REFERRAL RESOURCE GUIDE

Lake County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
Lake County Crisis Hotline	Ohio Problem Gambling Helpline
440-953-8255	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline	RAINN (Rape, Abuse & Incest National Network)
1-800-799-SAFE (7233)	1-800-656-HOPE (4673)
1-800-787-3224 (hearing impaired line)	www.rainn.org

Cleveland Rape Crisis Center provides support to survivors of rape and sexual abuse, promote healing and prevention, and advocate for social change. **24/7 Crisis & Support Hotline:** 216-619-6192 or 440-423-2020

Website: http://www.clevelandrapecrisis.org

WomenSafe, Inc. is a 501 (c)(3) not-for-profit domestic violence shelter and resource center in its 37th year of service to survivors of domestic violence. Services available today include: emergency shelter, 24-hour support and crisis management hotline, individualized and group counseling, art therapy, court advocacy, peer support, aftercare, education and referral, **24/7 Crisis & Support Line:** 888-285-5665

Administrative Phone: 440-285-7154 Website: http://www.womensafe.org

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Beacon Health offers an array of programs and services for Lake County adults including psychiatry and medication management, case management, counseling, supported employment services, forensic services, senior care services, transitional youth program and more. *Phone:* 440-354-9924 *Website:* http://beaconhealth.crossroads-lake.org

Catholic Charities Community Services of Lake County provides outpatient mental health and substance use counseling, Help Me Grow and other services.

Phone: 440-352-6191 Website: https://ccdocle.org/facility/catholic-charities-lake-county

Lake-Geauga Recovery Centers, Inc. is a private non-profit agency, providing continuous service to the community since 1971. Services include ambulatory detox, family support



groups, medication assisted treatment, outpatient services, individual and group counseling, recovery housing, residential treatment programs and supportive housing for women. *Phone:* 440-255-0678 *Website:* http://www.lgrc.us

Lake Health Emergency Based Crisis Services provides licensed social workers ensure that ER patients with mental health issues are promptly evaluated and either admitted or referred for treatment. *Phone*: 440-953-9600

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

Northcoast Behavioral Healthcare provides comprehensive inpatient services including assertive community treatment, case management, court-ordered outpatient treatment, housing services, integrated primary care services, psychosocial rehabilitation services, and more. *Phone:* 330-467-7131

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. *Phone*: 1-800-662-HELP (4357) *Website*: http://findtreatment.SAMHSA.gov

Signature Health offers comprehensive psychiatric, counseling and case management services, as well as an array of on-site support services, for people struggling with mental health and substance abuse issues. *Phone:* 440-853-1501

Website: https://www.signaturehealthinc.org

Windsor Laurelwood Center for Behavioral Medicine provides inpatient and outpatient treatment programs for adults, children, and adolescents experiencing psychiatric or substance abuse issues. Patients with behavioral health and/or substance abuse issues can be treated at the inpatient mental health facility in Willoughby, Ohio. They also provide partial hospitalization and intensive outpatient programs. *Phone:* 440-953-3000 *Website:* https://windsorlaurelwood.com/

CHILDREN & YOUTH RESOURCES

Emergency and Referral Services

	Safeline
1-800-621-4000	

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line - LGBTQ Youth
1-888-843-4564 <u>www.glnh.org</u>	1-866-4-U-TREVOR (488-7386) www.theTrevorProject.org
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860



www.glnh.org/talkline

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en US/find-aa-
<u>resources</u>
Al-Anon Family Groups
<u>www.al-anon.alateen.org</u>
Dual Recovery Anonymous

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

Nar-Anon Family Groups www.nar-anon.org/find-a-group

OTHER RESOURCES

www.draonline.org

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

BRIDGES: Mental Health Consumer Empowerment 270 Main Street, Suite 100, Painesville, OH 44077 *Phone*: 440-350-9922

Extended Housing provides permanent supportive housing through the eighteen residential properties we own and manage throughout Lake County. These properties include condos, single-and multi-family homes, group homes, apartment buildings, and a residential care facility. We are working to develop more units of permanent supportive housing to help house more people in under-served areas of Lake County. *Phone:* 440-352-8424

Website: http://extendedhousing.org

Lake County Sheriff's Jail Treatment Program: Phone: 440-350-5669

Lifeline, Inc./211 Phone: Dial 2-1-1 from any telephone Website: http://www.lclifeline.org

NAMI (National Alliance on Mental Illness) of Lake County offers peer education, training programs and support services for individuals with a mental illness, family members, school professionals, providers, and the general public.

Phone: 440-639-1200 Website: www.namilakecountyohio.org

Torchlight Youth Mentoring Alliance (formerly Big Brothers/Big Sisters of Northeast Ohio) *Phone:* 440-352-2526 *Website:* https://torchlightyouthmentoring.org/





Mental Health Awareness Project

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