

WHAT ARE PEER RECOVERY MENTORS?

HOW DO PEER RECOVERY MENTORS IMPROVE RECOVERY?



A peer recovery mentor is an individual in stable recovery that provides social support to a peer that is establishing or maintaining their recovery. This interaction strengthens both individuals' recovery.

1 HOW DO MENTORS ASSIST THEIR PEER?

- Helps the client make recovery goals
- Provides social support to the client
- Helps the client make a recovery plan
- Increases access to substance abuse services
- Connects the client with community resources like treatment, housing, social services, etc.



2 HOW ARE MENTORS DIFFERENT THAN A 12-STEP SPONSOR?

- Mentors focus more on connecting the client to community resources.
- The mentor does not function within the 12-Step program framework.
- Unlike the mentor, the sponsor helps the client follow the guidelines of the program.



3 HOW DOES PEER MENTORSHIP WORK WITH THE CHILD WELFARE SYSTEM (CWS)?

- The mentor can provide specialized support and information based on knowledge and previous experiences working with substance abuse treatment and the child welfare system.
- Since the the mentor has experienced the CWS, the mentor may be seen as less adversarial and the client may be receptive to the mentor.



Literature Cited:

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 Huebner, R. A., Hall, M. T., Smead, E., Willauer, T., & Posze, L. (2018). Peer mentoring services, opportunities, and outcomes for child welfare families with substance use disorders. *Children and Youth Services Review, 84*, 239-246.
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1 Clients with Peer Mentors are More Likely to Use Substance Abuse Services

Percentage of Clients Who Received Substance Abuse Services



2 Clients who have a Peer Mentor Receive Substance Abuse Services Faster

50% of the Clients with a Peer Mentor used that service within 40 days

50% of the Clients without a Peer Mentor used substance abuse services within 100 days



(Ryan, J. P., et al., 2006)

3 Clients Who Have A Peer Mentor are more likely to Receive Mental Health Services

Percentage of Clients Who Received Mental Health Services

No Service
15%



(Hall, M. T., et al., 2015)

4 Clients Who Have a Peer Mentor are More Likely to Achieve Sobriety

What Percentage of Clients Achieve Sobriety?

Not Sober
34%



Not Sober
63%



(Huebner, R. A., et al., 2018)



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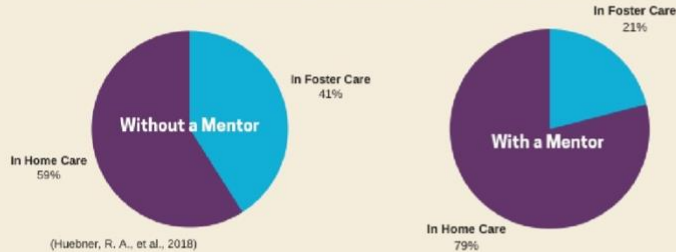
PEER RECOVERY MENTORS BENEFIT THE CHILD WELFARE SYSTEM



1

CHILDREN WHOSE PARENTS HAVE MENTORS ARE TWICE AS LIKELY TO REMAIN WITH THEIR PARENTS

What Percentage of Children were placed in out-of-home care at some point?



2

PARENTS WITH A MENTOR ARE MORE LIKELY TO BE REUNIFIED WITH THEIR CHILDREN

What Percentage of Families were Reunified?



3

CHILDREN WHOSE PARENTS HAVE PEER MENTORS ARE LESS LIKELY TO BE RE-ABUSED OR NEGLECTED

What Percentage of Children Will be Re-abused or Neglected?



4

WITH EACH MEETING THE CHILD HAD WITH A MENTOR, THE ODDS OF REUNIFICATION INCREASED BY 9%



5

PEER RECOVERY MENTORS SAVE MONEY

- The Kentucky START project saved **\$2.22** for every **\$1** spent (Huebner, R. A., et al., 2018)
- The AODA Waiver Demonstration Project saved **\$58,837** (Ryan, J. P., et al., 2005)
- The Appalachia START project had a future cost avoidance of **\$366,000** (Hall, M. T., et al., 2015)