REFERRAL RESOURCE GUIDE

Licking County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
Licking County 24/7 Crisis Line	Ohio Problem Gambling Helpline
740-345-4357	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline	RAINN (Rape, Abuse & Incest National Network)
1-800-799-SAFE (7233)	1-800-656-HOPE (4673)
1-800-787-3224 (hearing impaired line)	www.rainn.org
Ohio Sexual Violence Hotline	

The Center for New Beginnings offers a 24-hour crisis line, individual and group trauma therapy, case management, victim advocacy. **24-Hour Crisis Line:** 800-686-2760 *Website:* https://thewoodland.org/center-for-new-beginnings/

TREATMENT RESOURCES

844-644-6435

Mental Health & Substance Use Disorder Treatment

Behavioral Healthcare Partners of Central Ohio (BHPCO) offers a full continuum of care for children, adults, and families including substance use disorder treatment, crisis services, mental health treatment, medical psychiatric and pharmacy services and career connections. *Phone:* 740-522-8477 *Website:* https://www.bhcpartners.org/

Licking Alcoholism Prevention Program (LAPP) offers a myriad of "safety net" outpatient integrated behavioral health programming services to the Licking County area at a low cost to thousands of persons in the community. Services include intensive outpatient programs, recovery groups, aftercare and other types of education programs/groups. *Phone:* 740-366-7303 *Website:* https://lapp.cc/

Mental Health & Recovery of Licking and Knox Counties does not provide services directly to the community. Instead, the Board contracts with Mental Health agencies and Alcohol and Drug agencies to provide services to Licking and Knox County residents. *Phone:* 740-522-1234 *Website:* https://www.mhrlk.org

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Pathways of Central Ohio is a private, non-profit social service agency serving Licking, Knox, Richland, Muskingum, Perry and Morgan Counties. Pathways was established in 1968 and incorporated in 1970. We are the gateway to services which empower the community to achieve success. *Phone:* 740-345-6166 *Website:* www.pathwaysofcentralohio.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

The Woodlands is a private, non-profit organization that provides comprehensive prevention, education, and treatment services to residents of Licking County and surrounding counties. Treatment services include individual, couples and group therapy and domestic violence survivors' services. *Phone*: 740-349-7066 *Website*: www.thewoodland.org

CHILDREN & YOUTH RESOURCES

Emergency and Referral Services

National Runaway Safeline 1-800-621-4000

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	www.theTrevorProject.org
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
www.glnh.org/talkline	

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.



Alcoholics Anonymous

www.aa.org/pages/en US/find-aaresources

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Dual Recovery Anonymous

www.draonline.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Food Pantry Network of Licking County *Phone:* 740-344-7401 *Website:* www.foodpantrynetwork.net

Habitat for Humanity MidOhio: Build and sell simple, decent homes to eligible households. *Phone:* 614-422-4828 *Website:* www.habitatmidohio.org

Knox County Veterans Service Office provides rent, deposit, utility, transportation and food assistance, as well as VA benefits. *Phone:* 740-393-6742 *Website:* <u>www.kcvso.com</u>

LEADS Community Action provides the following services: percentage of Income Payment Plan (PIPP), emergency housing funds, emergency home repair, rent & utility assistance, Home Energy Assistance Program (HEAP). *Phone:* 740-349-8606 *Website:* www.leadscaa.org

Licking County Coalition for Housing provides a wide variety of housing services to homeless and low-income members of Licking County. *Phone:* 740-345-1970 Website: http://www.lcchousing.org/

The Licking Metropolitan Housing Authority provides affordable housing for low to moderate income families. *Phone:* 740-349-8069

The Main Place Inc. of Licking County is a consumer-operated mental health recovery center that promotes recovery through peer support, socialization, education, and training. *Phone:* 740- 345-6246 *Website:* www.themainplace.org

Mental Health America of Licking County promotes and continually reinforces mental health and wellness through education, prevention and advocacy, and eliminate the stigma of mental health issues in our community. *Phone:* 740-522-1341 *Website:* www.mhalc.org

NAMI Knox Licking County Ohio is dedicated to providing education, outreach, support, referral and advocacy to people who are impacted by a mental illness. Our mission is to improve the lives of family members, friends and persons with mental illness. *Phone:* 740-397-3088 *Website:* http://www.namiknoxohio.com





Mental Health Awareness Project

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