

## **MJ Abell, M.S. Bio**



MJ is strongly committed to her own personal growth and helping others increase their self-awareness and success. As a Talent Management Consultant within Organizational and Leadership Effectiveness, she leads the Coaching Services Program to increase leadership capacity across the university. She also owns the university's New Employee Orientation.

MJ has been at Ohio State 10 years, following corporate work in writing and employee development.