
This website provides the reader with a fact sheet that gives a synopsis of Obsessive Compulsive Personality Disorder. The information on this fact sheet is accurate, useful, and to the point. There is a general, bulleted overview of the characteristics of the disorder, symptoms, causes, treatments, and prognosis. The fact sheet also includes a brief description of the differences between Obsessive Compulsive Personality Disorder and Obsessive Compulsive Disorder. This is beneficial in helping the reader distinguish between the two disorders.

Intended population is someone who may want quick facts about OCPD. This could include individuals who suspect they may have OCPD. This website will allow the reader to gain a general overview of the disorder without overwhelming them with information. This may be helpful to some users. This website would not be recommended for users who are looking for in-depth information about OCPD, as it is not provided.


At first glance, this website appears to be over stimulating. The website is bogged down with a lot of information and colorful charts. To a layperson, these charts may be beneficial, as they are easy to understand. The diagnostic criterion is laid out in a bulleted list that is easy to consume. The website is divided into multiple sections, including characteristics, diagnosis, core features, and therapeutic goals. Additionally, there is a section on primate evolution as it relates to characteristics of personality disorders. The relevance of this section is questionable. Because there is so much information, it may be easy for readers to get bogged down with determining what is important and what is not important. However, this website may be beneficial for laypersons who are looking to learn more in-depth information about the disorder.

This website provides a quiz in which an individual can diagnose themselves. This can be detrimental to laypersons because it may lead individuals to determine for themselves that they have the disorder without receiving a professional opinion. However, the site does state that the quiz is just an insight and does not substitute for a professional opinion. It would be recommended that laypersons use this site with caution.

Wikipedia offers a rather thorough explanation of Obsessive Compulsive Personality Disorder. This is one of the first websites that pops up when searching for information on OCPD. Because any Internet user can alter Wikipedia, readers should not rely on Wikipedia as their sole source of information. This website was last modified on March 13, 2015.

Wikipedia provides a well-rounded synopsis of the disorder. The webpage is broken down into several categories, including diagnosis, causes, comorbidity, treatment, and history. Each category is further broken down into subtypes, which makes the page more navigable. The content is presented in a language that is easy to understand, and the website is user friendly. Although much of the information on this webpage appears to be accurate and consistent with what is known about OCPD, it would be important for readers to err on the side of caution. It may be difficult for those who are not knowledgeable about the disorder to distinguish between accurate and inaccurate information. This website would be most beneficial for individuals searching for straightforward information regarding OCPD.


Psych Central is the first website that appears when searching for information on OCPD. While accurate, the information provided on this website appears to lack depth. This website succeeds in providing the reader with general information regarding the symptoms, general overview, diagnosis, causes, and treatment. The symptoms appear in a bulleted list that is easy for the reader to consume. While this website does not provide much information on treatment, there is a link embedded within the treatment section leading the reader to a webpage with more thorough information. On the side of the page, there is an area where the reader can input their postal code in order to find resources near them. While this is a beneficial tool, the website lacks alternative resources.

This website would be recommended for readers searching for a general overview of the disorder. However, it would not be recommended to those who have been diagnosed and are looking for more in depth information about OCPD. It lacks a fuller picture of OCPD. The symptom webpage was last reviewed in 2014, and the treatment webpage was last reviewed in 2013. The information appears to be accurate and up to date, but it would be important to be aware of this.


Out of the Fog is a website that is geared toward providing information and support for individuals and family members of individuals with personality disorders. This website is very user friendly, and it provides accurate information on OCPD. This website is broken down into multiple sections, including characteristics, a section distinguishing OCPD from OCD, DSM criteria, treatment, and support. Additionally, the website includes a section that lists movies that depict obsessive-compulsive traits. While it may be helpful for readers to have a visual of the
disorder, movies can often depict disorders in the wrong light. Readers would need to be cautious not to form their view of the disorder solely on how it is depicted in a movie.

This website would be helpful for individuals who have been diagnosed with OCPD and are looking for more information on the disorder and areas of support. The website provides working links to websites for support groups, as well as links to websites that provide information on alternative resources. The website is easy to navigate and is not bogged down by ads and other distractions. The website is written in a language that is easily understood from a layperson’s perspective.