repeats
 - Daily (once daily)
 - Weekly
 - Monthly
- Fixed: Only appears on certain set days of the study (ex: Day 1 and Day 7)

How many days it is delayed from the date chose in "Relative to"

Schedule

Relative To

Install Date

Baseline Date

Type

One Time

Infinite

Repeating

Fixed

Delay # of Days *

0

Ends

Never

After Number of Occurrences

After Number of Days

On Date

SAVE

Every 1 WEEK

On

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Repeats

Daily

Weekly

Monthly

Every 1 MONTH On Day(s) 1,7

This section only appears when "Infinite" or "Repeating" is selected; how many times it repeats

Configure App: New Active Task

Category	Name	Platform	Notes	Actions
Motor Activities	Range of Motion	🍏		+
	Gait and Balance (Short Walk)	🍏		+
	Tapping Speed	🍏🍏		+
Fitness	Fitness	🍏		+
	Timed Walk	🍏		+
Cognition	Spatial Memory	🍏		+
	Stroop	🍏		+
	Trail Making Test	🍏		+
	Paced Serial Addition Test (PSAT)	🍏		+
	Tower of Hanoi	🍏		+
	Reaction Time	🍏	Partially implemented. Results are not sent to REDCap.	+
Speech	Sustained Phonation	🍏		+
	Speech Recognition	🍏	Partially implemented. Speech recognition image is not supported.	+
	Speech in Noise	🍏	Not implemented	
Hearing	Environment SPL	🍏	Not implemented	
	Tone Audiometry	🍏		+
	dBHL Tone Audiometry	🍏	Not implemented	
Hand Dexterity	9-Hole Peg Test	🍏		+
Vision	Amsler Grid	🍏		+

MyCap

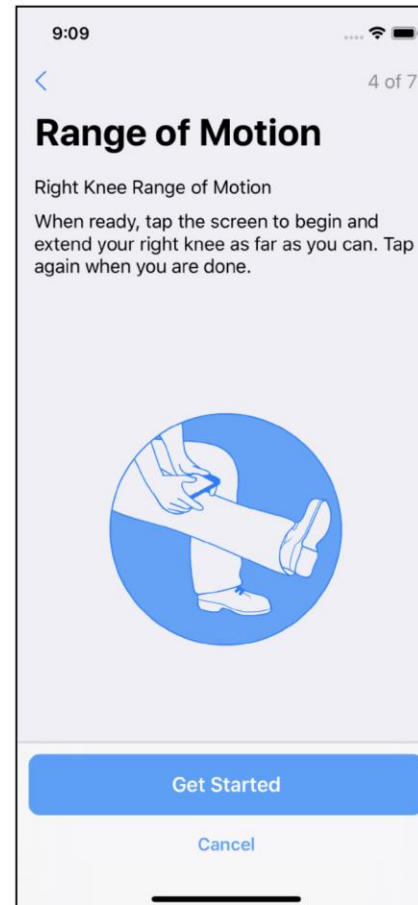
Active Tasks

- Asking participants to perform activities under (partially) controlled conditions while iPhone sensors collect data
 - To note: Active Tasks are **not available** on Android Devices, except Tapping Speed.
- ResearchKit™ includes several predefined tasks, which fall into seven categories:
 - Motor activities
 - Fitness
 - Cognition
 - Speech
 - Hearing
 - Hand dexterity
 - Vision
- <http://researchkit.org/docs/docs/ActiveTasks/ActiveTasks.html>

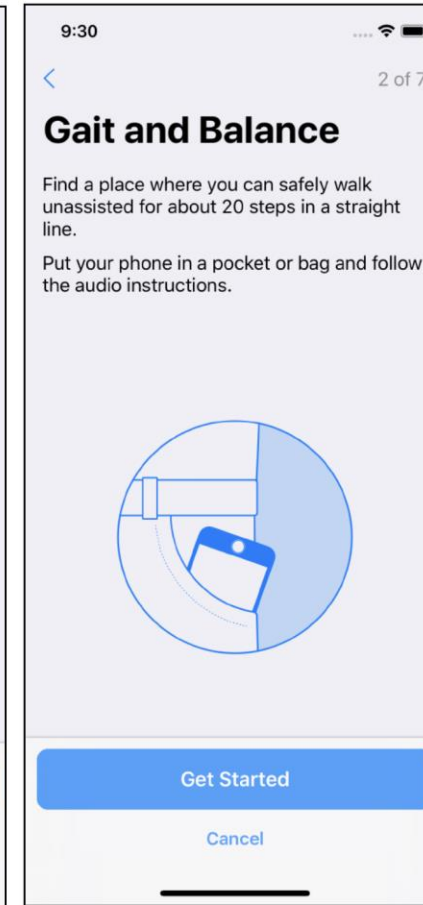
Active Tasks

Motor Activities

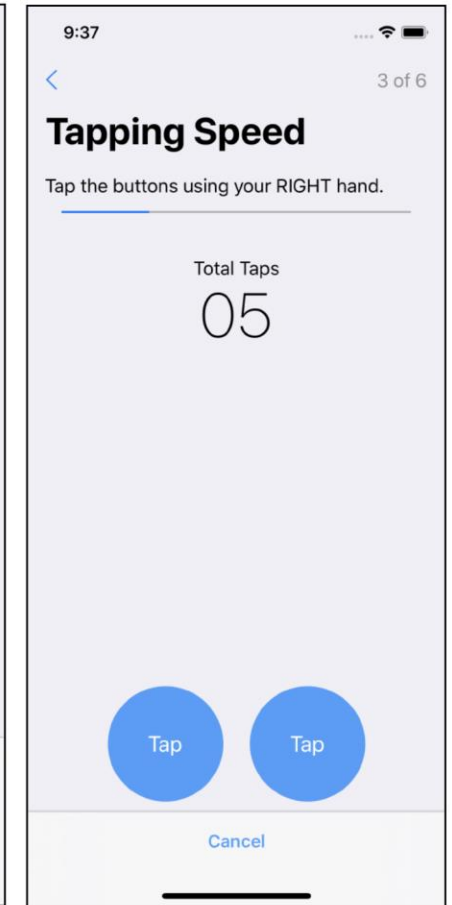
Task	Sensor	Data Collected
Range of Motion	Accelerometer Gyroscope	Device motion
Gait and Balance	Accelerometer Gyroscope	Device motion Pedometer
Tapping Speed	Multi-Touch display Accelerometer (optional)	Touch activity



Further instructions with an illustration



Instruction step introducing the task

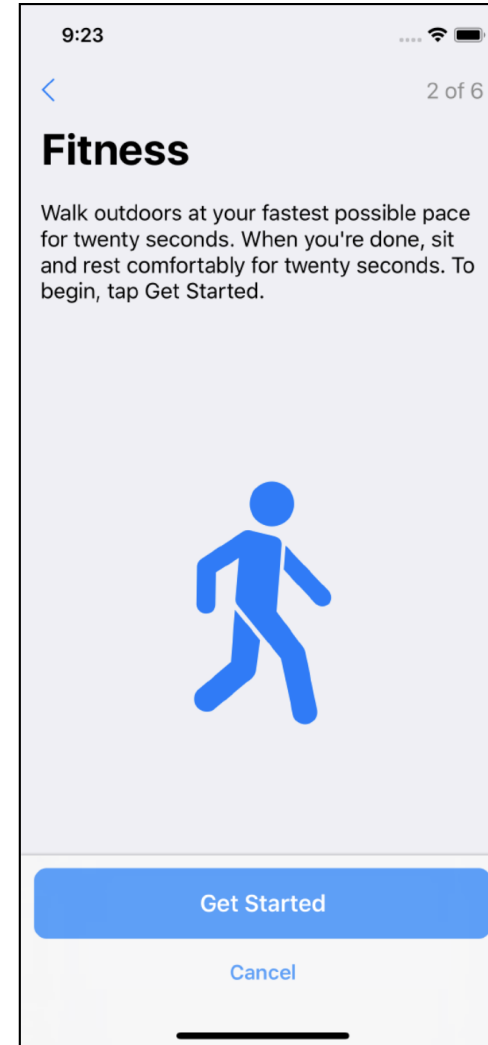


The user rapidly taps on the targets using the right hand

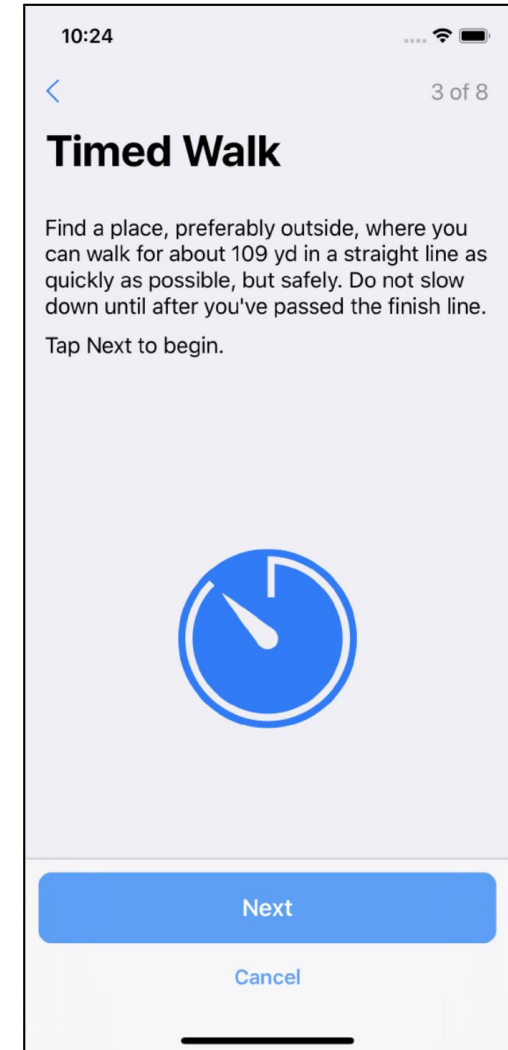
Active Tasks

Fitness

Task	Sensor	Data Collected
Fitness	GPS Gyroscope	Device motion Pedometer Location Heart rate
Timed Walk	GPS Gyroscope	Device motion Pedometer Location



Instruction step introducing the task

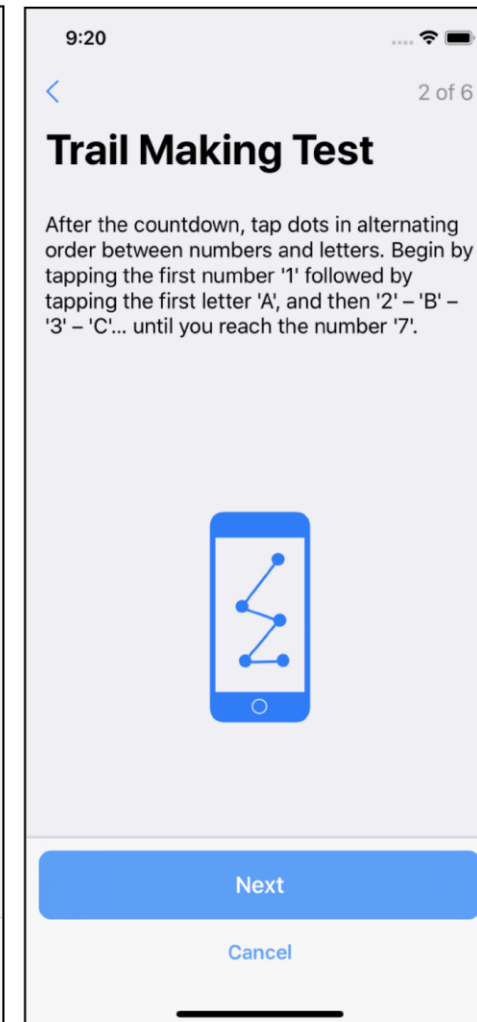
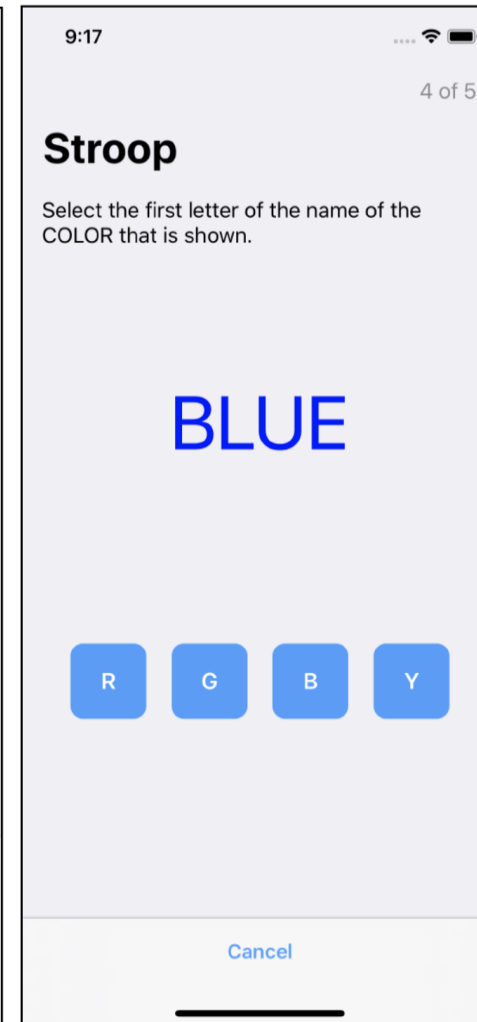
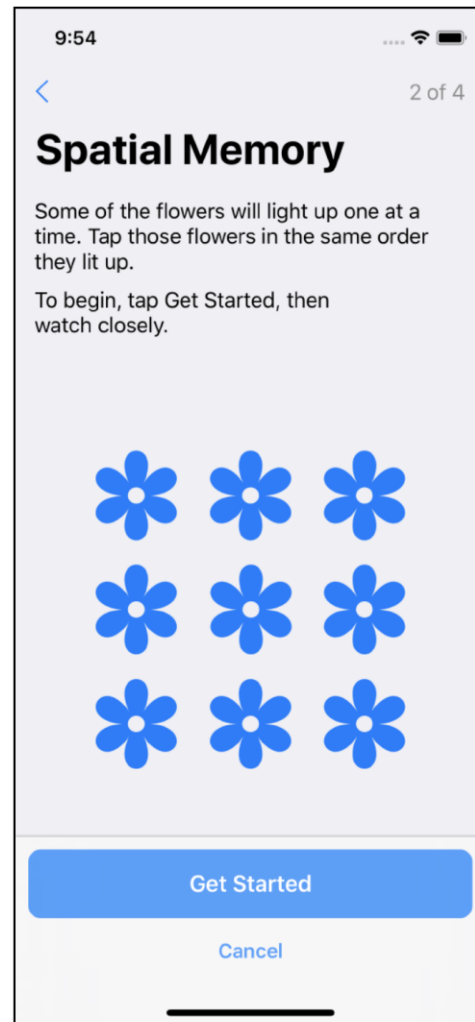


Instructions on how to perform the task

Active Tasks

Cognition

Task	Sensor	Data Collected
Spatial Memory	Multi-Touch display Accelerometer (optional)	Touch activity Correct answer Actual sequences
Stroop Test	Multi-Touch display	Actual color Actual text User selection Completion time
Trail Making Test	Multi-Touch display	Completion time Touch activity



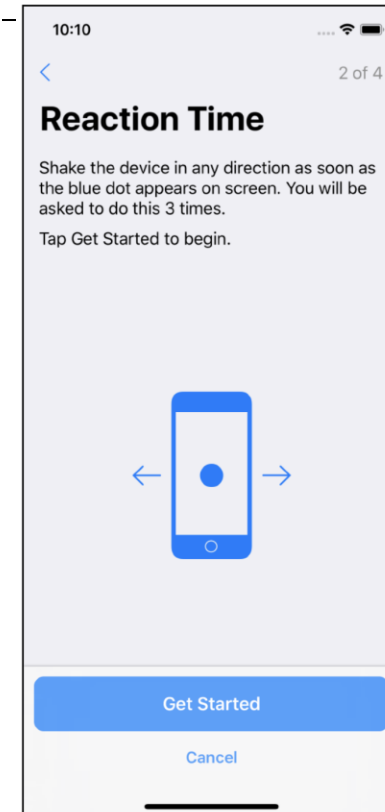
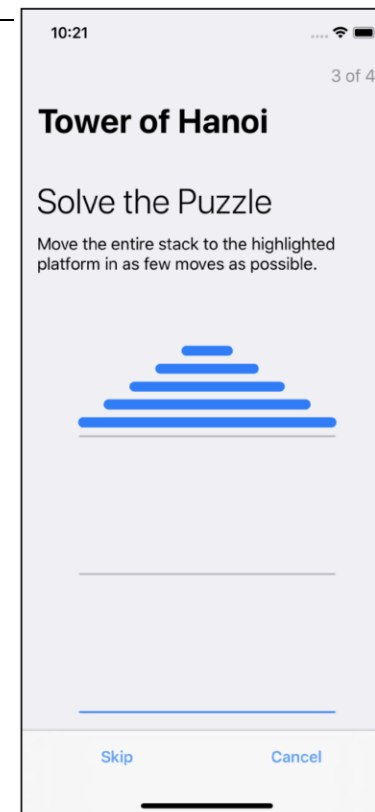
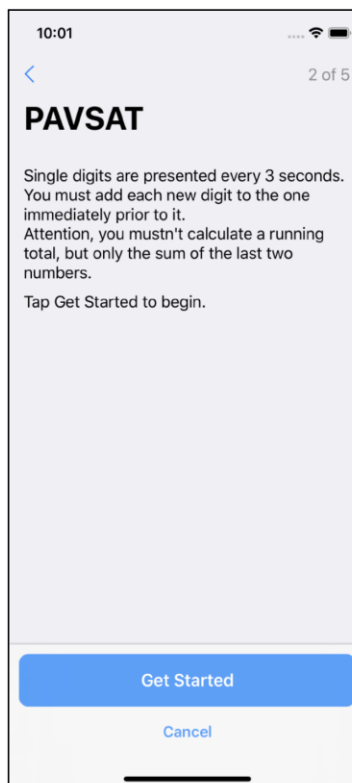
Active Tasks

Cognition Cont.

Task	Sensor	Data Collected
Paced Serial Addition Test	Multi-Touch display	Addition results from user
Tower of Hanoi	Multi-Touch display	Every move taken by the user
Reaction Time	Accelerometer Gyroscope	Device motion

There are three variations of this test:

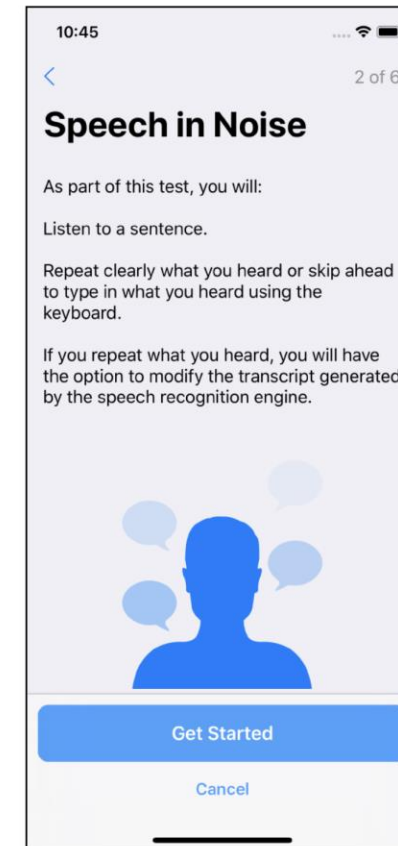
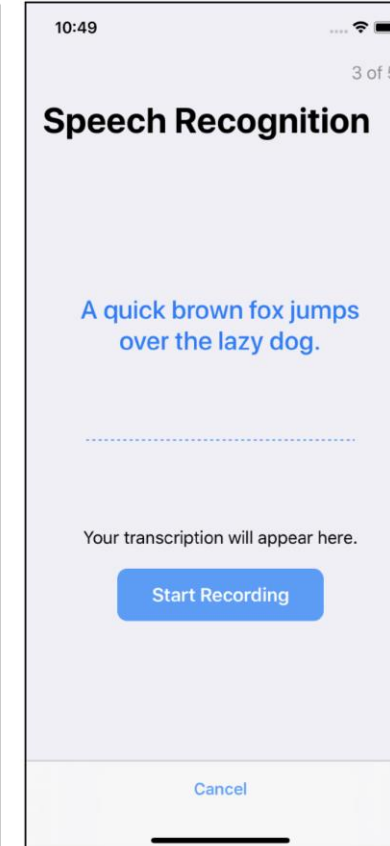
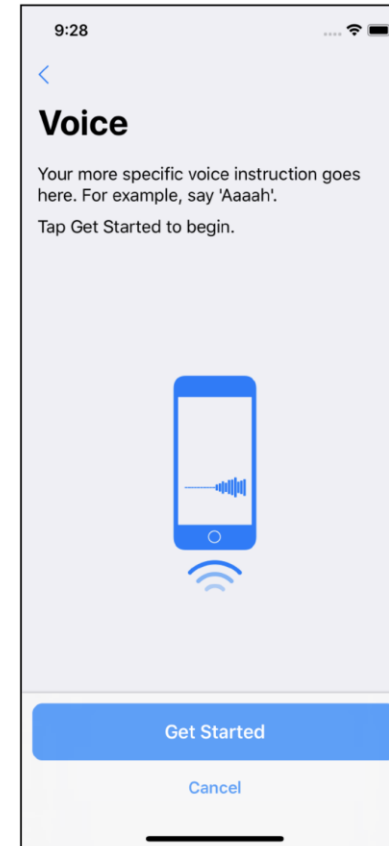
- PASAT: Paced Auditory Serial Addition Test - the device speaks the digit every two or three seconds.
- PVSAT: Paced Visual Serial Addition Test - the device shows the digit on screen.
- PAVSAT: Paced Auditory and Visual Serial Addition Test - the device speaks the digit and shows it onscreen every two to three seconds.



Active Tasks

Speech

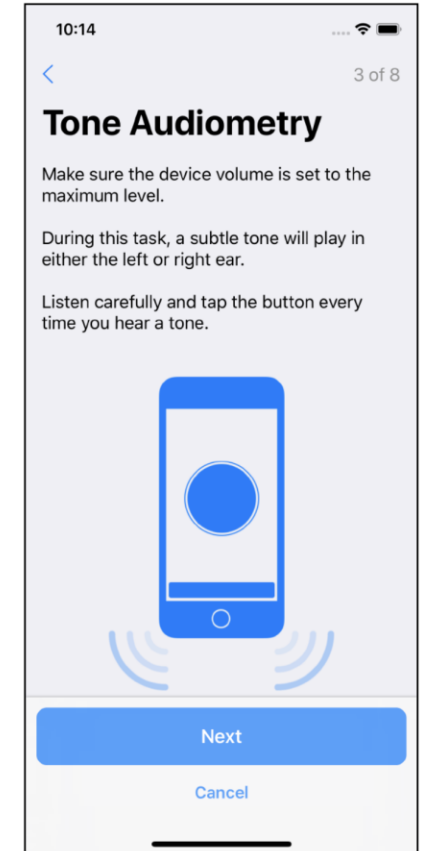
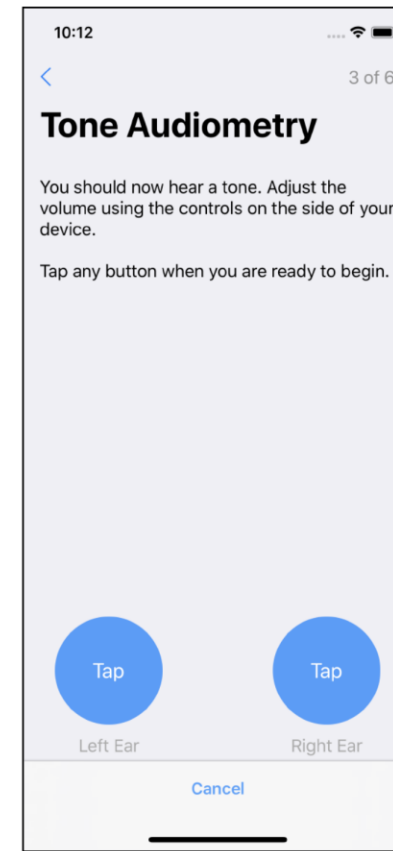
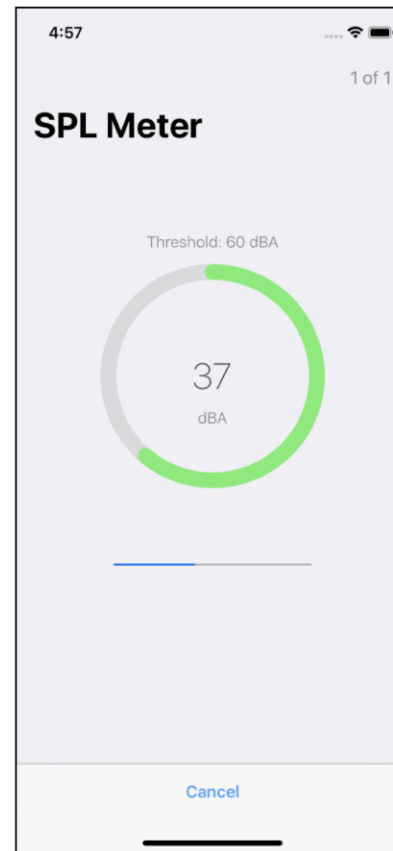
Task	Sensor	Data Collected
Sustained Phonation	Microphone	Uncompressed audio
Speech Recognition	Microphone	Raw audio recording Transcription in the form of an SFTranscription object. Edited transcript (if any, by the user)
Speech-in-Noise	Microphone	Raw audio recording Transcription in the form of an SFTranscription object Edited transcript (if any, by the user). This can be used to calculate the Speech Reception Threshold (SRT) for a user.



Active Tasks

Hearing

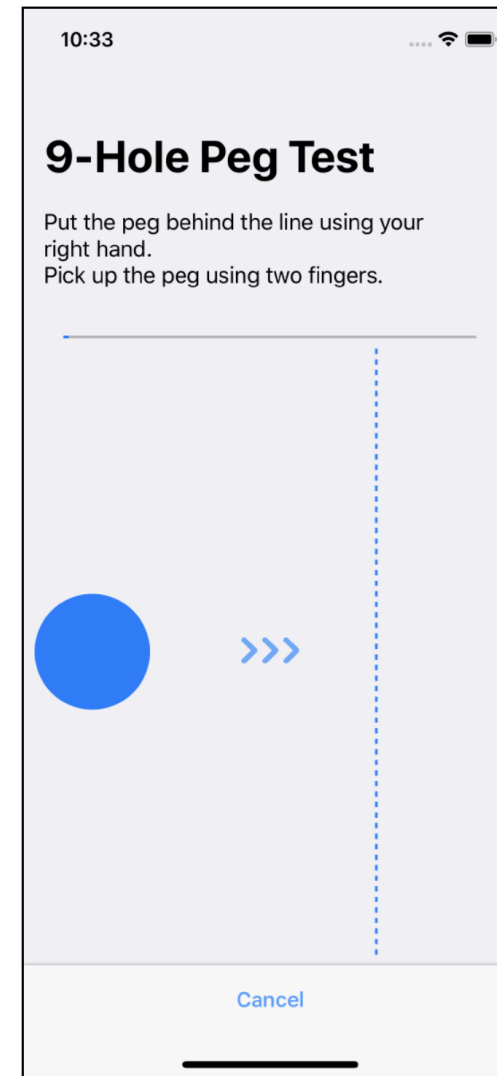
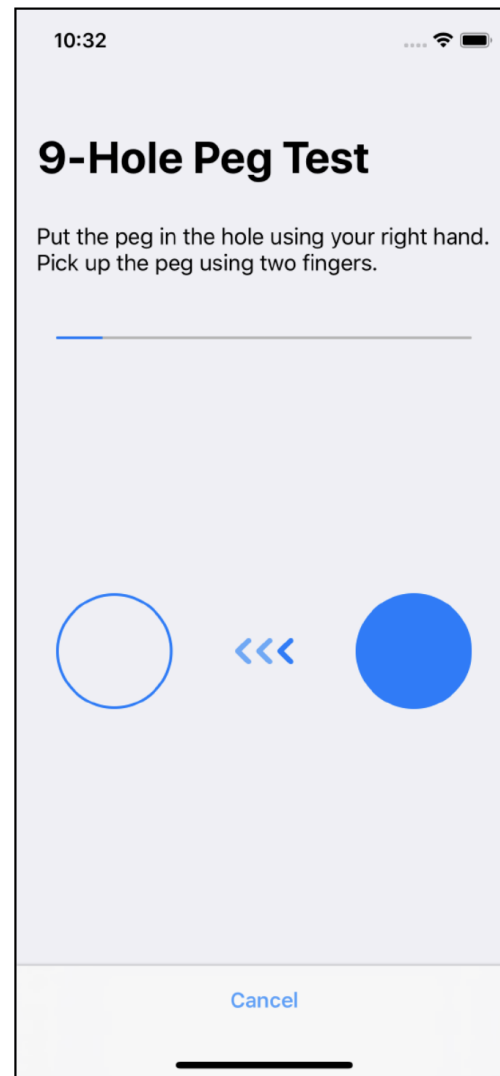
Task	Sensor	Data Collected
Environment SPL	Microphone	Environment sound pressure level in dBA
Tone Audiometry	AirPods Headphones	Minimum amplitude for the user to recognize the sound
dBHL Tone Audiometry	AirPods Headphones	Hearing threshold in dB HL scale User response timestamps



Active Tasks

Hand Dexterity

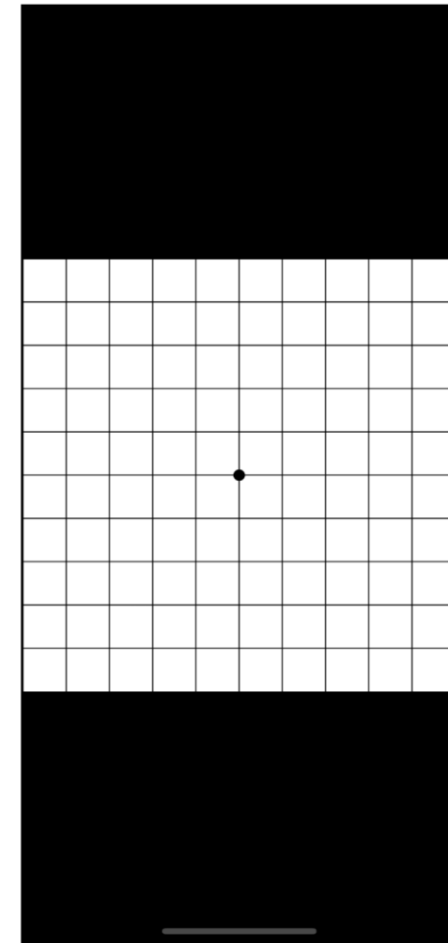
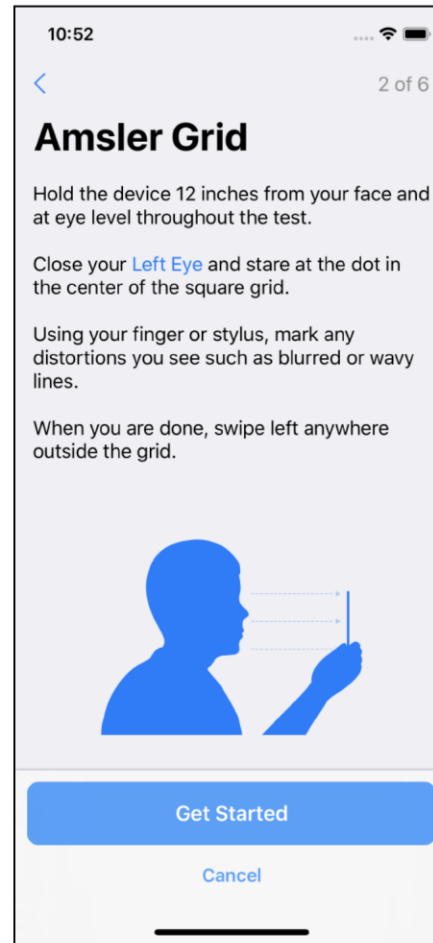
Task	Sensor	Data Collected
9-Hole Peg	Multi-Touch display	Completion time Move distance



Active Tasks

Vision

Task	Sensor	Data Collected
Amsler Grid	Multi-Touch display	Touch activity Eye side Areas of distortions as annotated by the user



MyCap

Participant Requirements

- Pre-identified set of study participants
- One participant per device
 - If multiple people in household are participating, each needs a separate device
 - Currently developing multiple profile options for future
- One device per participant
 - Not recommended to login on different devices

MyCap

Communication with Participants

- The research team can communicate with the study participant via secure text messaging system at no cost
- MyCap uses its internal messaging system. It is not using a third-party service. There are no data charges
- The participant will see the message 'You have a secure message waiting' displayed. When the participant clicks on that push notification, MyCap calls REDCap database for the message

MyCap

Setup: Participants

- Add New participant
- Edit participant

New Participant

First Name *

Last Name *

CREATE < BACK

First	Last	Install Date	Baseline Date	Actions
Amanda	Carroll			 

- Scan QR code (or send link via email), view Install and Baseline Dates, and message participant directly

Amanda Carroll

PROFILE MESSAGES

Edit Participant

First Name *

Amanda

Last Name *


Carroll

Install Date

Baseline Date

SAVE < BACK

Participant QR Code



To read more about sending via email: https://projectmycap.org/wp-content/uploads/2022/02/QRCodeOverview-Quick-Guide_20210611.pdf

MyCap

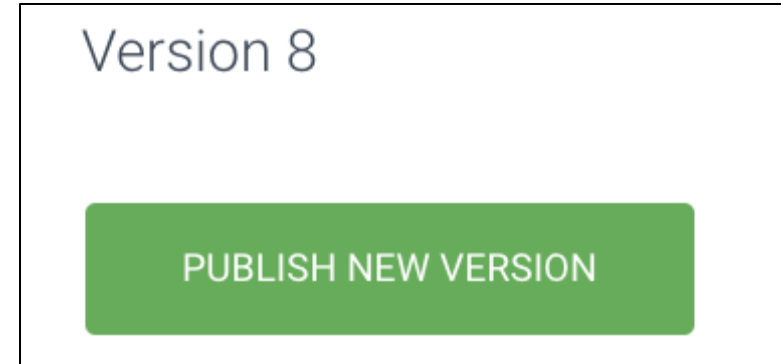
Participant Experience

1. After providing consent (completed in a separate project), a survey participant receives a QR code from the research team
2. Participant goes to the app store on their device and downloads the MyCap app
3. Participant opens the app and is prompted to scan the QR code
4. Participant receives push notifications when they need to complete a task
5. Participant opens app and completes tasks on calendar
6. When the study is completed, the participant uninstalls the MyCap app from their device (or, if participating in multiple MyCap projects, deletes the project from their MyCap app)

MyCap

Setup: Publish

- If/ When you make edits to your live MyCap project you will need to "push" your edits live. To do this, use the "Publish" section.
- This will create a new version with your edits




MyCap

Demo

- If you would like to learn more about MyCap and/ or Demo MyCap to see if it would fit your needs, go to <https://projectmycap.org/> and scroll to the bottom

TRY IT OUT


Try out one or more of our demonstration projects. Data collected by these demonstration projects are not analyzed and will be deleted periodically.



Demo 1 - Basic Functionality

Explore basic tasks and the MyCap interface.

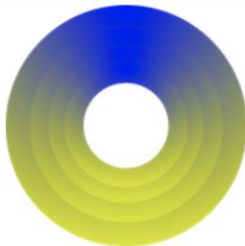
[Begin Demo](#)



Demo 2 - Active Tasks

Active tasks use sensor information to capture data. Most active tasks are only available on iOS devices. We recommend an iPhone or iPad for this demo.

[Begin Demo](#)



Demo 3 - Scheduling

Learn about baseline date vs installation date. One time tasks, infinitely repeating tasks, fixed schedule tasks, and repeating tasks.

[Begin Demo](#)

- Getting Started Quick Guide: [https://projectmycap.org/wp-content/uploads/2022/04/Getting Started Quick Guide.pdf](https://projectmycap.org/wp-content/uploads/2022/04/Getting_Started_Quick_Guide.pdf)

Announcements

- **REDCap Upgrade**
 - July 25 from 7am-12noon
 - Please expect all servers to be offline during this time
- **Monthly Training**
 - July 27 at 12pm
 - Design Part 2
- **Grand Rounds**
 - August 9 at 11am
 - Overview of New REDCap Version and Reporting in REDCap