

## EDUCATION

The Ohio State University, Education and Human Ecology	2021-2026 (Expected)
● Doctor of Philosophy, Human Development and Family Science	Cumulative GPA: 4.0/4.0
The Ohio State University, Arts and Sciences	2017-2021
● Bachelor of Arts, Honor Major: Psychology; Minor: Communication.	Cumulative GPA: 3.9/4.0

## RESEARCH EXPERIENCES

### Research Assistant 11/2019 – Present

*Mentor: Xin Feng, Child Emotion Lab, Department of Human Sciences, The Ohio State University*

- Managed project for Dr. Feng's research project "Children's Autobiographical Memory" which involved mother-child dyads when children were 3.5-4.0 years old. Interviewed and directed research on adult and child participants.
- Interviewed, recruited, and trained dozens of undergraduate lab assistants leading to hundreds of hours of data collection and coding.
- Coded mothers' meta-emotion philosophy from semi-structured interviews conducted with Chinese mothers based on existing coding manuals.
- Cleaned, manipulated, and analyzed longitudinal survey data including emotion rating and behavior observation scales, using R, Qualtrics, & SPSS.

### Research Assistant 03/2020 – 03/2021

*Mentor: Xinlin Zhou, State Key Laboratory of Cognitive Neuroscience and Learning & IDG/McGovern Institute for Brain Research, Beijing Normal University, Beijing*

- Oversaw and executed a research effort to collect data from 330 junior high school students.
  - Gained hands-on experience with human data collection, including distributing consent forms, and hosting experiments.
  - Independently conducted data sorting based on demographics and data analysis using Visual FoxPro, MATLAB, Jamovi, and JASP.
  - Worked in classroom settings, making sure all adolescents participants conformed to the subject's specifications.
- Designed and constructed online research tasks and questionnaires, observed behavioral data collection and analysis, and conducted the correlation analysis for these datasets using Visual FoxPro and SPSS.
- Contributed to more than 50 popular science articles for preschool parents and teachers, focused on math pedagogy and exploring the cognitive mechanisms of math.

### Research Assistant 05/2019 – 08/2020

*Mentor: Brittany Shoots-Reinhard, Cognitive and Affective Influences in Decision-making Lab, Department of Psychology, The Ohio State University*

- Supported each stage of quantitative survey data collection and analysis including participant recruitment, data collection with SPSS, data cleaning and verification, and presenting the survey results in data visualizations.
- Conducted literature reviews on distracted driving in adolescents and summarized key findings for the research group.
- Used Qualtrics to design and construct online research tasks and questionnaires.

### Research Assistant 09/2019 – 05/2020

*Mentor: Jamie Jackson, Center for Biobehavioral Health, the Abigail Wexner Research Institute, Nationwide Children's Hospital*

- Extracted, sorted, and verified patients' data on the REDCap (Research Electronic Data Capture) website.
- Contacted adolescent participants and their parents to check their availability for the study.

### Research Assistant 06/2019 – 08/2019

*Mentor: Susan Haverkamp, Center for Psychiatry and Behavioral Health, Department of psychology, The Ohio State University.*

- Led an archival search of patient records (adults with intellectual and developmental disabilities), mainly focusing on medical and diet histories; organized the resulting data in Excel for future analysis.
- Gained in-depth knowledge of medical terminology and laboratory information systems.

## UNDERGRADUATE CONFERENCE POSTERS (\*indicate mentored undergraduates)

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- Zhang, Y.\* , **Gong, Y.**, Chan, H.M, & Feng, X. (2021, November). *Maternal emotion socialization in preschooler: Child emotion regulation and adjustment* [Poster presentation]. The Ohio State University Autumn Undergraduate Research Festival 2021, Columbus, OH, United States.
- Arnipalli, R. S.\* , **Gong, Y.**, & Feng, X. (2021, November). *Examination of mothers' metaemotion philosophy in relation to children's problem behaviors* [Poster presentation]. The Ohio State University Autumn Undergraduate Research Festival 2021, Columbus, OH, United States.
- Bende,B.\* , Han, S.\* , **Gong, Y.**, & Feng, X. (2021, November). *Examination of maternal meta-emotion philosophy of depressed and nondepressed mothers and child emotion regulation* [Poster presentation]. The Ohio State University Autumn Undergraduate Research Festival 2021, Columbus, OH, United States.
- **Gong, Y.**, Feng, X., Inboden, K., & Chan, M. H. (2022, February). *The impact of COVID-19 on depressed mothers and their young children* [Poster presentation]. EHE Student Research Forum 2022, Columbus, OH, United States.
- **Gong, Y.**, Feng, X., Inboden, K., & Chan, M. H. (2022, March). *Maternal psychological health in relation to children's emotion adjustment during the pandemic* [Poster presentation]. Eastern Psychological Association 2022, New York, NY, United States.
- **Gong, Y.**, Feng, X., Inboden, K., & Chan, M. H. (2022, March). *Family adjustment to COVID-19: Maternal psychological health and children's emotional adjustment* [Poster presentation]. Hayes Graduate Student Research Forum 2022, Columbus, OH, United States.
- Amin, H.,\* **Gong, Y.** Feng, X. (2022, April). *Analyzing the relationship of maternal depression and physiological regulation through heart rate variability* [Poster presentation]. National Conference on Undergraduate Research 2022, Pensacola, FL, United States.
- **Gong, Y.**, Feng, X., Inboden, K., & Chan, M. H. (2022, June). *Family life changes during the COVID-19: Influences on maternal psychological health and children's emotional adjustment* [Poster presentation]. International Society for the Study of Behavioural Development 2022, Rhodes, Greece.
- **Gong, Y.**, & Feng, X. (2023, February). *Parenting stress mediates the association between emotion dysregulation and children's adjustment problems: A longitudinal dyadic analysis* [Oral presentation]. EHE Student Research Forum 2023, Columbus, OH, United States.
- Welz, O.\* , **Gong, Y.**, Feng, X. (2023, February). *Mother Meta Emotion Philosophy impact on Mother and Child Interactions* [Poster presentation]. EHE Student Research Forum 2023, Columbus, OH, United States.
- **Gong, Y.**, Feng, X., Yang, Q., & Inboden, K. (2023, March). *Associations between Mothers' and Preschoolers' Emotion Expression: Respiratory Sinus Arrhythmia as Moderators* [Poster presentation]. Society for Research in Child Development 2023, Salt Lake City, UT, United States.
- Feng, X., Chan, M. H., Inboden, K., **Gong, Y.** (2023, March). *Maternal Depression and Mother-Child Reminiscing of Emotional Events during the Pandemic.* [Paper Symposium]. Society for Research in Child Development 2023, Salt Lake City, UT, United States.

## TEACHING EXPERIENCES

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### Teaching Associate

HDFS 3440 Human Sexuality

Spring 2022

HDFS 2900 Research Method

Spring 2022

### Instructor

HDFS 2410 Child Development (Online)

Autumn 2022

HDFS 2410 Child Development (In-Person)

Spring 2023

## WORK EXPERIENCES

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### Research Intern in Dali Education

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04/2021- 07/2021

- Planned and participated in user research to find the optimization direction of teaching scheme and algorithm.
- Conducted industry competitive product research in the field of education, providing effective information to support the construction of teaching framework and knowledge system.
- Excavated product highlights and explosion points for the promotion of the products.
- Reviewed and labeled questions and assigned work to part-time teams.

### Project Manager

iWanna International Inc.

02/2019 – 08/2021

- Designed and implemented psychology-related projects, like peer support groups and lectures, in order to

- introduce psychology-related careers to students and to improve the students' awareness of mental health.
- Published six psychology-related online articles with over 100,000 views.
- Analyzed back-end data to optimize project and published articles to increase readership and strengthen reader loyalty and engagement.
- Organized seminars, moderated discussions, and encouraged participation in the iWanna community of students who were studying abroad or intend to study abroad.

## Brand Operators

*Guomei Technology Company*

05/2018 – 07/2018

- Operated e-commerce and social media platforms in order to build awareness of this brand.
- Communicated with customers from different countries in either English or Mandarin.
- Helped design and create product interfaces for Amazon and Shopify, helping sellers' gain adequate exposure and deals, and achieve initial profit.

## FELLOWSHIP/GRANT

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- **University Fellowship**, Ohio State University, 2021-2022
- **Myrtle Wolcott Cram Scholarship**, Ohio State University, 2021-2022
- **The Dorothy D. Scott Scholarship**, Ohio State University, 2022-2023
- **The Florence Levy Miller and I. George Miller Memorial Scholarship**, 2022-2023

## LEADERSHIP & ACTIVITIES

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### Lecturer

*Elites Academy, The Ohio State University*

08/2019– 08/2020

- Volunteered to teach weekly philosophy-related classes for children, leading them to think and discuss.
- Hosted seminars and facilitated discussions in which attendees, mostly parents and teachers, could share their educational philosophies with other participants.
- Was nominated as one of the most popular teachers by students and parents.

### Group Leader

*Human Rights Group, Global Leadership Initiative, The Ohio State University*

09/2019-05/2020

- Worked with *Us Together* to organize weekly meetings.
- Supported the community of immigrants with tasks such as obtaining SIM and bank cards, navigating the supermarket, and assimilating into the local communities.
- Designed a pamphlet for immigrants and refugees who belong to the LGBTQ+ community to tell them how they will and can live, where they can find groups and help as LGBTQ people in Columbus.

### Member

*Stress Management and Resiliency Training (SMART) Lab, Honors & Scholars Semester of Service, The Ohio State University.*

12/2019– 05/2020

- Researched on the efficacy of stress management and resiliency skills. Used Heart Rate Variability (HRV) to measure changes in the heart rate over time as a function of stress.
- Worked one-on-one with students to identify the causes of stress, problem-solve ways to reduce stress, and teach stress reduction techniques.

### Event Planning Design

*Echo, The Ohio State University*

08/2017 – 05/2018

- Designed and conducted the most important and biggest events to Chinese students including “Chinese Spring Festival” & “The Voice of Ohio State”. Coordinated the order of performances and managed the contestants.
- Designed and organized the league building activities like going on picnics and hiking once a month. Scheduled the day's activities and prepared for recreational activities. Ensured that our activities were within budget.

## PROFESSIONAL SKILLS

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- **Computer:** Proficiency in MS Word/Excel/PowerPoint, Mplus, R language, SPSS, Visual FoxPro, MATLAB, Jamovi, and JASP.
- **Language:** Native in Mandarin, and fluent in English.