Female Orgasmic Disorder

Websites Reviewed & Critiqued by
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1. The Epigee Women’s Health website
   http://www.epigee.org/mental_health/female_orgasm_disorder.html

The Epigee Women’s Health website provides easy to understand information regarding female orgasmic disorder. It is one of the first websites listed if someone were to perform a google search of the term female orgasmic disorder. Epigee provides a description of the types (lifelong and acquired) of female orgasmic disorder and its presenting symptoms. In addition, Epigee briefly reviews the possible psychological and physiological causes of the disorder. However, the website does not go into detail on how the psychological causes can influence this physiological response, which may leave a person confused as to why they are experiencing this physiological response to a psychological stressor.

The website also provides information on treatment options for female orgasmic disorder, but does not provide links to individual therapists or practices which may specialize in treatment of female orgasmic disorder. This information would be much more helpful than a simple description of the type of therapy usually used for this disorder. This website also encourages women to seek help for the disorder as soon as possible.

The information is accurate, strait forward, and unbiased, even though there are no references cited for this website.

2. The “Discovery fit & health” website.

The Discovery fit & health website has a sexual health tab with a section on sexual dysfunction. This website is also one of the primary websites a person can be linked with through a google search of the term female orgasmic disorder. The Discovery website consists of an article that offers a very brief description of female orgasmic disorder in laymen’s terms and a synopsis of its physiological and psychological causes. In addition, Discover offers several possible solutions to the problem found in a book by the Bergmans called: For Women Only: A Revolutionary Guide to Overcoming Sexual Dysfunction and Reclaiming Your Sex Life.

The article’s author is not provided and neither are the Bergman’s credentials for their book. This article also does not cite any academic sources, including the DSM-IV- TR, nor do they provide the diagnostic criteria. Although the Discovery article offers several solutions to the problem including, kegel exercises, it does not place a major emphasis on the underlying psychological causes of the disorder and the need for therapy.

Overall, this article provides a layman’s understanding of female orgasmic disorder and may point an individual in the right direction for treatment, but is by no means a comprehensive treatment of the
The Live Science website has an article by Stephanie Pappas titled, “Orgasm Seeking Women Find Little Help From Science” in which the author cites a scholarly review of a study of 101 women with female orgasmic disorder. This article has an agenda and is not a strictly informational website. It provides an editorialized treatment of the description, causes and possible treatment options for the disorder, then the author states that science is not doing enough to develop a medicine for the specific disorder.

Overall, this is a rather unhelpful article that is not aimed to help women, or couples understand and consider options to treat female orgasmic disorder. The article simply states that there is a problem, female orgasmic disorder, and that there is not a specific medicinal “cure” for it at this time. The author finds a way to quote a “study” that claims that scientists simply aren’t doing enough to fix this problem for women.

Healthline.com provides a definition of female orgasmic disorder, in which it minimally cites the DSM-IV-TR. The website also provides a fairly comprehensive treatment of the actual biological processes involved in orgasm and an in-depth description the causes, treatment, and prognosis for female orgasmic disorder. In addition, Healthline provides some demographic descriptions of whom might be effected by female orgasmic disorder. However, the website does not cite its sources for these statistics. The article was taken from the Gale Encyclopedia of Public Health and used on the Healthline website.

Overall, this website provides a comprehensive overview of the disorder and is quite informative. The information is sound, but it is not properly cited. Individuals suffering from female orgasmic disorder can find helpful information about the etiology, treatment, and course of their disorder on Healthline.com.

Behavenet.com is not a very useful website for an ordinary Jane looking to understand the ins and outs of her female orgasmic disorder. The website is more of a clinician’s aid, as behavnet simply reprinted the DSM-IV-TR criteria for female orgasmic disorder. It does not speak in laymen’s terms, nor does it offer treatment options, demographic information, or prognosis for the disorder. Behavenet does properly reprint the information with permission from the DSM-4-TR and American Psychiatric Society.