REFERRAL RESOURCE GUIDE

Lorain County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
LOCAL CRISIS LINE	Ohio Problem Gambling Helpline
800-888-6161	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)	RAINN (Rape, Abuse & Incest National Network) 1-800-656-HOPE (4673) www.rainn.org
Ohio Domestic Violence Network	Ohio Sexual Violence Helpline
800-934-9840	1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Catholic Charities Diocese of Cleveland is one of the largest integrated systems of care, serving eight counties throughout Northeast Ohio. Catholic Charities provides counseling and treatment services to children and teens, adults, families and couples. *Phone:* 440-366-1106 *Website:* https://ccdocle.org/facility/catholic-charities-lorain-county

Far West Center is a community mental health center providing behavioral health services for residents of western Cuyahoga County and Lorain County. *Phone:* 440-835-6212 *Website:* http://www.farwestcenter.com/

Firelands Counseling and Recovery Services of Lorain County provides a full spectrum of outpatient mental health and substance abuse treatment including assessment, individual and group counseling, intensive outpatient program, 24-hour crisis services, case management and medicated assisted therapy. *Phone:* 440-984-3882 *Crisis Line:* 800-826-1306 *Website:* https://www.firelands.com/locations/profile/?searchId=82424555-b0d8-e911-a822-000d3a611816&sort=11&page=2&pageSize=10&id=62

Lorain County Board of Mental Health plans, funds, and monitors a comprehensive system of quality, public mental health services that enhance the health and well-being of the people of Lorain County. Do you want personalized help finding the mental health resources you need? Call 440-240-7025 to reach the Lorain County Navigator. *Website:* https://lcbmh.org/



National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

The Nord Center is a private, non-profit agency providing comprehensive behavioral and mental health services to children, adolescents and adults in the greater Lorain County area. Our services include outpatient counseling; sexual assault / rape crisis services; drug and alcohol addiction; dual diagnosis (substance abuse and mental illness); psychiatry and medication management; employment and vocational services; supportive housing as well as homelessness prevention. We also offer culturally specific services to bilingual and African-American consumers. *Phone:* 440-233-7232 *Website:* https://www.nordcenter.org/

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

	Safeline
1-800-621-4000	

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Applewood Centers is a private, non-profit agency providing mental health services, social services and education to children, adolescents and families living in Cuyahoga and Lorain counties. Dedicated to addressing a variety of behavioral, emotional and learning problems, we provide a continuum of care from outpatient counseling to residential treatment. Services include residential treatment programs, foster care and adoption, The Gerson School - an alternative day school, and an array of community-based services including psychiatry, inhome therapy, school-based counseling, prevention and consultation services. *Phone:* 440-324-1300 *Website:* http://www.applewoodcenters.org/

Bellefaire JCB is among the nation's largest, most experienced child service agencies providing a variety of behavioral health, substance abuse, education and prevention services. *Phone:* 216-932-2800 *Website:* http://www.bellefairejcb.org/

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	<u>www.theTrevorProject.org</u>
GLBT National Youth Talkline	Trans Lifeline
GLBT National Youth Talkline 1-800-246-PRIDE (1-800-246-7743) www.glnh.org/talkline	Trans Lifeline 877-565-8860



Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en US/find-aa-
<u>resources</u>
National Domestic Violence Hotline
National Domestic Violence Hotline www.al-anon.alateen.org/local-meetings

Dual Recovery Anonymous www.draonline.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Gathering Hope House offers a weekly schedule of support groups and educational classes. *Phone:* 440-233-7400 *Website:* http://www.gatheringhopehouse.com/

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Big Brothers Big Sisters of Lorain County makes meaningful mentorship matches between volunteers and children ages 6-18. We then provide the training, resources and support necessary for those matches to succeed. *Phone:* 440-277-6541

Website: https://www.bigloraincounty.org/

NAMI Lorain County is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families and friends of people with mental illness. Local volunteers participate to provide education and support, combat stigma, advocate for adequate health insurance, housing, rehabilitation, and jobs for people with mental illness and their families. *Phone:* 440-233-8181 *Website:* http://nami-lc.org/

New Sunrise Properties focuses its efforts on housing two sections of the Lorain County community. The first focus is housing people with moderate to severe mental illnesses. The second focus is housing families with low to moderate income.

Phone: 440-365-9600 Website: http://newsunriseproperties.org/main/



This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

