REFERRAL RESOURCE GUIDE

Huron County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
Huron County Crisis Hotline	Ohio Problem Gambling Helpline
1-800-826-1306	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline	RAINN (Rape, Abuse & Incest National Network)
1-800-799-SAFE (7233)	1-800-656-HOPE (4673)
1-800-787-3224 (hearing impaired line)	www.rainn.org
Ohio Domestic Violence Network	Ohio Sexual Violence Helpline
800-934-9840	1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Family Life Counseling & Psychiatric Services offers comprehensive mental health and addiction outpatient services for adults and youth, including assessments, counseling, and case management services. School-based prevention services are also offered. Clients may be referred or self-admit. FLC accepts all payer sources. *Phone:* 567-560-3584 *Website:* https://www.flcps.com/

Firelands Counseling and Recovery Services offers crisis intervention services, substance use disorder treatment, assessment, individual and group counseling, intensive outpatient program, assessment and referral to detox, case management, Medication Assisted Therapy The Behavioral Health Inpatient Unit, located on the hospital's main campus, offers comprehensive and *integrated mental health and hospital services for adults experiencing a mental health crisis. Phone: 419-483-6516*

Website: https://www.firelands.com/care-treatment/behavioral-health/inpatient-care/

The County Board of Mental Health and Addiction Services (MHAS) primary role is to plan, fund and monitor services for people with serious and persistent mental illness and alcohol and other drug addictions throughout our county. *Phone:* 419-668-9858 *Website:* http://www.huroncountymhas.org

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Oriana House offers two comprehensive substance use treatment programs in Huron County. Northwest Ohio Behavior and Reporting Services (NOBARS) is a court-ordered treatment program for women and men. Rigel Recovery Services is a substance use treatment program open to the public for self-referrals. Medication Assisted Treatment is available. Oriana House accepts all payer sources. *Phone:* 567-280-4023

Website: http://www.orianahouse.org/programs/northwest/prog-residential.php

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

CHILDREN & YOUTH RESOURCES

Emergency and Referral Services

National	Runaway	Safeline
1-800-62		

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	<u>www.theTrevorProject.org</u>
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
<u>www.glnh.org/talkline</u>	

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous www.aa.org/pages/en US/find-aa- resources	Narcotics Anonymous 1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch
National Domestic Violence Hotline www.al-anon.alateen.org/local-meetings	Nar-Anon Family Groups www.nar-anon.org/find-a-group
Dual Recovery Anonymous www.draonline.org	



OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Catholic Charities of Norwalk offers guardianship services for severely mentally ill adults in Huron County. *Phone:* 419-668-3073

Family & Children First Council of Huron County offers youth and family services coordination, wraparound coordination, along with respite services. *Phone:* 419-668-8126

House of Hope is a Level 2, Peer to Peer recovery house and is accepting applications for program participation. Their mission is to help persons who are in recovery from drug abuse become productive members of their community by providing transitional housing and support. House of Hope is operated by Family Life Counseling. Currently, participants must have 30 days of demonstrated sobriety and be committed to sober living with like-minded persons. Located in Willard. Website: https://www.flcps.com/services-provided/house-of-hope

Miriam House is a Level 2 Recovery House that offers safe and stable housing to women and their children. Staff help residents identify issues that have contributed to their homelessness and promote recovery. Located in Norwalk. *Phone:* 419-668-3073

Reach Our Youth offers one-to-one mentoring, matching volunteer mentors with at-risk youth. The program serves youth ages 6 through 18 in Huron County. *Phone:* 419-66302525 ext. 1





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