

## **Dr. Ana Berrios-Allison, LPC Bio**



Dr. Berrios-Allison is a licensed professional counselor in the state of Ohio. Her experience in higher education includes career and multicultural counseling, individual and group counseling, suicide prevention, and adjunct teaching in accredited Counselor Education Programs in the state of Ohio. Her counseling interests relate to cross-cultural values and the influences of family dynamics in career decision-making, career exploration and wellness, cross-cultural and diversity workplace, meaningful work and spirituality, as well as grief and loss. Ana has published and presented in numerous conferences related to her counseling interests. Additionally, she had served in the Ohio Career Development Association Board (OCDA) and have been recognized for her cultural activism and at the state level as the recipient of different leadership and counseling awards, including the Ohio Counseling Association (OCA) Charles “Chuck” Weaver Award.