REFERRAL RESOURCE GUIDE

Guernsey County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	Call or text 988
	Text 4HOPE to 741741
Allwell Crisis Hotline	Ohio Problem Gambling Helpline
1-800-344-5818	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line) Ohio Domestic Violence Network 800-934-9840	RAINN (Rape, Abuse & Incest National Network) 1-800-656-HOPE (4673) www.rainn.org Ohio Sexual Violence Helpline 1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Alcohol and Drug Services of Guernsey County offers diagnostic substance abuse treatment programs. They provide the treatment of addiction through three outpatient programs that vary in length but have an approximate duration of six months. They also offer an intensive outpatient program to clients with moderate to severe addiction issues; it has a duration of 12 weeks. They also offer a specialized program for opioid use disorder. *Phone:* 740-439-4532

Allwell Behavioral Health Services is a not-for-profit provider of comprehensive community mental health services in Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry counties. Services include clinical assessments, counseling, psychiatry, medication management, crisis intervention, housing and supported housing, peer support, and community psychiatric supportive treatment. *Phone:* 740-439-4428 *Website:* www.allwell.org

BreakThru Withdrawal Management is a substance use and/or abuse treatment service located within an acute care hospital. Clients who are in withdrawal from alcohol and/or drugs are medically stabilized and managed on a medical/surgical unit. *Phone:* 740-439-8720 *Website:* http://tritaniumsolutions.com/breakthru-medical-withdrawal-management.html

The Mental Health and Recovery Services Board is responsible for seeing that public mental health and alcohol/drug recovery services are available to the residents of Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties. *Phone:* 740-454-8557 *Website:* http://www.mhrs.org/



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

New Vision is an inpatient medical stabilization & withdrawal management service for adults with substance use disorders. *Phone:* 740-454-5680 *Website:* specialcarecorp.com/newvision

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline 1-800-621-4000

Mid-Ohio Behavioral Health, LLC offers diagnostic assessments for children, adolescents and adults, individual, group and family therapy, case management, Community Psychiatric Support Services, medication/pharmacological management. *Phone: 740-201-2324 Website:* http://www.midohiobh.com

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	www.theTrevorProject.org
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
www.glnh.org/talkline	

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

Columbus Chapter PFLAG

Phone: 614-302-6913

Email: pflagcolumbus@gmail.com Website: www.columbuspflag.org

Compass Counseling Group

Provider: Sandra Facemire Phone: 740-281-1497 5312 Walnut Road

Buckeye Lake, Ohio 43008



SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en US/find-aa-
<u>resources</u>
Al-Anon Family Groups
www.al-anon.alateen.org
Dual Recovery Anonymous
www.draonline.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

The following link will take you to a list of community resources available in Guernsey County including food and housing:

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