

Parents' 4-H Pledge

I pledge my...

- **HEAD** to give my child the information I can, to help him/her see things clearly and to make wise decisions.
- **HEART** to encourage and support my child no matter whether he/she has successes or disappointments.
- **HANDS** to help my child's club; if I cannot be a volunteer, I can help in many equally important ways.
- **HEALTH** to keep my child strong and well for a better world through 4-H, for my child's club, our community, our country, and our world.

