# REFERRAL RESOURCE GUIDE

## **Hardin County**

## IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
24/7 Crisis, Info & Referral Hotline	Ohio Problem Gambling Helpline
800-567-4673	1-800-589-9966

## DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)	RAINN (Rape, Abuse & Incest National Network) 1-800-656-HOPE (4673) www.rainn.org
Ohio Domestic Violence Network 800-934-9840	Ohio Sexual Violence Helpline 1-844-644-6435

#### TREATMENT RESOURCES

## **Mental Health & Substance Use Disorder Treatment**

**Century Health** offers a full continuum of care including outpatient treatment, psychiatry, crisis intervention, community support, peer support, residential treatment and support, and criminal justice services. *Phone:* 419-425-5050 *Website:* <a href="http://www.centuryhealth.net">http://www.centuryhealth.net</a>

**C.H.O.I.C.E.S. Behavioral Health Care** is an agency providing Substance Abuse and Behavioral Health services to adults, youth and families in our community. Services include intensive outpatient programs, supportive recovery programs, Medication Assisted Treatment, community-based outpatient services. *Phone:* 567-242-5500 *Website:* <a href="mailto:choicesbhc.com">choicesbhc.com</a>

**Coleman Behavioral Health of Allen, Auglaize and Hardin counties (AAH)** provides behavioral health services to adults including psychiatry, crisis intervention, community support services, group/individual therapy, supportive housing, criminal justice services, diagnostic assessment, case management. *Phone:* 419-229-2222 *Website:* <a href="http://www.colemanservices.org/">http://www.colemanservices.org/</a>

**Cornerstone of Hope Lima** offers individual counseling, support groups and other support services. *Phone:* 419-581-9138 *Website:* <a href="https://www.cornerstoneofhopelima.org/">https://www.cornerstoneofhopelima.org/</a>

**Family Resource Center of Northwest Ohio** provides specialized behavioral health services to individuals, children and families in multi-cultural communities including assessment, individual/group counseling, Intensive Home-Based Treatment, crisis intervention, psychiatry, and case management. *Phone*: 419-679-1219 *Website*: <a href="http://frcohio.com/">http://frcohio.com/</a>



**Health Partners of Western Ohio** offers referral service and information, case management, intervention and assessments. *Phone:* 419-221-3072

**Hope Recovery Center** offers a safe place for individuals and/or families in need of help, such as peer counselor or access recovery support services. The center provides recovery coaching & support services, groups and Transitional and Recovery Housing assistance (based on availability) for individuals who are seeking recovery from addiction *Phone:* 419-679-1697

**Light the Way Christian Counseling Center** offers individual counseling. Play therapy for children, help for struggling parents, marital counseling, and family relationship issues. *Phone:* 419-679-8875

**Lima Urban Minority Alcoholism and Drug Abuse Outreach Programs (UMADAOP)** provides intensive outpatient program, outpatient program, afterschool prevention programs, Girls Empowerment Program, Circle for Re-Entry Ohio, recovery coaching. *Phone:* 419-222-4474 *Website:* <a href="http://www.limaumadaop.com/index.html">http://www.limaumadaop.com/index.html</a>

**Lutheran Social Services Network of Northwestern Ohio** provides the following services counseling for adults, children and families, domestic violence groups and counseling, substance abuse treatment, housing, intensive outpatient group, suboxone assisted recovery, survivors of suicide group and more. *Phone:* 419-243-9178 *Website:* <a href="https://www.lssnwo.org/">https://www.lssnwo.org/</a>

**Mental Health & Recovery Services Board** (Serving Allen, Auglaize and Hardin) engage local partners to educate, advocate, coordinate, and facilitate the programs, services, and supports needed for individuals, families, and communities *Phone*: 419-222-5120 *Website*: <a href="http://www.wecarepeople.org">http://www.wecarepeople.org</a>

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. <a href="www.theNationalCouncil.org">www.theNationalCouncil.org</a> (click on "Find a Provider")

**National Alliance on Mental Illness (NAMI) Information HelpLine** provides information and referral services. 1-800-950-NAMI (6264)

**Premier Care** provides a specialized treatment program for opioid dependent adults, ages 18 and over, who require physician-monitored methadone or suboxone treatment in addition to comprehensive counseling and crisis intervention services. *Phone:* 567-940-9803 *Website:* <a href="http://www.premiercare.org/">http://www.premiercare.org/</a>

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. *Phone*: 1-800-662-HELP (4357) *Website*: http://findtreatment.SAMHSA.gov

**St. Rita's Psychiatric Associates** offers behavioral health counseling and psychiatry services. *Phone:* 419-996-5033

**We Care Crisis Center** offers a crisis hotline, crisis counseling, screening and crisis intervention for children and adolescents, emergency diagnostic assessment. *Phone:* 1-800-567-HOPE (4673)

## **CHILDREN & YOUTH RESOURCES**

a. Emergency and Referral Services
National Runaway Safeline
1-800-621-4000

Child Focus, Inc. Crisis Line 513-528-7283



#### b. Children and Youth Mental Health & Substance Use Disorder Services

**National Youth Advocate Program** offers an array of Therapeutic and Family Foster Care services, community-based Behavioral Health services and Home-Based services. Additionally, NYAP espouses an innovative contracted child welfare program (Care Management), Emergency Shelter Care (ESC) Program, Group Home Program and more! *Phone:* 419-221-2821 *Website*: <a href="http://www.nyap.org/">http://www.nyap.org/</a>

**Specialized Alternatives for Families & Youth (SAFY)** provides a full continuum of services for youth in the child welfare and juvenile justice systems. Services include treatment foster care, adoption, emergency and runaway services, mental health services, in-home services, independent living, developmental disabilities services, juvenile offender programs, aftercare, special medical services and teen parent programs. *Phone:* 419-222-1527 *Website:* https://www.safy.org/

## **RESOURCES FOR SPECIAL POPULATIONS**

## Gay, Lesbian, Bisexual, Transgender Support Resources

<b>GLBT National Help Center</b>	Trevor Project Crisis Line - LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	<u>www.theTrevorProject.org</u>
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
<u>www.glnh.org/talkline</u>	

**Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues** Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <a href="https://advocatesforyouth.org/resources-tools/">https://advocatesforyouth.org/resources-tools/</a>

## **PFLAG**

1st Tuesday of the Month 6:00pm - 8:00pm PASS, 309 W. High St. Suite A Lima, Ohio 45801

## Safe Spaces: LGBT and Allies

2nd and 4th Tuesdays 6:00pm-8:00pm PASS, 309 W. High St. Suite A Lima, Ohio 45801

## **LGBTQ Cultural Friendly Providers**

## **Creating Hope Counseling**

Provider: Laurel Neufeld Weaver Phone: 419-600-0098 105 Vine Street, Bluffton, OH 45817

## **Mozaic: LGBT Youth and Allies - Lima**

1st, 2nd & 4th Tuesdays 6:00pm – 8:00pm PASS, 309 W. High St. Suite A, Lima, Ohio 45801

#### Mozaic: LGBT Youth and Allies - Wapakoneta

2nd & 4th Wednesdays 5:00pm - 7:00pm Coleman Professional Services, 16 E. Auglaize St., Wapakoneta, Ohio 45895 (Use rear entrance, orange door)

## **Personal Growth Counseling**

Provider: Rosalie Stluka, LISW Phone: 419-318-9903 1128 W. Market St., Lima, OH 45805

#### **Psychosocial Associates**

Provider: Barry M Beckman, PsyD Phone: 419-610-2461 200 North High Street, Columbus Grove, OH 45830



## **SELF-HELP RESOURCES AND GROUPS**

Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en US/find-aa-
<u>resources</u>

# Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

# Al-Anon Family Groups

www.al-anon.alateen.org

# Nar-Anon Family Groups

www.nar-anon.org/find-a-group

#### **OTHER RESOURCES**

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. <a href="https://www.findlaw.com">www.findlaw.com</a>

**Compassionate Friends:** support groups for who have lost a child. 3<sup>rd</sup> Tuesday of each month at 7 pm. *Phone:* 419-649-7496 *Website:* <a href="https://www.compassionatefriends.org/">https://www.compassionatefriends.org/</a>

**Emergency Choice Food Pantry**: 419-243-9178

**Financial Opportunity Center:** 419-475-3258

**Grief, Resiliency, and Surviving Suicides' Pain (GRASSP)**: support groups for those who have lost loved ones to suicide. 2<sup>nd</sup> Monday of each month 6:30 – 8:00 pm. 302 W. Franklin St. Kenton

**Hardin County Community Resource Directory**: <a href="https://hardinhealth.org/wp-content/uploads/2018/06/HardinCounty-ResourceManual-Final.pdf">https://hardinhealth.org/wp-content/uploads/2018/06/HardinCounty-ResourceManual-Final.pdf</a>

**Human Trafficking Coalition**: 419-243-9178

**PASS (Prevention Awareness Support Services),** serving the community through the Mental Health and Recovery Services Board of Allen, Auglaize, and Hardin Counties and the Mental Health and Recovery Board of Union County, PASS provides education, programming, and resource referral to critical issues. PASS supports evidence-based programs in each of the prevention focus areas of child abuse, alcohol and other drugs, mental illness, suicide and problem gambling. *Website:* <a href="https://www.passaah.org">www.passaah.org</a>

**SIEMER Homeless Prevention** (Toledo): 419-243-9178



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