# REFERRAL RESOURCE GUIDE

## **Richland County**

#### IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
LOCAL CRISIS LINE	Ohio Problem Gambling Helpline
419-522-4357	1-800-589-9966

### DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline 1-800-799-SAFE (7233)	RAINN (Rape, Abuse & Incest National Network) 1-800-656-HOPE (4673)
1-800-787-3224 (hearing impaired line)	www.rainn.org
<b>Ohio Domestic Violence Network</b> 800-934-9840	Ohio Sexual Violence Helpline 1-844-644-6435

**The Domestic Violence Shelter** provides an alternative to living in a violent situation and offers education and resources necessary for intervention and prevention of violence and to help victims make healthier choices for themselves and their families.

Website: http://www.thedvshelter.com/

Phone: 419-774-5840 or 800-931-7233 (crisis line)

**Victim Assistance Program** provides services to those who have fallen victim to a crime.

Website: <a href="https://www.richlandprosecutoroh.us/victim-services-division">https://www.richlandprosecutoroh.us/victim-services-division</a>

Phone: 419-774-5676

#### TREATMENT RESOURCES

## **Mental Health & Substance Use Disorder Treatment**

**Catalyst Life Services** offers mental health assistance for all ages and comprehensive programs for outpatient and residential substance abuse, withdrawal management, vocational rehab, audiology, and crisis intervention, and stabilization unit.

Website: https://catalystlifeservices.org/

Phone: 419-756-1717

**Family Life Counseling and Psychiatric Services** offers comprehensive mental health and addiction outpatient services for adults and youth, including: assessments, counseling, and case management services.

Website: https://www.flcps.com/

Phone: 419-774-9969



**Foundations for Living** is a secure residential treatment facility for males and females 11 to 18. They offer treatment for mental health, addiction, survivors of human trafficking, pregnant teens, and self-injurious behavior.

Website: https://www.foundationsforliving.net/

Phone: 419-589-5511

**Healing Hearts Counseling Center** offers medication assisted treatment, mental health and drug and alcohol counseling for groups and individuals. Individual counseling for trauma, sexual abuse, addiction, depression and anxiety. Processing groups use physical movement and art. Additional groups include #Metoo, 12 step groups, spirituality groups, and couples groups.

Website: https://www.healingheartscc.com/

Phone: 419-528-5993

**Mansfield Comprehensive Treatment Center** is a methadone and suboxone clinic providing medication-assisted therapy and counseling services to men and women over age 18 who are struggling with opioid addiction.

Website: https://www.ohioctc.com/

Phone: 855-547-9267

**Mansfield Urban Minority Alcoholism and Drug Abuse Outreach Program** specializes in medication assisted treatment; mental health specializing in adolescent care and AOD/mental health dual diagnoses; AOD prevention services; circle for recovery of Ohio- Ex-offender program; and Help Me Grow for New Mothers.

Website: https://www.mansfieldumadaop.com/

Phone: 419-525-3525

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. <a href="www.theNationalCouncil.org">www.theNationalCouncil.org</a> (click on "Find a Provider")

**Providers for Health Living** provides outpatient counseling, medication management, and psychological testing.

Website: <a href="https://www.providersforhealthyliving.com/">https://www.providersforhealthyliving.com/</a>

Phone: 419-605-9817

**Richland County Community Alternative Center** is a certified drug and alcohol treatment program that provides concurrent intensive counseling services within safe and secure housing for adult men and women.

Website: http://richlandcourtsoh.us/cac/index.html

Phone: 419-774-3576

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <a href="http://findtreatment.SAMHSA.gov">http://findtreatment.SAMHSA.gov</a>

**Starfish Project of Richland County** provides guidance on treatment options for those struggling with addictions and life-controlling problems.

Website: http://www.starfishrichland.org/

Phone: 419-512-6877



Third Street Family Health Services offers behavioral health assessments, counseling, and

medication assisted treatments. *Website:* <a href="http://www.tsfhs.org/">http://www.tsfhs.org/</a>

Phone: 419-525-6720

**The Village Network** offers treatment foster care in addition to outpatient counseling and psychiatric services. The focus of treatment is trauma specific in addition to treating all other

mental health diagnosis.

Website: http://thevillagenetwork.org/

Phone: 419-774-4010

**Visiting Nurse Association of Ohio** provides access to high-quality comprehensive hoe health care to promote health, independence, and dignity to those living in the community. Services include behavioral health, nursing care, physical and occupational therapy, speech therapy, home care aides, and private duty services.

Website: <a href="https://www.vnaohio.org/">https://www.vnaohio.org/</a>

Phone: 877-698-6264

Volunteers of America of Greater Ohio specializes in case management, crisis intervention,

family counseling, group counseling, assessment, and individual counseling.

Website: <a href="https://www.voaohin.org/">https://www.voaohin.org/</a>

Phone: 419-524-5013

#### **CHILDREN & YOUTH RESOURCES**

### a. Emergency and Referral Services

## National Runaway Safeline

1-800-621-4000

#### b. Children, Youth & Family Mental Health & Substance Use Disorder Services

**Abraxas Ohio** is a residential facility which provides mental health, substance use, and juvenile sex offender treatment to adolescent boys. Outpatient site provides substance use, mental health, and in-home mental health services for adolescents, adults, and families.

Website: https://abraxasyfs.com/abraxas-ohio.html

Phone: 419-747-3322 (residential) 419-709-8103 (outpatient)

**Community Action for Capable Youth** provides effective on-site tobacco, alcohol, problem gambling, violence, and drug and suicide prevention education, information and coordination services for pre-school age through senior years. Individual and group tobacco cessation services available by appointment.

Website: <a href="https://www.cacyohio.org/">https://www.cacyohio.org/</a>

Phone: 419-774-5683

#### RESOURCES FOR SPECIAL POPULATIONS

#### **Gay, Lesbian, Bisexual, Transgender Support Resources**

<b>GLBT National Help Center</b>	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	www.theTrevorProject.org



GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
www.glnh.org/talkline	

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

#### **SELF-HELP RESOURCES AND GROUPS**

Find a time and location of a meeting.

Alcoholics Anonymous www.aa.org/pages/en US/find-aa- resources	Narcotics Anonymous 1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch
National Domestic Violence Hotline www.al-anon.alateen.org/local-meetings	Nar-Anon Family Groups www.nar-anon.org/find-a-group
Dual Recovery Anonymous www.draonline.org	

#### OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. <a href="https://www.findlaw.com">www.findlaw.com</a>

**Bellville Neighborhood Outreach Center** offers clothing, food, fresh produce, and community activities.

Website: https://www.foodpantries.org/li/bellville-neighborhood-outreach-center

Phone: 419-886-8395

**CASA Program** speaks for the best interest of abused, neglected, and dependent children in court proceedings.

Website: <a href="https://www.volunteermatch.org/search/org16353.jsp#more">https://www.volunteermatch.org/search/org16353.jsp#more</a> info tab

Phone: 419-774-5637

**Harmony House Homeless Services, Inc** is a shelter for homeless men, women, and children. Services include referrals, 90 day stay, case management, afterschool program and tutoring, medical screening, transportation, laundry, and comprehensive case management.

 $\textit{Website:} \ \underline{\text{https://www.homelessshelterdirectory.org/cgi-bin/id/city.cgi?city=Mansfield\&state=OH}$ 

Phone: 419-522-2283



**Job and Family Services** can connect individuals with adult protective, child care, emergency help, employment, medical, and transportation services along with providing financial, food, and fraud assistance.

Website: <a href="https://www.rcjfs.net/">https://www.rcjfs.net/</a>

Phone: 419-774-5400





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