# REFERRAL RESOURCE GUIDE

Hamilton County

## IN AN EMERGENCY OR CRISIS

**For assistance in an emergency situation**
Dial 911

**National Suicide Prevention Lifeline**
1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)
Text 4HOPE to 741741

**Psychiatric Emergency Services**
513-584-8577

**Ohio Problem Gambling Helpline**
1-800-589-9966

**Mental Health Access Point 24/7 Hotline for mental health services/Crisis**
513-558-8888

**Recovery Health Access Center 24/7 Hotline for addiction services**
513-281-7422

## DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

**National Child Abuse Hotline**
1-800-4-A-CHILD (1-800-422-4453)

**National Sexual Assault Hotline**
1-800-656-HOPE (4673)

**National Domestic Violence Hotline**
1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

**RAINN** (Rape, Abuse & Incest National Network)
1-800-656-HOPE (4673)
www.rainn.org

**Ohio Domestic Violence Network**
800-934-9840

**Ohio Sexual Violence Helpline**
1-844-644-6435

**Women Helping Women (WHW)** prevents gender-based violence and empowers all survivors. WHW provides evidence-based prevention and expert crisis intervention and support services for survivors of dating violence, sexual violence, domestic violence and stalking in Hamilton and Butler, Ohio Counties. ***24/7 Hotline:*** 513-381-5610

## TREATMENT RESOURCES

### Mental Health & Substance Use Disorder Treatment

**Addiction Services Council** provides the following services for both adults and children: assessment, case management, crisis intervention, individual and group counseling, problem gambling treatment and referrals. *Phone:* 513-281-7880
*Website:* https://addictionservicescouncil.org

**Blueridge Vista Health and Wellness** provides adult and geriatric inpatient programs, case management, group and family therapy and a wide range of holistic therapies. Medication management, psychotherapy, recreational and art therapy. *Phone*: 513-841-3018
*Website:* www.blueridgevista.com

**Center for Addiction Treatment (CAT)** treats those with addictions to alcohol, drugs, and gambling. Services include assessment, case management, individual and group counseling, intensive outpatient treatment, medical somatic, Medication Assisted Treatment, Non-Medical Residential Treatment, peer support, problem gambling treatment, room and board. *Phone:* 513-381-6672 *Website:* http://catsober.org/

**Central Community Health Board** provides assessment, case management, individual and group counseling, intensive outpatient treatment, medical somatic, Medication Assisted Treatment and problem gambling treatment. *Phone:* 513-559-2000 *Website:* http://cchbinc.com/

**Central Clinic Behavioral Health** provides assessment, individual, group and couples/family counseling, psychological testing, case management, psychiatric medication services, culturally responsive services and more. *Phone:* 513-558-5801 *Website:* http://www.centralclinic.org/

**Crossroads Center** provides a full continuum of care for adults and adolescents (12 – 17 years) including assessment, case management, crisis intervention, individual, group and family counseling, intensive outpatient, residential treatment and prevention services. *Phone:* 513-475-5300 *Website:* http://www.thecrossroadscenter.org/

**First Step Home** provides services for women, including assessment, case management, crisis intervention, individual and group counseling, Medication Assisted Treatment, peer support, recovering housing, recovery support and room and board. *Phone:* 513-961-4663 *Website:* https://www.firststephome.org/

**GLAD House, Inc.** provides services for women, including assessment, case management, crisis intervention, individual and group counseling, Medication Assisted Treatment, peer support, recovering housing, recovery support and room and board. *Phone:* 513-961-4663 *Website:* https://www.firststephome.org/

**Greater Cincinnati Behavioral Health Services** provides services for transition-aged youth and adult, including assessment, individual and group counseling, mental health residential care, psychiatric diagnostic interview, residential support referrals and employment services. *Phone:* 513-354-7000 *Website:* https://www.gcbhs.com/

**Mental Health Access Point (MHAP)** exists as the front door to the Hamilton County public mental health system. MHAP, a division of Central Clinic, provides assessment, support, and connections for children and adults residing in Hamilton County who are in need of mental health services. MHAP operates a 24-Hour hotline to answer calls and connect consumers to appropriate services. Triage clinicians also lend support to callers who may be experiencing a mental health crisis and are in need of services. *Phone:* (513) 558-8888 *Website:* http://www.mentalhealthaccesspoint.org/

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

**Prospect House, Inc.** provides problem gambling treatment and non-medical residential community treatment. *Phone:* 513-921-1613 *Website:* https://prospect-house.org/

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

**Shelterhouse** offers the essentials – housing, help, hope – to people experiencing homelessness including housing, case management and referrals to medical and mental health care with their health partners. *Phone:* 513-562-1980 *Website:* http://shelterhousecincy.org/
**Talbert House** provides services to adults and children including assessment, case management, crisis intervention, individual and group counseling, intensive outpatient treatment, Medication Assisted Treatment, non-medical community residential treatment, peer support, problem gambling treatment, recovery supports and room and board.
*Phone:* 513-751-7747 *Website:* https://www.talberthouse.org/

**UMADAOP of Cincinnati, Inc.**'s mission is to create healthy communities in Hamilton County. In pursuit of this mission, UMADAOP utilizes evidence-based, cultural and age appropriate substance abuse prevention and treatment services to improve the quality of life for the residents of Hamilton County. *Phone:* 513-541-7099
*Website:* http://cincyumadaop.org/index.html

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

| National Runaway Safeline | St. Joseph Orphanage 24/7 Emergency Placement Program |
|---|---|
| 1-800-621-4000 | 513-427-6425 |

### b. Children, Youth & Family Mental Health & Substance Use Disorder Services

**Beech Acres Parenting Center** provides the following services for children and their families: assessment, individual and group therapy, community psychiatric supportive treatment, peer support, pharmacological management and prevention services.
*Phone:* 513-231-6630 *Website:* https://beechacres.org/

**Camelot Community Care** provides behavioral health and child welfare services. All of Camelot's services are community based focusing on helping the child in their home, school and the community. Services include assessment, case management, individual and group counseling and medical somatic. *Phone:* 513-961-5900
*Website:* www.camelotcommunitycare.org

**Lighthouse Youth and Family Services, Inc**. is an agency that provides early childhood services; behavioral health and psychiatric services; home-based services to families; services to youth engaged with the juvenile justice system; community residential treatment facilities; foster care and adoption; independent living services; and opportunities through education.
*Phone:* 513-221-3350 *Website:* https://www.lys.org/

**Pressley Ridge** uses trauma-sensitive approaches and family engagement models to provide the following services for youth and their family including foster care; community-based mental and behavioral health; residential treatment; and specialized education for both autistic and Deaf students, as well as alternative education for students with behavioral issues.
Phone: 513-559-1402 Website: https://www.pressleyridge.org/

**St. Aloysius** offers a continuum of carefully designed programs and services, all in the context of trauma-responsive care, including comprehensive assessment, early childhood services, day

treatment, specialized education, medication management, individual, group and family counseling, community psychiatric support treatment and school-based services. *Phone:* 513-242-7600 *Website:* https://www.stalschildren.org/

**St. Joseph Orphanage** is a comprehensive behavioral health and educational treatment agency that helps children and their families, including assessment (ages 3 – 22, walk-ins welcome), day treatment therapy program, pharmacological management, individual, group and family therapy with home, school and office-based settings, case management, specialized education, foster care and foster-to-adopt and more. *Phone:* 513-741-3100 *Website:* *https://stjosephorphanage.org/*

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

**GLBT National Help Center**
1-888-843-4564
www.glnh.org

**Trevor Project Crisis Line** – LGBTQ Youth
1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

**GLBT National Youth Talkline**
1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

**Trans Lifeline**
877-565-8860

**Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues**
Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

**Central Clinic Behavioral Health's Transgender Wellness Program (TWP)** is an innovative, culturally responsive program designed to provide mental health and supportive services to the transgender community. The program utilizes a multidisciplinary approach modeled after internationally recognized treatment guidelines, developed by the World Professional Association for Transgender Health (WPATH). Program staff members are licensed behavioral health professionals in the fields of psychiatry, psychology, social work, or counseling. *Phone:* 513-558-5801 *Website:* http://www.centralclinic.org/

## SELF-HELP RESOURCES AND GROUPS

*Find a time and location of a meeting.*

**Alcoholics Anonymous**
www.aa.org/pages/en_US/find-aa-resources

**Narcotics Anonymous**
1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

**National Domestic Violence Hotline**
www.al-anon.alateen.org/local-meetings

**Nar-Anon Family Groups**
www.nar-anon.org/find-a-group

**Dual Recovery Anonymous**
www.draonline.org

## OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

**Excel Development Co., Inc.** supports those with severe mental illness and their families with housing support including rental subsidies. *Phone:* 513-632-7149 *Website:* http://exceldev.org/

**The Freestore Foodbank** is the largest emergency food and services provider to children and families in Greater Cincinnati, Northern Kentucky and Southeast Indiana. *Phone:* 513-482-4500 *Website:* https://freestorefoodbank.org/

**GLAD House** is a certified mental health and alcohol and drug prevention agency that works with high-risk youth who have been impacted emotionally and behaviorally by a family member with an addiction. *Phone:* 513-641-5530 *Website:* https://www.gladhouse.org/

**IKRON** (Integration of Knowledge and Resources for Occupational Needs) provides integrated quality behavioral health services to the greater Cincinnati Area. Services that are available at IKRON include employment services, support services, youth services, and peer services. *Phone:* 513-621-1117 *Website:* https://cincinnati.ikron.org/

**Mental Health America of No. KY & SW Ohio** is a private, non-profit organization serving individuals, families, professionals, lay persons, and communities in Northern Kentucky and Southwest Ohio. Services include peer recovery services, referral and information services, supplemental behavioral health, and mental health education, screening and support groups. *Phone:* 513-721-2910 *Website:* https://www.mhankyswoh.org/Home

**PreventionFIRST!** provides a variety of prevention services such as prevention community-based process and problem gambling prevention. *Phone:* 513-751-8000 *Website:* https://www.prevention-first.org/

**The Recovery Center of Hamilton County** is a Peer Run Organization that supports residents of Hamilton County (Ohio) who are working on their recovery from mental health disorders. *Phone:* 513-241-1411 *Website:* https://www.recoverycenterhc.org/

**The Salvation Army** provides emergency shelter to Hamilton County residents. *Phone:* 513-762-5600 *Website:* https://swo.salvationarmy.org/

**Tender Mercies** provides housing and supportive services for homeless adults with the histories of severe mental illness. *Phone:* 513-721-8666 *Website:* https://www.tendermerciesinc.org/

Mental Health Awareness Project

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