

NOVEMBER 2023

National DIABETES

AWARENESS MONTH



Join Ohio State University Extension's Diabetes Team for diabetes classes during November.

*** LIVE ONLINE at Noon EST***

- ❖ November 6th – Holiday Snacking Guide
- ❖ November 13th – Be Savvy with Holiday Spirits
- ❖ November 20th – Team up with Your A1C - Tailgates

To register go to: <https://go.osu.edu/diabetesseries>

