

# Nugget Log for Healthy Weight 0-5

## Examples

Code	Definition	Some Examples
Buy-in within Agency	Within your agency, departments or administrators have demonstrated commitment to and/or excitement about the Healthy Weight 0-5 vision, strategies, and/or target outcomes. This may be shown in many ways, such as allocation of staff time, funding, etc.	<ul style="list-style-type: none"> <li>Agencies committing to be part of HW0-5 by developing deliverables that align with the Year Two strategies.</li> <li>Individual agencies allowed for staff to attend additional meetings when those working with child care providers created a common logic model.</li> </ul>
Shared Vision across Agencies	Your work through HW0-5 has allowed the development of common priorities, values, or goals across two or more agencies currently involved in HW0-5, including your own. In this respect, shared vision is broadly defined – it does not require the mutual adoption of specific outcome measurements or strategies.	<ul style="list-style-type: none"> <li>Creation of guiding question and logic model for HW0-5 during Year One.</li> <li>Representatives from multiple HW0-5 funded agencies came together to create a brand and common messaging around the work being done in the community to promote healthy weight for children 0-5 years old.</li> <li>Columbus Public Health, Children's Hunger Alliance and Action for Children created a logic model for an early childcare provider to be designated an Ohio Healthy Program.</li> <li>Learn4Life and Cardinal Health hold monthly meetings to further the HW0-5 Initiative.</li> </ul>
Shared Strategies across Agencies	Agencies involved in HW0-5 are working to prevent duplication of strategies or practices within the community. Alternatively, some strategies or practices used to carry out your role in HW0-5 have become inextricably linked to another agency.	<ul style="list-style-type: none"> <li>YMCA is providing physical activity sessions for children of home based childcare providers attending Children's Hunger Alliance play dates.</li> <li>Franklin Park Conservatory led sessions about planning outdoor space for Action for Children's Community of Learners during Year One.</li> <li>Children's Hunger Alliance adopted Columbus Public Health's 'Healthy Children, Healthy Weight' Curriculum for their home childcare providers.</li> <li>Columbus City Schools is referring families to services provided by Local Matters.</li> </ul>
Shared Target Outcomes across Agencies	Success will be defined and measured in a consistent way across two or more agencies involved in HW0-5, including your own. This can but does not have to mean that success is dependent upon the two agencies working together towards a shared goal. Rather, this item focuses specifically on common evaluation measures, not the means used to reach them.	<ul style="list-style-type: none"> <li>Adoption of the Healthy Behaviors Survey Tools across all agencies for Year Two.</li> <li>Aligning programming to target the six different outcome areas</li> <li>Children Hunger Alliance, Columbus City Schools, Columbus Public Health, Community Development for All People, Local Matters, and YMCA will be using the same Intervention Tools.</li> </ul>
Community Members Engaged	Individuals who are representative of the community being served have become involved in the process of HW0-5. This does not mean community members were engaged through service delivery but rather that they have taken on a leadership role in the Initiative.	<ul style="list-style-type: none"> <li>Parents or childcare agency representatives could be brought into planning or leadership meetings.</li> </ul>
Community Leaders Engaged	Individuals in leadership positions (e.g. elected officials) within the community have been involved in the HW0-5 Initiative. Alternatively, individuals involved in HW0-5 have taken leadership roles on related community projects.	<ul style="list-style-type: none"> <li>Learn for Life and Cardinal Health have met with the County and City Health Commissioners to inform them of the HW0-5 work</li> <li>The HW0-5 Project Director serves as a co-chair for the Community Health Collaboration convened by the city and county commissioners.</li> </ul>
Evidence-Based Programming	As a result of participation in HW0-5, your agency adopted a new practice or program that has been shown through to be effective with and appropriate for your target population.	<ul style="list-style-type: none"> <li>Children's Hunger Alliance adopted 'Healthy Children, Healthy Weights.'</li> <li>Community Development for All People incorporated motivational interviewing into the health coach curriculum developed during Year One.</li> </ul>
New Partnerships	New agencies not formerly involved in HW0-5 have become involved in the Initiative.	<ul style="list-style-type: none"> <li>Individuals from agencies not formerly part of HW0-5 were recruited to participate on the HW0-5 Leadership Team.</li> <li>2 new agencies applied for funding within HW0-5</li> <li>A foundation from Cleveland adopted several of the aspects of HW 0-5 after sending representatives to HW0-5 meetings</li> </ul>
New Resource Opportunities	New funding been leveraged through HW0-5. Your agency applied for a grant to expand upon projects started or funded through HW0-5.	<ul style="list-style-type: none"> <li>Columbus City Schools wrote a grant for funding for indoor recess playground equipment during Year One to support incorporation of physical activity into the classroom.</li> </ul>
Consistent Messaging	Agencies have adopted common messages with respect to programming and/or publicity.	<ul style="list-style-type: none"> <li>Columbus City Schools displayed "Water First for Thirst" materials developed by Columbus Public Health in classrooms.</li> </ul>
Policy Change	Your work in HW0-5 has contributed to organizational or governmental policy change.	<ul style="list-style-type: none"> <li>Changes to policies in childcare centers or school systems.</li> </ul>