

Learning the Lingo: Health Equity is for All of Us

**Patrice Powers-Barker
Emilee Drerup**



THE OHIO STATE UNIVERSITY

EXTENSION

WHAT TO EXPECT TODAY

- **Short Activity** – where do your class topics align?
- **Brief Explanation** of the Vital Conditions for Health and Well-Being
- **AmeriCorps Introduction**
- **Reflection**
- **Follow up** after today: access to materials (PPT and references, and handouts, etc.)

CONNECTING TO CLASSROOM

Career Ready Individuals

- “make connections between abstract concepts with real-world applications”
- “understand the relationship between personal health, workplace performance and personal well-being; they act on that understanding to regularly practice healthy diet, exercise and mental health activities. Career-ready individuals also take regular action to contribute to their personal financial well-being, understanding that personal financial security provides the peace of mind required to contribute more fully to their own career success”

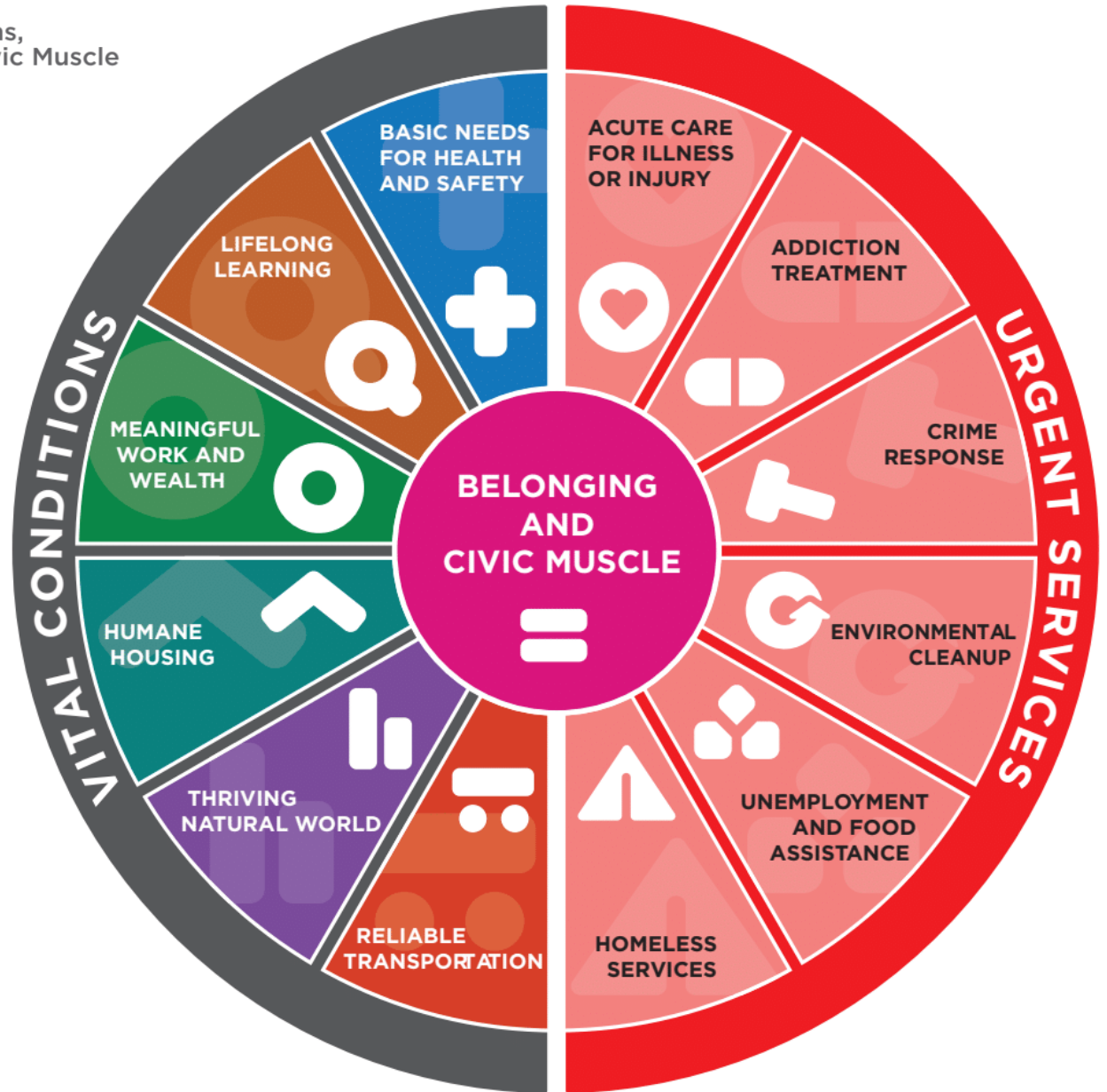
<https://careertech.org/wp-content/uploads/sites/default/files/CareerReadyPractices-FINAL.pdf> The Common Career Technical Core’s Career Ready Practices

Which of these themes are most relatable to your classroom?



Portfolio Elements

Investments in Vital Conditions, Urgent Services, & Belonging and Civic Muscle



ADVANTAGES

- **The vital conditions framework presents an actionable, asset-based approach** to address and *advance beyond* social determinants of health and inequities.
- The framework identifies the **core elements needed to create a thriving community** rather than measures of productivity or descriptions of *vulnerabilities or negative determinants* in a community.
- Finally, the vital conditions resonate with all sectors in a community and **naturally demonstrate the central role of sectors** that address housing, employment, transportation, climate sustainability, economic development, health, and more to facilitate thriving.

HEALTH EQUITY

The state in which everyone has a fair and just opportunity to attain their highest level of health.



HEALTH EQUITY

“**Health equity** is achieved when every person has the opportunity to attain their health potential, and **no one is disadvantaged** from achieving this potential because of social position or other socially determined circumstance.

Health inequities are reflected in differences in length of life; quality of life; rates of disease, disability, and death; severity of disease; and access to treatment” (CDC, 2020)

EQUITY VS EQUALITY – DIVERSITY IN THE CLASSROOM

Equality

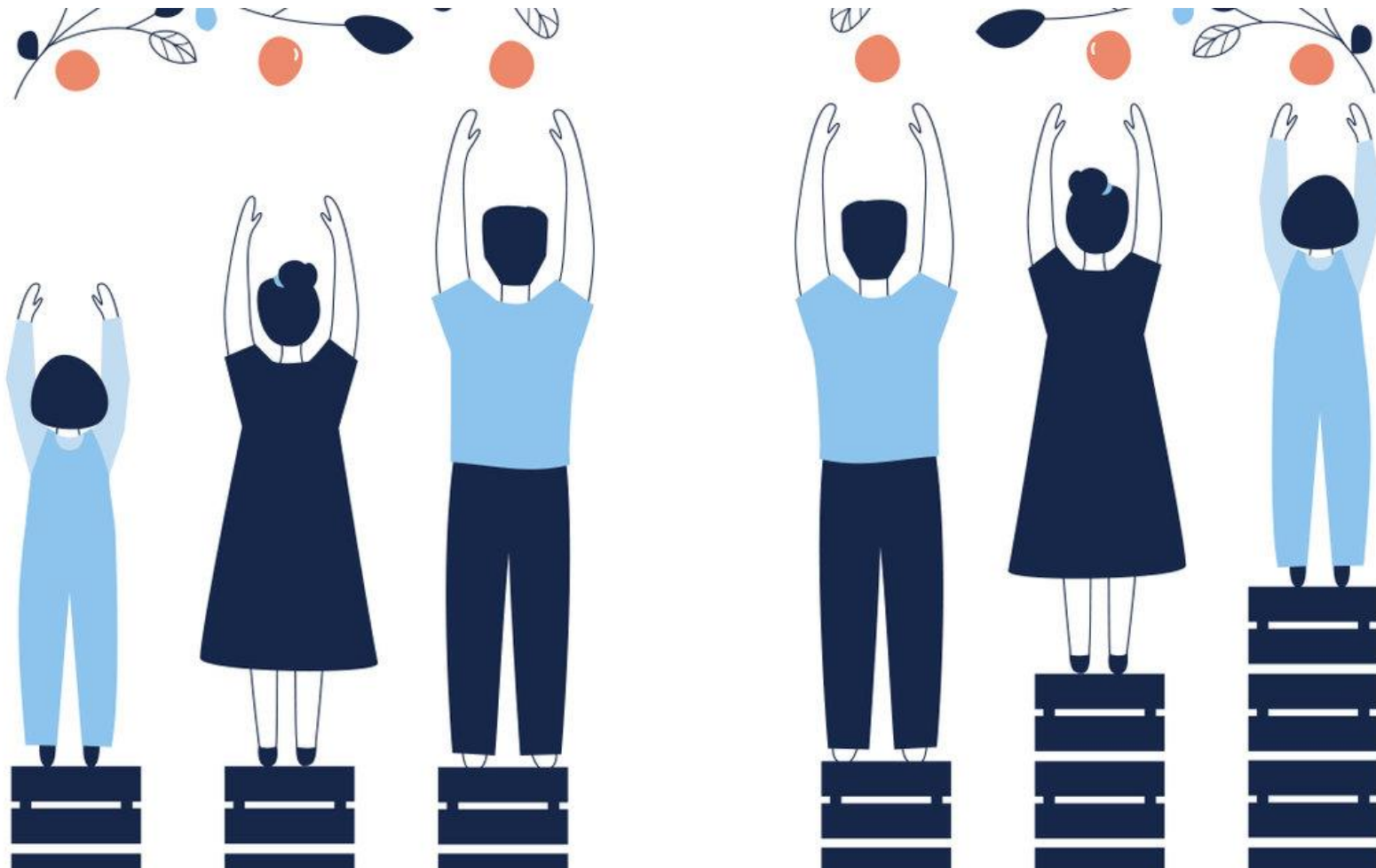


Equity

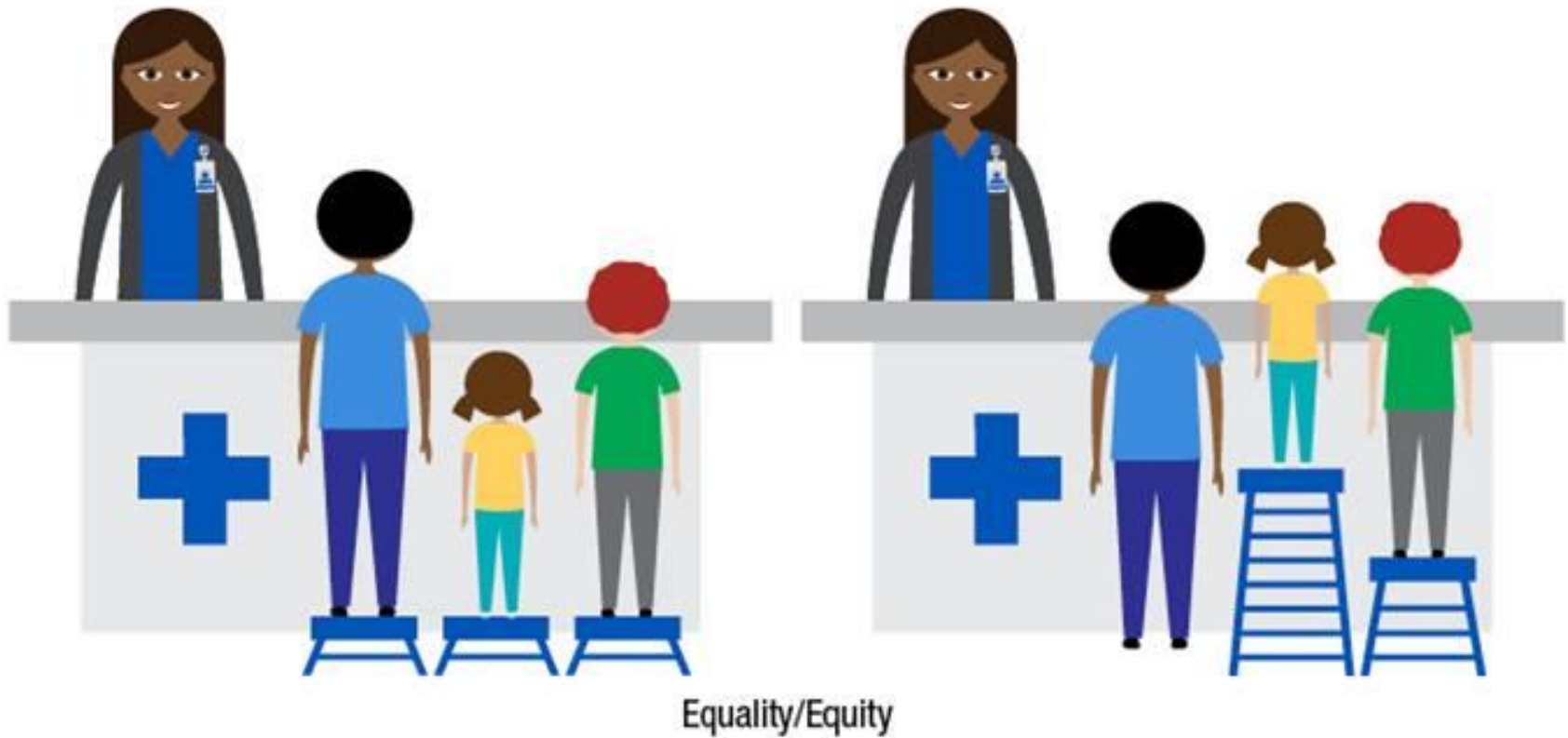


© 2017 Robert Wood Johnson Foundation
May be reproduced with attribution

EQUALITY VS EQUITY IN HEALTHCARE: BOTH ARE IMPORTANT



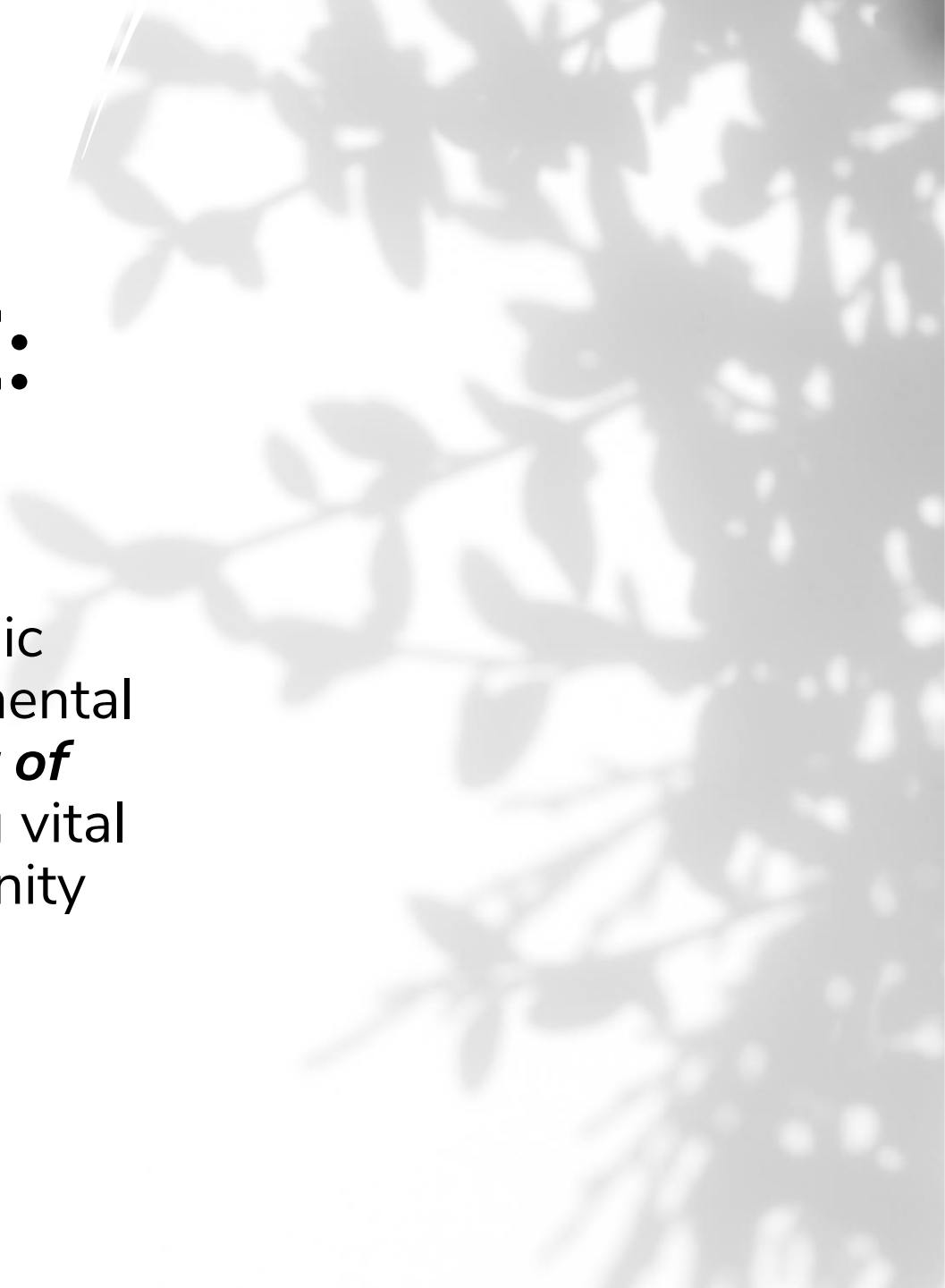
WHAT IS HEALTH EQUITY AND WHY IS IT SO IMPORTANT?



WE BELIEVE:



Whether you focus on education, health, economic opportunities, or environmental stewardship, ***you are part of the solution*** to supporting vital conditions in your community



Question...

- Have you ever heard of AmeriCorps?

What is AmeriCorps?

AmeriCorps provides opportunities for Americans of all ages and backgrounds to give their time and talent to get things done. No matter what you're passionate about, where you're from, or why you choose to serve, AmeriCorps is your chance to bring out the best of America.

AmeriCorps Six Key Areas

Disaster Services



Economic
Opportunity



Education
Stewardship



Environmental



Healthy Futures



Veterans &
Military Families





Public Health AmeriCorps

The Basics

- Historic partnership between CDC & AmeriCorps
- \$400 million from the American Rescue Plan Act
- Opportunities to serve across the country

The Goals

- Help meet public health needs of local communities
- Provide pathways to public health-related careers

Our Model

Advance Local Solutions

Immerse yourself in projects that respond to community needs. You will serve hand-in-hand with organizations improving the lives of people and creating change that lasts.





Project Types

- Behavioral health (mental health & substance use disorder)
- COVID-19 recovery, testing, & vaccination support
- Health equity & social determinants of health
- Access to services & reducing barriers to care



Activity Types

- Health education and training
- Community outreach and engagement
- System navigation, referrals, and linkage to care
- Research, data collection, analysis, and assessments

Meeting Needs in Ohio

Last year more than **7,200** AmeriCorps members and AmeriCorps Seniors volunteers served at more than **1,000** locations across Ohio, including *schools, food banks, homeless shelters, health clinics, youth centers, veterans facilities, and other nonprofit and faith-based organizations.*



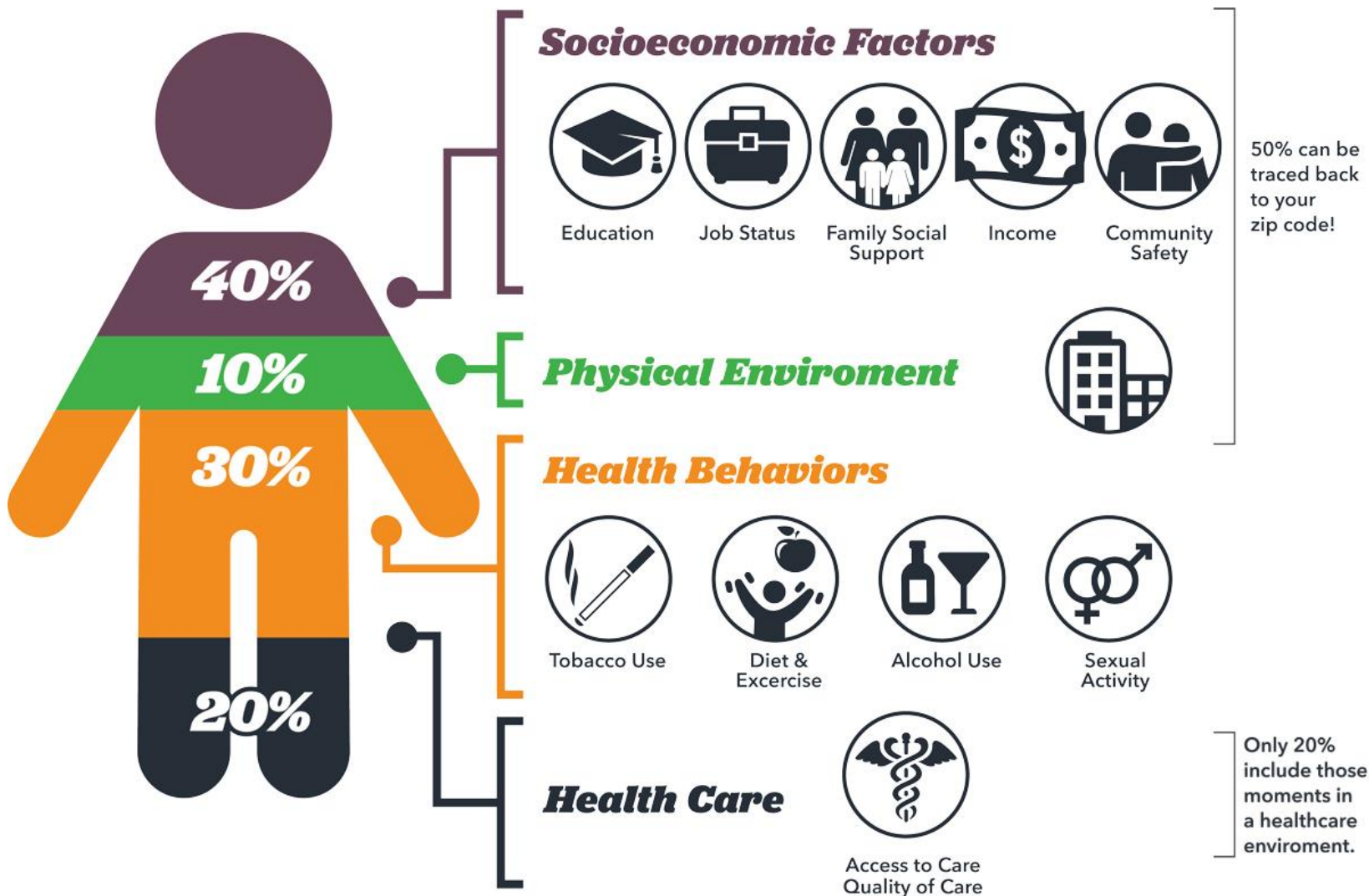
AmeriCorps
Ohio

A photograph of a man and a woman, both wearing yellow safety vests, smiling and looking at each other. The man is on the right, wearing glasses and has a beard. The woman is on the left, with her hair in braids. They are outdoors, with a building and some equipment visible in the background.

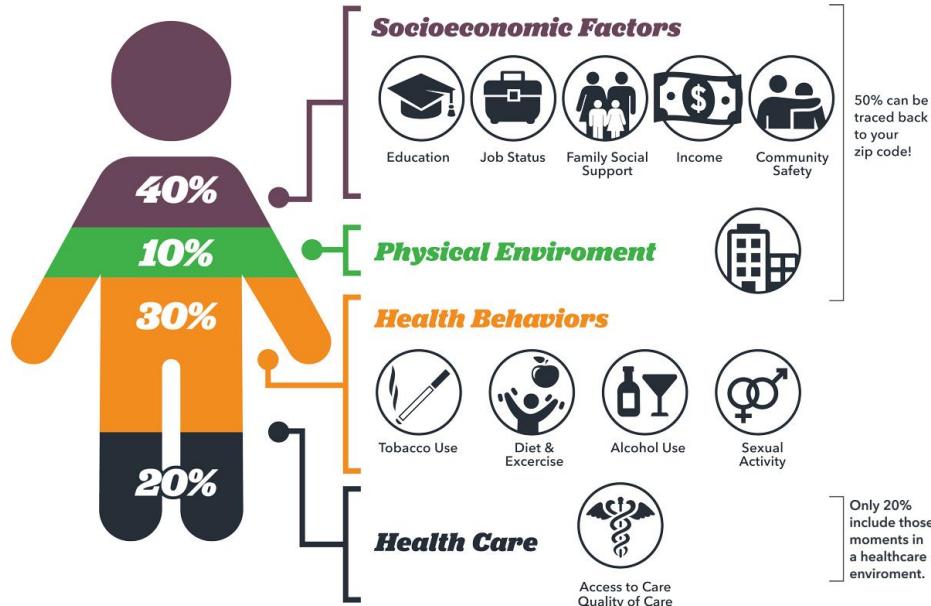
WE BELIEVE:

Service to others should not only strengthen the larger community but also strengthen individual volunteers

WHAT MAKES UP OUR HEALTH?



HEALTHY BEHAVIORS + VITAL CONDITIONS



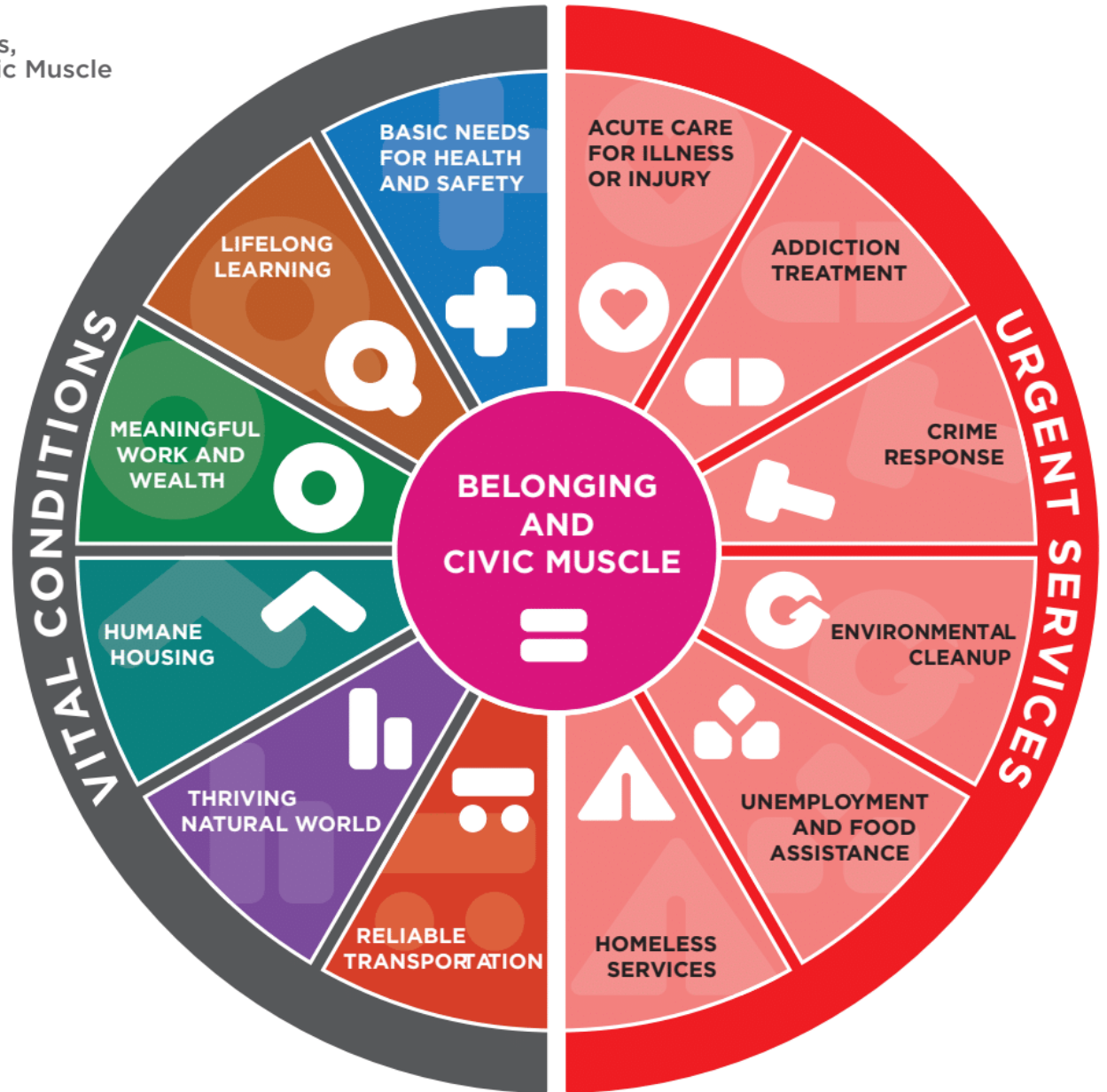
Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014)



= THRIVING COMMUNITIES

Portfolio Elements

Investments in Vital Conditions, Urgent Services, & Belonging and Civic Muscle



REFLECTION





Online review for
Emilee and Patrice
go.osu.edu/vital24

[GO.OSU.EDU/FCSTEACHERS](https://go.osu.edu/FCSTEACHERS)

- Handout
- AmeriCorps Links
- Contact information

REFERENCES

Artiga, S., and Hinton, E. (2018). Beyond Health Care: The Role of Social Determinants in Promoting Health and Health Equity. Kaiser Family Foundation. <https://www.kff.org/racial-equity-and-health-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/>

Dean, Stacy, Regan, Michael S., & Dillard. (2022, November 16). *Vital Conditions Framework*. Health.Gov. <https://health.gov/our-work/national-health-initiatives/equitable-long-term-recovery-and-resilience/framework>

Health Affairs Forefront. (2023) *Organizing around vital conditions moves the social determinants agenda ...* Organizing Around Vital Conditions Moves The Social Determinants Agenda Into Wider Action. <https://www.healthaffairs.org/content/forefront/organizing-around-vital-conditions-moves-social-determinants-agenda-into-wider-action>.

Rethink Health-A Rippel Initiative. (n.d.). (rep.). *Definitions of the Well-Being Portfolio* (pp. 1–5).

The Career Ready Practices. The Common Career Technical Core's Career Ready Practices. <https://careertech.org/wp-content/uploads/sites/default/files/CareerReadyPractices-FINAL.pdf>

REFERENCES – MODELS AND INFOGRAPHICS

Equality vs Equity in Healthcare: Both Are Important. (2021). Copenhagen Institute for Future Studies.
<https://cifs.health/backgrounds/equality-and-equity-in-healthcare/>

Gauldin, K. (2020). Equity vs. Equality - Diversity in the Classroom. <https://www.hand2mind.com/blog/equality-vs-equity-in-education>

Healthy People 2030. Building a healthier future for all. <https://health.gov/healthypeople>

Ramirez, Baker, and Metzler, 2008, Promoting Health Equity: A Resource to Help Communities Address Social Determinants of Health. <https://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools/pdf/sdoh-workbook.pdf>
Social Determinants of Health. <https://noahhelps.org/sdoh>

Social Determinants of Health at CDC. (2022). <https://www.cdc.gov/socialdeterminants/index.htm>

Thomas, O. (2021). What Is Health Equity and Why Is It So Important? Nationwide Children's.
<https://www.nationwidechildrens.org/family-resources-education/700childrens/2021/04/health-equity-why-important>

University of Wisconsin Population Health Institute. County Health Rankings & Roadmaps 2022.
www.countyhealthrankings.org.

“Vital Conditions for Health and Well-Being.” ReThink Health, The Rippel Foundation, 10 Sept. 2019,
www.rethinkhealth.org/about/#1.

AmeriCorps <https://americorps.gov/about/what-we-do>