# **Clintonville-Beechwold Community**

# **Resource Center**

Alexandria Howell, Year of Service 2019

#### What is the CRC?

The CRC is a resource center and food pantry for its local community members, but it is also just a safe space and family for those who need it. They also host multiple free dinners/lunches throughout the week.

### My experience

#### **Food Pantry Shopping**

1. When a client is looking to shop in the food pantry, I help walk them through the pantry and let them know item limits, give advice and just engage with them. I often ask them questions about themselves and try to get to know them. When there are not shoppers, I often organize the shelves.

#### **Community Dinners**

2. On Thursday nights I help assist in the free community dinner that the CRC provides. I use this time to really get to know the community members and build meaningful relationships.

Sometimes I also assist those in need to gather their dinner or other resources, and help clean up the CRC for the week.

## **Major Takeaways**

- Being aware of my voice, the way I perceive others, and the way I
  present myself is integral in listening and making a difference in
  others lives.
- What I can learn from those I am serving makes just as big of an impact in my life and growth as I'm trying to make in theirs- if not more.
- The biggest thing I have learned can be summed up in how big
   of a difference a small place can make if the people make it
   that way. Building relationships outside of campus and
   reflecting on our own life is such an important part of service.
   We are here for eachother and this world is hard.





