REFERRAL RESOURCE GUIDE

Logan County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
Crisis Hotline	Ohio Problem Gambling Helpline
800-224-0422	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline	RAINN (Rape, Abuse & Incest National Network)
1-800-799-SAFE (7233)	1-800-656-HOPE (4673)
1-800-787-3224 (hearing impaired line)	www.rainn.org

New Directions of TCN Behavioral Health is dedicated to advocating for victims of domestic violence. New Directions is a family-centered violence intervention program for domestic violence and sexual assault victims in Logan and Champaign Counties.

Phone: 937-376-8700

Website: https://www.tcn.org/domestic-violence

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Adkins & Affiliates provides adult and youth mental health and substance use disorder assessment, individual, group and marriage/family counseling. *Phone:* 937-599-1474

Light the Way Christian Counseling provides individual counseling for adults, adolescents, and children, Marital/relationship counseling, premarital counseling, family counseling, play therapy. *Phone:* 937-593-9600 *Website:* https://www.lightthewaybellefontaine.com/

Mental Health, Drug & Alcohol Services Board of Logan & Champaign Counties focus is to provide the right care for the people of our counties. We do this by planning, developing, monitoring, and evaluating the publicly funded behavioral health services for the citizens in Logan and Champaign Counties. *Phone:* 937-465-1045 *Website:* https://www.mhdas.org/

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")



SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

TCN Behavioral health offers assessment, psychiatric services, individual, group and marriage/couples' therapy, case management, outpatient substance use disorder treatment, Medication Assisted Treatment, residential treatment (Christopher House) and more. *Phone:* 937-376-8700 *Website:* https://www.tcn.org/

WellSpring offers individual, family and couples counseling, anger management therapy, as well as life skills counseling. *Phone:* 937-653-5990 *Website:* http://wellspringfield.org/

YOUTH RESOURCES

a. Emergency and Referral Services

	Safeline
1-800-621-4000	

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Family Solutions Center (FSC) is the Youth Division of TCN Behavioral Health Services. FSC provides both mental health and substance abuse treatment for youth age three to 18 years old in Greene County, as well as other surrounding counties. FSC has an array of programs and services to fit your child's specific needs. These services include outpatient mental health treatment that includes individual, family or group counseling, crisis intervention, case management, Partial Hospitalization, psychiatric care, and outpatient substance abuse treatment. *Phone:* 937-376-8700 *Website:* https://www.familysolutionscenter.org/

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564 www.glnh.org	1-866-4-U-TREVOR (488-7386) www.theTrevorProject.org
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743) <u>www.glnh.org/talkline</u>	877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous	Narcotics Anonymous
www.aa.org/pages/en US/find-aa-	1-888-GET-HOPE (438-4673) (Hopeline)
<u>resources</u>	www.na.org/meetingsearch



National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Dual Recovery Anonymous

www.draonline.org

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

The Caring Kitchen is a non-profit organization that provides on-site emergency shelter, three meals per day, clothing, case management with referrals to other professional agencies and tutoring. *Phone:* 937-653-8443 *Website:* https://www.caringkitchen.org/

Tri-County Community Action Inc. is a local forum to promote programs and services on poverty and primarily serves Champaign, Logan and Shelby counties in Ohio. Its programs address issues pertaining to jobs and education, affordable housing and community. *Phone:* 937-593-0034

Stepping Stones Outreach Ministries is a non-profit organization committed to assisting people to be shaped and ready for use in the construction of their lives by focusing on three categories: Life Skills, Career Development and Community Connection. *Phone:* 937-652-1303 *Website:* https://steppingstonesoutreach.weebly.com/



Mental Health Awareness Project

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