

## CURRICULUM VITAE

**Charles J. (C.J.) Potter M.A., LPC, CWC**  
**License # (OH): C.1200509 (Renewal Date: November 2017)**  
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**February 2016**

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The Ohio State University  
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<b>Research Interests</b>	• Wellness	• Student Engagement in Higher Education
	• Veteran Rehabilitation	• Student Athlete Achievement in Higher Education
	• Trauma	• Childhood Mental and Emotional Disorders
	• Multiculturalism & Social Justice	

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## EDUCATION

<i>Ph.D.</i>	<i>Counselor Education and Supervision (Anticipated Graduation: Summer 2016)</i> <i>The Ohio State University</i>	
M. A.	Community Mental Health Counseling Heidelberg University ( <i>CACREP Accredited</i> )	2013
B. S.	Psychology Wilmington College, Wilmington, OH	2010
B. A.	Business Administration ( <i>Minor in Economics</i> ) Wilmington College, Wilmington, OH	2010

## PROFESSIONAL MEMBERSHIPS

- Massachusetts Mental Health Counselors Association (MaMHCA; Renewal Date: 01/2017)
- American Counseling Association (ACA; Renewal Date: 3/31/16)
- Association for Humanistic Counseling (AHC; Renewal Date: 3/31/2016)
- Ohio Counseling Association (OCA; Renewal Date: October 2015)
- Ohio Association for Counselor Education and Supervision (OACES; Renewal Date: 3/31/2016)
- North Central Association for Counselor Education and Supervision (NCACES; Renewal Date: 3/31/2016)

## LICENSES AND CERTIFICATIONS

- Licensed Professional Counselor (LPC, OH; Renewal Date November 2017)
- Certified Wellness Counselor (CWC, OH; Active since June 2014)
- Ed Studies Teaching Associates- TA Peer Mentor (Active since August 2014)

## COUNSELING EXPERIENCE

- **Counselor**, OSU Counseling and Consultation Service, Columbus, Ohio.  
January 2014-May 2014
- **Counselor**, Cornerstone Counseling, Bellevue, Ohio.  
August 2012-July 2013
- **Doctoral Supervisor**, The Ohio State University, Columbus, Ohio.
  - Spring 2014, Autumn 2014, Spring 2015, Autumn 2015

## EMPLOYMENT HISTORY

- **Graduate Associate**, Ohio State University, Columbus, Ohio. August 2013 to May 2015
  - Teaching Associate: Undergraduate Wellness Course
- **Adjunct Faculty**, Wilmington College, Wilmington, Ohio. January 2015 to May 2015
- **Graduate Associate**, Heidelberg University, Tiffin, Ohio. January 2011 to July 2013
  - Assistant Cross Country & Track and Field Coach

## NON-PEER REVIEWED PUBLICATIONS

**Potter, C. J., & Gorby, S.** (2015). Specializing in wellness counseling: Professional counseling's expanding role in traditional healthcare. *Guidelines*, (41)1, 14-15.

## PEER REVIEWED PUBLICATIONS

**Potter, C. J., & Oehrtman, J. P.** (In Review). Changing with the seasons: Collaborating with athletic coaches to improve the mental health of student-athletes. *Journal of College Counseling*.

## PUBLICATIONS IN PROCESS

Granello, P., & **Potter, C. J.** (Data Gathering). Trial by fire: Understanding the impact of the modern counseling trainee's caseload.

Stein, D., Wanstreet, C. W., Andrews, D., **Potter, C. J.** (Final Write-Up). Understanding the impact of rubrics on student self-correction in an online course.

## REFEREED CONFERENCE PRESENTATIONS

### *National (N=5)*

- Potter, C. J., & Granello, P. F.** (2015). *Infusing Wellness into the Counselor Education Curriculum*. The Association for Counselor Education and Supervision (ACES). Philadelphia, PA.
- Potter, C. J., & Longo, L., Oehrtman, J. P., Edwards, K., Dogan, S., Cutshall, J.** (2015). *Leadership in Counselor Education: An Individualized Learning Contract Approach to Leadership Development*. The Association for Counselor Education and Supervision (ACES). Philadelphia, PA.
- Potter, C. J., & Chattman, V.** (2015). *Humanistic Counseling: A Priority for Military & Veteran Care*. The Association for Humanistic Counseling. Cleveland, OH.
- Potter, C. J.** (June, 2015). *Wellness Counseling: Using a Holistic Approach in Effective Treatment Planning*. The Association for Humanistic Counseling. Cleveland, OH.
- Granello, P., **Potter, C. J.** (2014). *Wellness Counseling: A Holistic Approach to Health*. The Association for Humanistic Counseling. Albuquerque, NM.

### *Regional*

- Cozzens, K., & **Potter, C.** (2010). *Personality and Facebook: Personality's influence on social networking*. The Midwest Sociological Society and North Central Sociological Association, Chicago, IL.

### *State (N=7)*

- Potter, C. J., & Winter, S. C.** (2015). *Serving those who have served: Interventions for Veterans and their Families*. The All Ohio Counselor's Conference (AOCC). Columbus, OH.
- Potter, C. J., & Granello, P.** (2015). *Infusing Wellness into the Counselor Education Curriculum*. Ohio Association for Counselor Educators and Supervisors (OACES) Spring Meeting. Columbus, OH.
- Longo, L., **Potter, C. J.,** Granello, P. (2014). *Treating Clients after a Traumatic Experience: Case Discussions*. The All Ohio Counselor's Conference (AOCC). Columbus, OH
- Potter, C. J., Predragovich, K.** (2014). *Welcoming Conflict: Working with Diversity in the Counselor Education Classroom*. The Ohio Association for Counselor Education (OACES) Spring Meeting. Columbus, OH.
- Granello, P., **Potter, C. J.** (2014). *Infusing Wellness into the Counselor Education Curriculum*. The Ohio Association for Counselor Education (OACES) Spring Meeting. Columbus, OH.
- Potter, C. J.,** Granello, P., Gibbs, T., Clevenger, A., (2014). *Online Wellness Education: An Innovative Pilot at The Ohio State University*. The Ohio Educational Technology Conference, Columbus, OH.
- Davis, S., Granello, P., **Potter, C.** (2013). *Wellness: Achieving a Healthy Lifestyle*. The All Ohio Counselors Conference, Columbus, OH.

*University-Based Presentations*

**Potter, C. J.,** Predragovich, K. (2014). *Welcoming Conflict: Working with Diversity in the Graduate Level Classroom*. Presented at the Ohio State University Diversity Research Form. Columbus, OH.

**INVITED WORKSHOPS & TRAININGS**

- Certified Wellness Counselor Trainings (June 2014 to Present)
  - Goal setting and Treatment Planning from a Holistic Perspective
- ESTA Trainings/Workshops:
  - Managing the Graduate Experience, Work-Life Balance (Autumn 2015)
  - Creating Practical Handouts from Existing Powerpoints (Spring 2014)
  - Introduction to Mentorship (Summer 2014)
  - Feedback and Observation (Summer 2014)
- Ed Studies Teaching Associates (ESTA) Peer Mentor Training Coordinator/Facilitator (Summer 2014)
- Graduate Teaching Online Bootcamp: Volunteer Instructor (Autumn, 2014)

**TEACHING EXPERIENCE**

*Graduate Teaching Assistant*

- Wellness: Achieving a Healthy Lifestyle, Ohio State University
  - *Fall 2013 to Present*
- Proseminar in Educational Studies, Ohio State University
  - *Fall 2014, Spring 2015*

*Co-Teaching Experience*

- ESCE 7741: Multicultural Counseling
  - *Autumn 2015*
- ESCE 6733: Techniques of Individual Counseling
  - *Autumn 2015*
- ESWDE 6701: Graduate Online Teaching Bootcamp: An Orientation
  - *Fall 2014*
- ESCE 7933: Advanced Interventions, Preventative & Brief Counseling Models
  - *Spring 2014*
- EHE ES 6931: Diagnosis of Mental & Emotional Disorders
  - *Spring 2014*

*Adjunct Faculty*

- Wilmington College, WCPY130: Introduction to Psychology
  - *Spring 2015*
- Wilmington College, WCPY350: Social Justice & Multiculturalism
  - *Spring 2015*

*Guest Lecturer*

- Special Issues Affecting Contemporary Student-Athletes, Ohio State University  
*Topic: Mental Health and Wellness Among Student-Athletes*
- Psychopathology, Ohio State University  
*Topic: Non Suicidal Self-Injury*
- Human Growth and Development, Heidelberg University  
*Topic: Mixed Expressive Receptive Disorder*
- Research Methods, Heidelberg University  
*Topic: Parental Involvement and Cyber Bullying*
- Biomechanics of Sport, Heidelberg University  
*Topic: The Role of the Central Nervous System in Athletic Performance*
- Periodization of Training in Sports  
*Topic: Psychological Influences on Sports*

**PROFESSIONAL PROJECTS AND SERVICE**

*Department of Educational Studies Diversity and Inclusion Faculty Committee*

Nominated Doctoral Student Member

- Worked to better understand the current student experience, and emphasized opportunities to enhance and further support that experience within our academic department.

*Run Down the Demons (PTSD Awareness)*

Organization Co-Founder 2014-2015

- This organization is dedicated to raising PTSD awareness, as well as providing resources to local military veterans. Events include local fundraisers as well as a 5k.

Immediate Supervisor: S. Colin Winter (Organization Co-Founder)

*ESTA Teaching Showcase & TA Appreciation Dinner*

Event Coordinator 2014-2015

- Organized a mini-conference for the faculty and TAs of Educational Studies to discuss teaching topics with the campus community; including a dinner and awards celebrating TA accomplishments.

Immediate Supervisor: Deborah Zabloudil, MA

*Program Assistant*

Second Year Transformational Experience Program (STEP) Autumn 2013

- Program designed by Ohio State University to fund the service learning projects of sophomores. Faculty and assistants mentor groups of students in appropriate projects.

Immediate Supervisor: Paul F. Granello, Ph.D.

*Vets 4 Vets*

Member, Fundraising Chair, Organization Secretary, January 2013-May 2016

- Group provides support for military veterans who are currently transitioning to campus or currently enrolled as students at The Ohio State University. Group secretary and chair for fundraising efforts.

Immediate Supervisor: Colin Winter, Group President

*Educational Studies Teaching Associate (ESTA) Student Organization*

Organization President, Academic Year 2014-2015

- This group provides support to Teaching Associates (TA) in the Department of Educational Studies, within the College of Education and Human Ecology, at The Ohio State University.

Immediate Supervisor: Deborah Zabloudil, MA (Student Group Advisor)

*Ohio Association for Counselor Educators and Supervisors (OACES)*

Conference Planning Committee Nov. 2013-April 2014

- Under the tutelage of the current OACES President, a committee of doctoral students in counselor education facilitated the development and implementation of the 2014 OACES Winter and Spring meetings.

Immediate Supervisor: Dr. Colette T. Dollarhide, NCC, ACS, LPC-S (OH)

*Wounded Warrior Project*

Independence Pilot Program January 2012-December 2012

- The program was developed and piloted with ten pairs each consisting of one professional and one injured veteran. The goal of the program is to assess whether resources (such as professional assistance) can further rehabilitate veterans as to re-integrate and ultimately find employment.

Immediate Supervisor: Kathy Leroux, Jay Leeming

### **Awards and Scholarships**

**Recipient. 2015 Outstanding Clinical Mental Health Doctoral Student of the Year** (May 2015). This award is given once a year to a Doctoral student in Ohio State University's Counselor Education program who has excelled in their studies. Faculty within the program meet and decide upon the recipient annually.

**Recipient. 2014 Counselor Education Outstanding GTA Award** (May 2014). This award is given to a Graduate Teaching Associate (GTA) who has goes above and beyond in their teaching. Recipients are nominated, and selected, by program faculty each year.

**Recipient. 2014-2015 Graduate Teaching Fellowship** (May 2014). The Ohio State Teaching Enhancement Program (OSTEP) Graduate Teaching Fellows Program offers support and opportunities for senior graduate students to develop new, discipline-specific teaching support activities for other GTAs in their units. Recipients are nominated by their college, school, or department. Applicants are reviewed and selected by The Ohio State University's University Center for the Advancement of Teaching (UCAT) office.

**Recipient. Graduate Student Travel Award** (Summer 2014). This financial support is provided to applicants who also receive matching program-level funds. The provisions are intended to support graduate student professional development and travel.

**Recipient. James T Mahoney & Jean Casey Mahoney Scholarship** (Academic Years 2014 & 2015). This scholarship is awarded annually to multiple graduate students within the college of Education and Human Ecology.

**Writer/Recipient. Bringing it Home Grant** (2014, 2015). The University Center for the Advancement of Teaching (UCAT) provides annual grants to departments to support programming designed to be distinct and specific to departmental teaching efforts. These funds were used to support the Ed Studies departmental Teaching Associate orientation for academic years 2014-2015 and 2015-2016. Amount: \$250.00 annually