







A satellite image of the 2015 Lake Erie algae bloom. Photo credit: NOAA Great Lakes Environmental Research Laboratory

Ohio Turfgrass Foundation's Economic Impact of Ohio's Turfgrass Industry (2007), http://c.ymcdn.com/sites/www.ohioturfgrass.org/resource/resmgr/docs/surveybrochure.pdf



Most people don't realize that just beneath our feet lies a diverse, complex, life-giving ecosystem that sustains our entire existence. Our campaign demonstrates our renewed commitment to soil conservation and soil health"

• -Jason Weller, Chief of USDA's Natural Resources Conservation Service (NRCS).

## What is Soil?



Minerals ~45%



Air ~25%



Organic Matter ~5%



Water ~25%



## So what is *Healthy* Soil?

## **Slake Demonstration**

DO attempt this at home!!!!

## Organic Matter



Compost/Humus



**Decaying Plant Matter** 



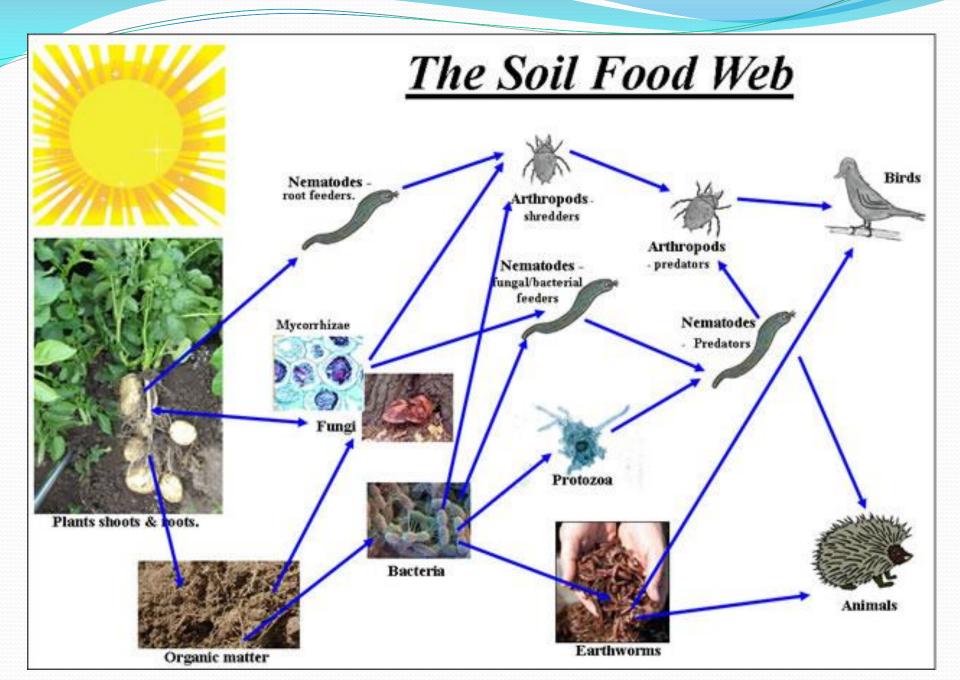
Mycorrhizal Fungi



Macroorganisms



Microorganisms



## **Macro organism Labor Force**



Rhizosphere- soil that is directly influenced by root secretions and soil microorganisms.

#### Did you know.....

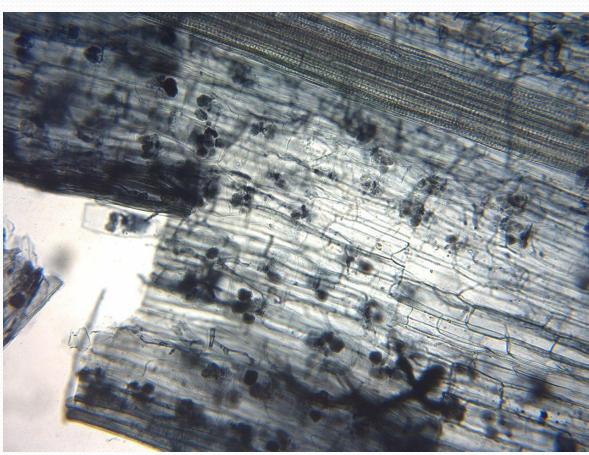
- Plants "leak" chemicals and carbohydrates to attract mychorrhizal fungi, bacteria and protozoa to roots.
- For every gram of rhizosphere soil there are ~1,000,000,000,000 cells of microbes.
- Soil bacteria and mycorrhizal fungae breakdown organic compounds making N, P, K etc. available to plants
- Soil biology life processes create "glues" to hold soil particles together resulting in stable soil aggregates or "tilth".



# root cortex root epidermis vesicle root hair ctramatrical chlamydospore hyphae



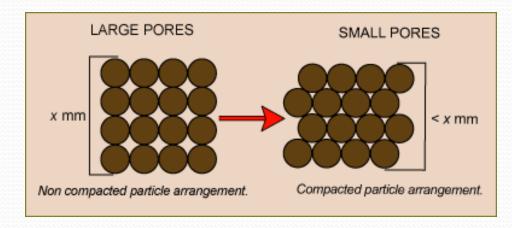
## Free Delivery!!!



6.8.0

Water moves through soil A soil aggregate with good structure clay particles sand particle Capillary water particle

Collapse of Pore Space reduces water holding capacity and infiltration





Soil pores between soil particles filled with water



Films of water around soil particles

Each 1% OM holds 27,000 gal/acre

OM holds 18-20x its weight in water

http://www.uq.edu.au

## Conventional Garden Techniques Can Leave Soil Unprotected

**✓** Spring and/or Fall Tilling

Loss of aggregation and collapse of pore structure, Burns up Organic Material, reduces water holding capacity, expose weed seed bank



Removal of plant debris

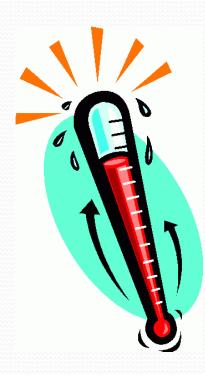
Removes Food/Carbon from Soil Critters, Pulling Disrupts Structure

**✓** Soil naked over winter

Promotes Weed Growth, Erosion, Starves Micro & Macroorganisms, Leaching of nutrients



## Soil on life support



- Plant health and production dependent entirely on outside forces
  - Fertilizer addition
  - Compost to renew microbial life
  - More susceptible to pests, need pesticides
  - Need to water more frequently
  - Bring in mulch to suppress weeds, maintain temp & moisture
  - Less robust, less drought tolerant

## Soil Health Best Practices

- & Keep the Soil covered as much as possible
- Disturb the soil as little as possible
- Keep plants growing throughout the year to feed the soil
- Diversify as much as possible using crop rotation and cover crops

Source: NRCS Core Practices Soil Health Checklist

#### **Cornell Soil Health Assessment**

Jane Grower Main St

Yourtown, NY, 12345

Agricultural Service Provider:

Schindelbeck, Bob Ag Services

rrs3@cornell.edu

Sample ID:

M\_1 Veg field Field/Treatment:

Tillage: No Till Crops Crown:

Date Sampled:

COG, COG 3/2/2015

Silt: 26% Clay: 9%

Medium

Given Soil Type: Lima Given Soil Texture: Silt Loam

Coordinates Not Provided Coordinates:

Measured Soil Textural Class: Sandy Loam Sand: 65%

**Overall Quality Score** 

#### **Test Results**

	Indicator	Value	Rating	Constraint
	Available Water Capacity	0.14	53	
ical	Surface Hardness	240	22	Rooting, Water Transmission
Physical	Subsurface Hardness	310	53	
	Aggregate Stability	56.6	47	
	Organic Matter	3.3	55	
Biological	ACE Soil Protein Index	5.8	25	Organic Matter Quality, Organic N Storage, N Mineralization
Biole	Respiration	0.37	26	Soil Microbial Abundance and Activity
	Active Carbon	366	28	Energy Source for Soil Biota
	рН	6.9	100	
Chemical	Phosphorus	7.5	100	
Che	Potassium	65.3	91	
	Minor Elements Mg: 213 Fe: 13.7 Mn: 7.8 Zn:	1.4	100	

58

www.Cornell.edu



Innovative Soil Testing since 1975

290 Belgrade Road P.O. Box 297 Mount Vernon, ME 04352 207 293 2457 for more information: lab@woodsend.org

#### **SOIL HEALTH TOOL RESULTS**

Performed with USDA-ARS H3A Extraction Method

For:

Ray Archuleta USDA NRCS ENTSC 2901 East Lee Street

2901 East Lee Street Greensboro, NC

§  $lb/a \div 2 = ppm$ 

Indicator Factors
P-Saturation

Fe+Al (acidity indicator)

Calcium Saturation

27401

Lab ID: 8687.3 Acct No: 2735
Sample: Soil: Veggie Plot

Sample Received: 6/4/2013 Report Date: 2/25/2014 Crop Intended: General Crops QAQC:

Tested Factors		UNITS	Level Found	Rating
* Nitrate-N	NO <sub>3</sub> -N	lb/a §	16.6	L
* Ammonium-N	NH <sub>4</sub> -N	lb/a	2.6	VL
* WEOC		C-ppm	174	ML
* WEON		N-ppm	23.8	L
SLAN Amino-N		N-ppm	73	L
* Phosphate (P <sup>-</sup> )	Р	lb/a	59	Н
* Potassium	K+	lb/a	106	MH
* Calcium	Ca++	lb/a	262	VL
* Iron	Fe++	ppm	91	ML
* Aluminum	AI 3+	ppm	174	L
Availability Factors		USDA-ARS	+ Climate	
Nitrogen (min est)	lb/a	26	31	L
Phosphorus P <sub>2</sub> O <sub>5</sub>	lb/a	-	137	Н
Potassium K <sub>2</sub> O	lb/a	-	127	MH

Optional Tests (not part of Soil Health Nutrient Tool)					
Soil Organic Matter	LOI %	0.9	VL		
pH in Water	units	6.33	L		
Magnesium	lb/a	91	OK		
Basal CO <sub>2</sub> -C	ppm	20.24	MH		
Est. CEC**	cmol/kg	3.1	-		

P/(AI + Fe)

mg / kg

Ca/(Fe+AI)

11.2

265

0.49

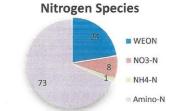
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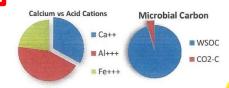
L

VL

Nutrient Calculation	ons, Val	ue as \$/aci	re available	9
N + P <sub>2</sub> O <sub>5</sub> + K <sub>2</sub> O	/ acre	\$ 185.63		
Nutrient Requirements		Nitrogen	Phosphate	Potash
General Crops		49	none	none
(assumed total nutrient requirement)		75	37.5	37.5

	Test Interpretations		Rating
r	Soil Health Score	5.3	VL
*	Organic C:N Ratio	7.3	ML
R	Solvita CO <sub>2</sub> -Burst ppm	8.5	VL
k	Microbially Active Carbon- "MAC"	5%	EI
	Micro Aggregate Stability	10%	L





USDA Cover Crop Re	
>Based on Soil H	ealth Score of: 5.3
Mix Recommended:	60% Legume 40% Grass

Methods: Soil Test Procedures for the NE USA \* Bulletin #493, Univ of Delaware; Soil Health Tool, USDA-ARS Temple TX; VT Aluminum Index All nutrients in Soil Health Tool Extract (H3A), optional SOM by LOI @360°C; \*\*Est. CEC = Al+Ca+Mg+K

Test Interpretations		Rating
Soil Health Score	5.3	VL
Organic C:N Ratio	7.3	ML
Solvita CO <sub>2</sub> -Burst ppm	8.5	VL
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#### USDA Cover Crop Recommendations

>Based on Soil Health Score of: 5.3

Mix Recommended: 60% Legume 40% Grass

Courtesy: Ray Archuleta, NRCS

USDA Climate Zone Used for this report: 7a-8b

Soil Health Test Traits Ratings: VL= V. Low L=Low, M= Moderate MH= Medium High H High VH very high

Methode: Soil Test Procedures for the NE USA \* Bulletin #403 Unit of Delaware: Soil Health Tool USDA-ABS Temple TX: VT &

## What are Cover Crops?

A cover crop is a crop that is not harvested but is grown to benefit the soil and/or other crops in a number of ways.



Photo: Ann Brandt

#### **How Cover Crops Effect Soil Health**

#### **Chemical Effects**

- Scavenge macro & micro nutrients
- Reduce leaching
- Fix atmospheric Nitrogen





#### Physical Effects

- Reduce compaction/erosion
- Increase infiltration, water holding capacity
- Increase organic matter

#### **Biological Effects**

- Provide organic matter to feed soil organisms
- Provide continuous root zone for nutrient cycling



## **COVER CROP TABLE**

Adapted from NRCS.USDA.gov

	COOL S	EASON		WARM SEASON				
GRASS	BRASSICA			GUME BROADLEAF GRASS				
GRASS	DNASSICA			DIVIE		BRUADLEAF	GNASS	
Oats	Radish						Millet	
Barley	Turnip				Cow Pea	Sunflower	Sudangras	
Wheat Spelt(z)	Rapeseed	Pea and Lentil	Red Clover	Pigeon Pea	Mung Bean	Buckwheat	Sorghum Sudangrass	
Triticale	Cabbage	Vetch	White Clover	Sunn Hemp	Lab Lab	Flax	Sorghum	
Cereal Rye	Mustard	Lupin	Sweet Clover	Sainofin	Soybean	Safflower	Corn	
Annual Ryegrass	Kale and Hybrids	Faba Bean	Medic and Trefoil	Chick Pea and Guar	Alfalfa and Lespedeza	Phacelia	Teff	

## Consider This....

- 1. Soil Type/% Organic Matter/Fertility/USDA Zone
- 2. Goals For Cover Crop
- 3. Management Capabilities/Philosophy
- 4. Timing/Vegetable Rotation before AND after cover









## **Cover Crop Use Chart**

Beneficial Insects	Honey/Wild Bees	Soil Builder	Compaction Control	Erosion Control	Nitrogen Fixation	Nitrogen Scavenger	Tolerates Some Shade	Low PH	High pH
Buckwheat	Alfalfa	Alfalfa	Alfalfa	Alfalfa	Clovers	Cereal Rye	Annual Ryegrass	Buckwheat 5.0	Barley 8.5
Canola	Buckwheat	Canola	Annual Ryegrass	Barley	Cowpea	Radish	Berseem Clover	Canola 5.5	Canola 8.0
Cowpea	Canola	Chicory	Cereal Rye	Clovers	Faba Bean	Sorghum Sudan	Cereal Rye	Cereal Rye 5.0	Hairy Vetch 7.5
Hairy Vetch	Cowpea	Clover	Radish	Cowpea	Hairy Vetch		Crimson Clover	Cowpea 5.5	Mustards 7.5
Partridge Pea	Crimson Clover	Cowpea	Sorghum Sudan	Oats	Mung Bean		White Clover	Crimson 5.5	Oats 7.5
Phacelia	Phacelia	Flax	Sweet Clover		Sunn Hemp			Hairy Vetch 5.5	Radish 7.5
Radish	Red Clover	Forage Pea			Winter Pea			Mustards 5.5	
Sunflower	Sunflower	Hairy Vetch						Oats 4.5	
Turnip	Sunn Hemp	Turnip							

**Sweet Clover** 

**White Clover** 

## **General Types of Cover Crops**

Grasses/Grains



Brassicas



Legumes



Broadleaf





#### **GRAINS/GRASSES**

Barley Wheat Annual Ryegrass







#### Biomass Yield and Nutrient Accruement

lbs/1000 sq/ft	Biomass	Nitrogen	Potassium	Phosphorus	Magnesium	Calcium
Hairy Vetch	74.8	3.2	3.1	0.4	0.4	1.2
Crimson Clover	97.4	2.6	3.3	0.4	0.3	1.4
Austrian Winter Pea	94.4	3.3	3.7	0.4	0.3	1.0
Rye	128.7	2.0	2.5	0.4	0.2	0.5

Legumes can provide nutrients equal to 25 lbs of 12-0-12 fertilizer with the additional benefit of organic material and other nutrients.

Data from "Overview of Cover Crops and Green Manures, Fundamentals of Sustainable Agriculture", ATTRA, July 2003



## **BRASSICAS**





Flax Buckwheat

#### **BROADLEAFS**

Oilseed Sunflower

Phacelia tanacetifolia



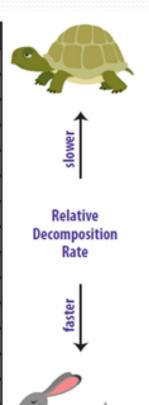
## **Goals and Tradeoffs**

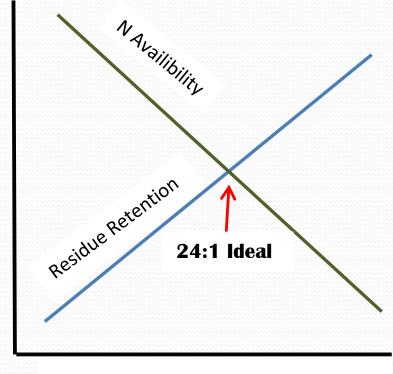
Goal	Cover Crop	Trade off
Increase Organic Matter	Grasses/Grains	Tie Up Nitrogen
Get Rid of Fertilizers	Legumes	No Sustainable SOM
Easy Spring Management	Warm Season Species	Loss of active roots
Maximum Food for my Crops	Overwintering Species, ie Rye, vetch, Crimson	Have to kill in late spring
Maximize Weed Suppression	Dense Over Wintering Plantings	Cooler Soil Temps?
Maximize Weed Suppression	Allelopathic – cereal rye, sunflowers	Delayed planting/germ
Plant after Crops removed	Cereal Rye, Vetch	Reduced diversity

Prioritization and Planning are critical to success!!

# Be Aware/Beware Carbon to Nitrogen Ratio (C:N)!

Material	C:N Ratio	
rye straw	82:1	
wheat straw	80:1	
oat straw	70:1	
corn stover	57:1	
rye cover crop (anthesis)	37:1	
pea straw	29:1	
rye cover crop (vegetative)	26:1	
mature alfalfa hay	25:1	
Ideal Microbial Diet	24:1	
rotted barnyard manure	20:1	
legume hay	17:1	
beef manure	17:1	
young alfalfa hay	13:1	
hairy vetch cover crop	11:1	
soil microbes (average)	8:1	





Increasing C:N →

Legume - Brassica - Grass/Grain

## **Nutrient Notes**

In one test, cereal rye planted in Oct 1 took in 70lb/acre N, in Nov only took in 15lb/acre

Deep rooted covers (radish, sorghum sudangrass, sweetclovers) bring up Ca, K, S

Buckwheat, legumes make P more available



## Cereal Rye

### Hairy Vetch

Scavenge only High Carbon Allelopathic Rye/Vetch 3:1

Both Fix/Scav Moderate C:N No Matting Fix N Only Low Carbon Matting

Subsoiler Biofumigation

Daikon Radish

## Gardening Strategies

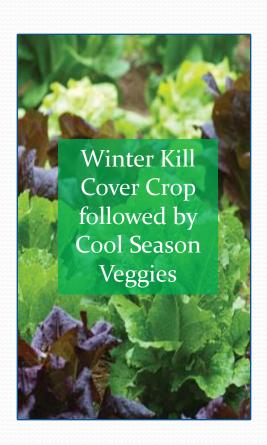
Over Winter Soil Rehab/Protection

Zone Planting

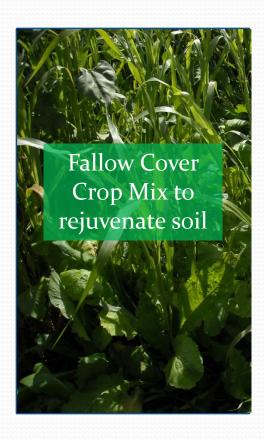
Interseeding in Season

Perennial Covers

## **Zone Planting**







# Winter Kill vs Spring Growth (Cool Season VS Warm Season Veg)

Oats Winter Peas Radish Cereal Rye Crimson Clover Radish

Simple Mix

## Winter Kill Example

- Plant in Fall
- Warm Season Species
- Add Nitrogen
- Retain nutrients
- Increase water infiltration
- Prevent Erosion
- Temporary weed suppression
- No Spring Management, plant into residue

**Mung Bean** 

Iron & Clay Cow Pea

**Oats** 

**Brown Flax** 

**Ethiopian Cabbage** 

**Daikon Radish** 

**Hybrid Pearl Millet** 



## **Over Wintering Example**

- Plant in Fall
- Add Max Nitrogen
- Retain nutrients
- Increase water infiltration
- Prevent Erosion
- Suppress annual weed growth
- Terminate when mature in May or June







## **Late Mix**

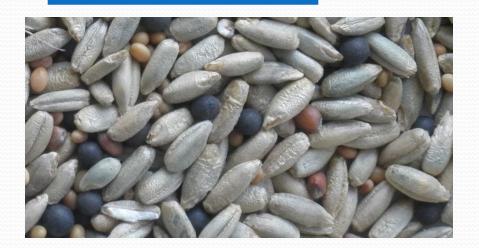
- Plant September through November
- Stop erosion
- Improve soil structure
- Scavenge nutrients
- Add Nitrogen
- Increase water infiltration
- Latest planting
- Rye, Clover and Vetch survive winter

**Winter Cereal Rye** 

**Crimson Clover** 

**Hairy Vetch** 

**Daikon Radish** 

























## Online Resources - http://www.sare.org/



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#### Chart 2 PERFORMANCE AND ROLES

Species	Legume N Source	Total N (lb./A)¹	Dry Matter (lb./A/yr.)	N Scavenger <sup>2</sup>	Soil Builder³	Erosion Fighter <sup>4</sup>	Weed Fighter	Good Grazing <sup>5</sup>	Quick Growth
Annual ryegrass p. 74			2,000-9,000	•	•	•	•	•	•
Barley p. 77			2,000-10,000	•	•		•	•	•
Oats p. 93			2,000-10,000	•	•	•	•	•	•
Rye p. 98			3,000-10,000	•	•	•	•	•	•
Wheat <i>p. 111</i>			3,000-8,000	•	•	•	•	•	•
Buckwheat p. 90			2,000-4,000	0	•	•		0	•
Sorghum-sudan. p. 106			8,000-10,000	•	•		•	•	•
Mustards p.81	Construction of the constr	30-120	3,000-9,000	•	•	•	•	•	•
Radish <i>p. 81</i>		50-200	4,000-7,000	•	•	•		•	•
Rapeseed p. 81		40-160	2,000-5,000	•	•	•	•	•	•
Berseem clover p. 118		75-220	6,000-10,000	•	•	•	•	•	•
Cowpeas p. 125	•	100-150	2,500-4,500	•	•	•		•	•
Crimson clover p. 130	•	70-130	3,500-5,500	•	•	•	•	•	1
Field peas p. 135	•	90-150	4,000-5,000	•	•	•	•	•	•
Hairy vetch p. 142	•	90-200	2,300-5,000	•	•	•	•	•	•
Medics p. 152	•	50-120	1,500-4,000	•	•	•	•	•	•
Red clover p. 159	•	70-150	2,000-5,000	•	•	•	•	•	•
Subterranean clovers p. 164	•	75-200	3,000-8,500	•	•	•	•	•	•
Sweetclovers p. 171		90-170	3,000-5,000	•	•	•	•	•	•
White clover p. 179		80-200	2,000-6,000	•	•	•	•	•	•
Woollypod vetch p. 185	•	100-250	4,000-8,000	•	•	•	•	•	•

<sup>&</sup>lt;sup>1</sup>Total N—Total N from all plant. Grasses not considered N source. <sup>2</sup>N Scavenger—Ability to take up/store excess nitrogen. <sup>3</sup>Soil Builder—Organic matter yield and soil structure improvement. <sup>4</sup>Erosion Fighter—Soil-holding ability of roots and total plant. <sup>5</sup>Good Grazing—Production, nutritional quality and palatability. Feeding pure legumes can cause bloat.

#### ○=Poor; ○=Fair; ①=Good; ④=Very Good; ●=Excellent

# Attribute Selection

"Managing Cover Crops Profitably" 3<sup>rd</sup> Edition, Published by SARE, 2007

## **Online Resources**

http://www.mccc.msu.edu/

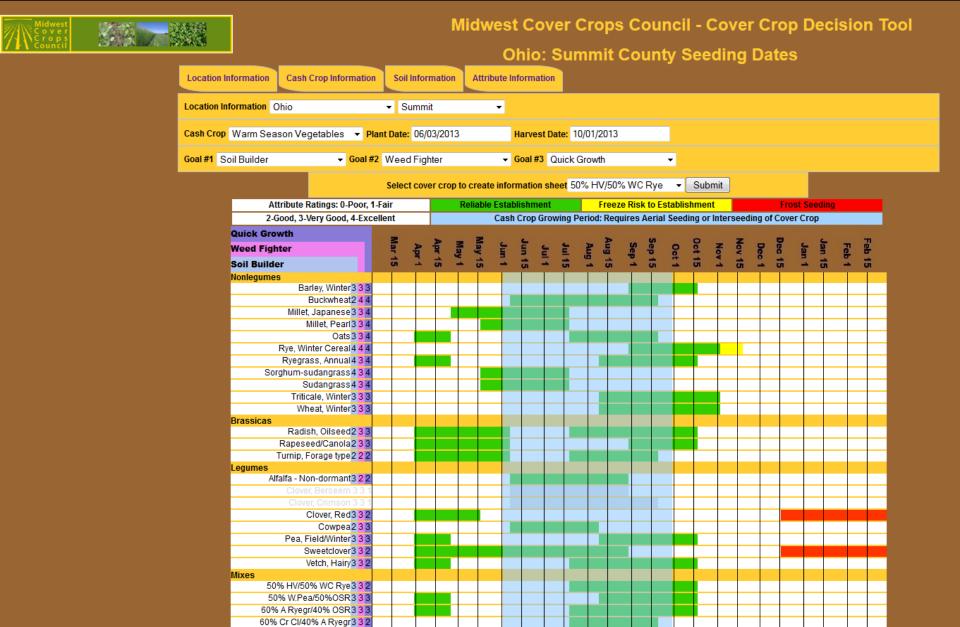




### Midwest Cover Crops Council Cover Crop Decision Tools

The Midwest Cover Crop Council (MCCC) Cover Crop Decision Tools are web-based systems to assist farmers in selecting cover crops to include in field crop and vegetable rotations.

Instructions for Using the Cover Crop Decision Tool-Field Crops



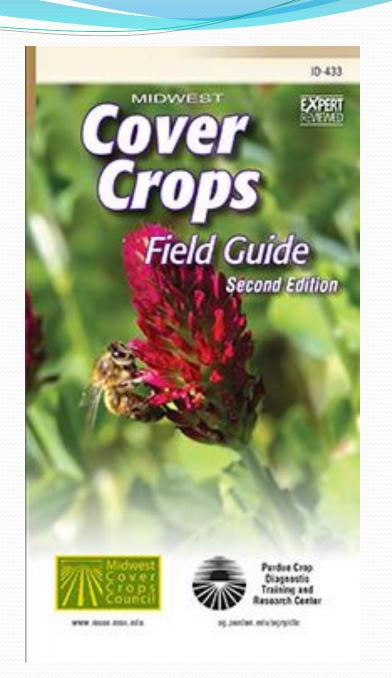
60% Cr Cl/40% Oats 3 3 2

## **GET THIS BOOK!**

Google Search

"Midwest Cover Crop Field Guide"

https://ag.purdue.edu/agr y/dtc/Pages/CCFG.aspx



















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#### Plant of the Week



tree of heaven Ailanthus altissima (Mill.) Swingle

Click on the photo for a full plant profile.

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- Learn about all the
- endangered plants of the U.S.
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