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Scytel: A New Old English Word for 'Penis'

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Abstract: In this paper, I examine the Old English word *scytel*, which appears in the Old English Medicina de quadrupedibus. I argue that, contrary to definitions offered in current Old English lexical aids, scytel does not mean 'dung', but rather 'penis'. In the Medicina de quadrupedibus, OE scytel translates Lat. moium (from Greek μοιόν) 'penis'. I begin by tracing the development of the definition/s of *scytel* in the lexicographic tradition (Sections 1.1 and 1.2) and in editions of the Medicina de quadrupedibus (Section 1.3). Starting with Bosworth-Toller (1882–1898), scytel (1) was defined as 'dung', apparently on the misperception of an etymological relationship between scytel (1) and Old English scitta, n. 'shit'. Section 2 offers a discussion of the manuscripts containing the Old English Medicina de quadrupedibus and its Latin source text, and Section 3 contains a discussion of the two relevant recipes that contain OE scytel (1). In Section 4.1 I show that, in fact, scytel (1) cannot be etymologically related to any scit-/scīt- 'shit' words in Old English, as the two derive from separate Germanic (Gmc.) and Proto-Indo-European (PIE) roots. In Section 4.2, I argue that the scribe of the manuscripts containing scytel could not have written a non-etymological <y> for /i/, which eliminates the possibility that scytel is connected to scit-/scīt- 'shit'. It becomes clear, as demonstrated in Section 4.3, that scytel (1) 'penis' and scytel (2) 'dart' can be reconciled as a single dictionary entry, with 'penis' as a metaphorical extension of 'dart'. I demonstrate in Section 4.4 that, from a cross-linguistic perspective, 'dart' > 'penis' is a wellattested semantic shift. Ultimately, it is clear that the Old English translator/s of the Medicina de quadrupedibus correctly translated the rare Latin word for 'penis' they encountered in the source text.

1 Introduction

In this research, I subject three related entries in Joseph Bosworth and T. Northcote Toller's *An Anglo-Saxon Dictionary* (hereafter BT) to a philological reassessment – *scytel* (1) 'dung', *scytel* (2) 'dart', and *scyttel*, *scytel* (3) 'bar, bolt' – to

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demonstrate that scytel (1) 'dung' is incorrectly defined in the dictionary and in all lexical aids that draw their definitions from BT. While lemma (1) is defined incorrectly as 'dung', lemmata (2) and (3) are still correct. Scytel (1) occurs only twice in the extant Old English records, both times in the Old English Medicina de quadrupedibus, where it translates the Latin word moium (from Greek μοιόν) 'penis'. The Anglo-Saxon translator/s of the Medicina de quadrupedibus was/were proficient and consistent in his/their translations of technical Latin anatomical, physiological, and therapeutic terms, and the translation of moium 'penis' as scytel is no exception. The technical expertise shown by the translator/s of the Medicina de quadrupedibus fits well with the current scholarly thinking on the high level of Latin medical literacy of the compilers and translators of Anglo-Saxon medical works.1

1.1 The Major Reference Work: Bosworth-Toller, An Anglo-Saxon Dictionary

BT, as most readers know, is a work that has gained its current form through the efforts of a number of scholars over a period of centuries. As it stands now, BT is composed of a revised edition published from 1882–1898, which is based on Bosworth's 1849 Compendious Anglo-Saxon and English Dictionary (itself based on Bosworth's 1838 dictionary and grammar) which, along with Bosworth's papers and notes, were scrupulously compiled, revised, and substantially increased by T. Northcote Toller after Bosworth's death in 1876. BT is now accompanied by a separate supplement written by Toller, published in 1921, and an enlarged supplement complete with addenda and corrigenda by Alistair Campbell, published in 1972. This much is generally known.

What is less well known is that the material published in the 1882–1898 dictionary is rather less indebted to Bosworth than we typically assume. First, Bosworth passed away before completing even the first eight letters of the alphabet of the 'new' dictionary (his 1838 and 1849 efforts at a dictionary being much maligned by contemporary reviewers), leaving to Toller the messy task of compiling *H* to *Y* from his notes.² Bosworth's early dictionaries relied heavily on what had been the standard dictionary until his own time, namely, Edward Lye's Dictionarium Saxonico et Gothico-Latinum, edited by Owen Manning and pub-

¹ Kesling (2016); Doyle (2017).

² I rely on Baker (2003) for details on the construction of An Anglo-Saxon Dictionary.

lished in 1772 (hereafter Lye-Manning). Many of the entries of Bosworth 1838 are translations into English of Lye's Latin definitions of Old English words. Availability of editions such as Kemble's Beowulf (1833-1837) and Thorpe's Cædmon (1832) in the early nineteenth century – not to mention the proliferation of the new science of Comparative Philology – meant that when Toller took over the gargantuan task of remaking the dictionary upon Bosworth's death in 1876, he had far more resources at hand than Bosworth had; and predictably, the definitions that were printed under Toller's imprimatur were, in many cases, significantly different from what was published in Bosworth (1838; 1849).

1.2 The scytel lemma(ta) in Bosworth-Toller

It is useful to trace the evolution of the entry that became scytel (1) 'dung' in the 1882–1898 BT. For some reason, the definition of scytel (1) in Lye-Manning (1772) and in Bosworth (1838; 1849) is closer to the meaning I will offer, Toller, however, seems to have changed the definition to something less correct in BT (1882–1898). In Lye-Manning (1772) – and adopted wholesale and translated into English by Bosworth (1838; 1849) – there is only one lemma whose headword is scytel, and the definition provided is "a moment: momentum, testiculus, Med. ex. Quadr. 2.10".3 This single textual reference is to one of the two recipes examined below in Section 3.4 In BT (1882–1898), Toller has expanded what was one entry in Bosworth (1838; 1849) to three entries with the headword scytel, namely scytel (1), (2), and (3) described above. The definition 'testiculus' for scytel in Lye-Manning (1772) and Bosworth (1838) is not readily explicable, for testicles do not appear as an ingredient in either of the two recipes of the Medicina de quadrupedibus that

³ For scytel glossed as "momentum", see Pheifer (1974: 101). A reviewer helpfully supplied the following details: Lye-Manning based their definition of scytel "momentum: a moment" on an earlier lexical resource, Somner's Dictionario Saxonico-Latino-Anglicum (1659). Lye-Manning seem to have misinterpreted momentum as 'moment', when in fact, momentum in the text from which the Épinal-Erfurt gloss comes refers to the 'lever or beam of a balance' (literally: 'that which moves'). Somner, in turn, probably took his definition of scytel, "ut scutel, momentum", from the Corpus or Cleopatra Glossaries.

⁴ The issue of the total number of occurrences of scytel (1), (2), and (3) and its variants is treated below in Section 4.3. Suffice to say here that out of all occurrences recorded in the DOEC, all but one are either scytel (2) 'dart' or scytel (3) 'bar, bolt'. In fact, there are two occurrences of scytel (1) in the Old English corpus if one takes into account all manuscript witnesses of the Old English Herbarium. The DOEC does not include the manuscript London, British Library, Hatton 76 bearing the second instance of scytel (1).

contain the word *scytel*, either in the Old English translations nor in the relevant recipes in any Latin manuscript.⁵

The most likely explanation for Lye-Manning's interpretation of *scytel* as 'testiculus' is that Lye-Manning made an educated guess based on the context of the ingredients in the remedy: what Lye-Manning and Bosworth call "*Med. ex Quadr.* 2.10" (De Vriend 1984: *Medicina de quadrupedibus* III.14; see Section 3) is an aphrodisiac remedy. This remedy follows another aphrodisiac remedy that calls for *sceallan* 'testicles' as the primary ingredient – and here, Lye-Manning correctly identify *sceallan* as 'testicles'. Thus, it seems reasonable to think Lye-Manning understood *scytel* to mean 'testicles' in a remedy that immediately follows, and which purports to treat the same medical condition (i.e., to effect sexual arousal). At any rate, no other explanation seems likely.

By the time Toller edited and revised Bosworth's dictionary for the 1882–1898 printings, 'testiculus' was no longer part of the definition, nor was 'momentum'; they were replaced by separate entries for *scytel* 'dung', *scytel* 'dart', and *scyttel* 'bolt'. Unlike Bosworth and Lye-Manning, Toller had access to the more mature writings of the Comparativists such as Eduard Sievers, whose work allowed for lists of true cognates, that is, meaningful lexical comparanda amongst the Germanic languages. And by the time of the publication of the final volume of the revised dictionary, much work had been done in the field to establish the principles of the regularity of sound change. This knowledge, along with the spelling variants for *scytel* provided in BT (1882–1898), provides a window into Toller's thinking concerning these three entries. For *scytel* (1) 'dung', Toller gives the variant *scitel* with an <i>, and for *scytel* (2) 'dart', he gives the variant of *scutel* with an <u>. Finally, for *scyttel* (3) he gives the variant *scytel*, and defines it as a 'bolt' (which is also an available definition of *scytel* (2)).6

⁵ See Section 2 below for a discussion of the manuscripts containing the Old English *Medicina de quadrupedibus* and its Latin source text, and Section 3 for a discussion of the two relevant recipes that contain OE *scytel* (1).

⁶ Whether independently or not, Clark Hall-Meritt (1960) comes to similar conclusions about scytel (1) and scytel (2) as BT, though they split BT's scytel (3) off as a separate entry. Clark Hall-Meritt offer two subdefinitions for scytel: The first subdefinition indicates an underlying form scutel, and is defined as 'dart, arrow', and 'tongue of a balance' from the Erfurt glossary (this must refer to momentum). The definition 'tongue of a balance', as one reviewer pointed out, must come from Du Cange (1883), part of whose definition of momentum is 'languette de balance'. The second subdefinition indicates an underlying form scitel (a form that is not attested) and is defined as 'excrement'. Clark Hall-Meritt construct a separate entry for scyttel, scyttels 'bar, bolt' (BT scytel (3)), presumably on the perception of a separate form, e.g., the preponderance of geminate -tt- and the -els variant form, as well as separate semantics. This particular construction has some merit, as I discuss in Section 4.3 below.

The variant spellings that Toller provides for (1) and (2) are revealing. Specifically, the scitel spelling of scytel (1) 'dung' clarifies Toller's connection of scytel (1) to Old English words with the roots scit-/-scīt-, which appear in bescītan, v. 'to shit' and scitta, n. 'shit'; moreover, as Toller must have known, OE scit/-scīt- 'shit' has many Germanic cognates (e.g., Present-Day German Scheiße, Icelandic skít). However, as I point out below, for etymological and phonological reasons, scytel cannot be a variant of scitel (nor does the word scitel actually appear in the surviving sources of Old English, as far as I can tell), and scytel is not etymologically related to the Germanic words for 'shit'. The reasoning behind the variant scutel provided for scytel (2) 'dart' is less clear, unless he perhaps assumed an i-mutated /u/ that connected the Old English word to ON skutill 'harpoon' and OHG scozila 'harpoon, missile/projectile'; which is true, etymologically speaking, but which does not exist in the Old English textual record as such (the closest is scutil in the Cleopatra Glossary).⁷ At this point, it is enough to say that Toller perceived a connection between scytel (1) and a nonexistent *scitel (or at least, a form which does not survive in the records), which justified his definition of scytel (1) as 'dung'.

1.3 OE scytel in Editions of the Medicina de quadrupedibus

Toller is not the only one to have perceived a connection between scytel (1) and OE scit/-scīt-. In fact, the first time that scytel is defined as 'dung' is in T. O. Cockayne's idiosyncratic translations (1864–1866) of the Old English medical texts – including the Medicina de quadrupedibus, the only text to contain scytel (1). Cockayne, a close contemporary of Bosworth, working in the mid- to late-nineteenth century, was also unable to benefit from the discoveries of the Comparativists and their method of establishing reliable cognates. Always fascinated by the arcane, Cockayne translated the Old English medical texts using as many perceived cognates – including false friends – as he could find. The result was at the time and remains to this day a difficult to read, archaizing, and slightly ludicrous set of translations (see Van Arsdall 2002). Despite the drawbacks of Cockayne's translations, they were for more than a century the only modern translations of the often obscure medical language of the Old English medical texts, and philologists have drawn consistently from Cockayne's translations. It is possible that Cockayne's translation influenced Toller in his revised editions of BT (1882–1898).

⁷ I discuss the etymologies of scytel and related forms in Section 4.1 below, and I analyze the variant forms of scytel in Section 4.3.

They may have also arrived at similar results independently. In the latest critical edition of the *Medicina de quadrupedibus*, editor De Vriend defines *scytel* as 'dung' in his glossary, presumably on the basis of BT (1882–1898) and Cockayne (1864–1866). Unlike any of the previous philologists mentioned here, De Vriend knew that *scytel* translated Latin *moium* and claimed that the Old English translator had made a mistake.⁸

2 The Textual Sources: The Herbarium and the Medicina de quadrupedibus

The Old English *Medicina de quadrupedibus* can be considered a component treatise of the *Old English Herbarium*. The *Old English Herbarium* is a translation of a Latin version of the *Enlarged Herbarium*. Like its Old English translation, the *Enlarged Herbarium* contains a number of once-distinct medical treatises that began to travel together as a medical compendium, probably by the beginning of the fifth century. The central treatise of the *Enlarged Herbarium* is a relatively long work by a Pseudo-Apuleius on the healing properties of plants, usually containing approximately 130 chapters, called in scholarship the *Herbarius*. Early in its existence, the *Herbarius* developed into separate versions, which gave rise to at least three recensions: α , β , γ . To each of the recensions was appended a treatise by Pseudo-Dioscorides: to the α -class manuscripts, the *Curae herbarum* of Pseudo-Dioscorides was attached, while a separate Pseudo-Dioscoridean treatise, the *Liber medicinae ex herbis femininis*, attached to the β -class manuscripts. With the

⁸ De Vriend (1984: 331) in his Explanatory Notes explains that "*Moium* (= *mugium* in [*Medicina de quadrupedibus* XII.13] means 'penis'; see Souter 1949). The Anglo-Saxon translator did not know the word, mistranslated it and also misinterpreted the last clause, thus giving the cure the appearance of being out of place in the context".

⁹ The component treatises of the Latin *Enlarged Herbarium* and their individual transmission histories are treated most usefully in Collins (2000), particularly at pp. 154–167. For a discussion of how the Old English *Enlarged Herbarium* fits into the wider manuscript context of the Latin *Enlarged Herbarium*, see Collins (2000: 148–238, esp. 179–196). De Vriend (1984: xlv–lx) describes in detail the interrelationships of the Latin source texts and the translations into the *Old English Herbarium* and the *Medicina de quadrupedibus*.

¹⁰ These recensions were first identified by Howald and Sigerist (1927) and have been widely accepted since then. The only minor revision to the recensions (mostly the α -recension) has been carried out by Grape-Albers (1977). Her work is based entirely on illustrations and is less useful for elucidating the relationships of manuscripts in terms of contents, i.e., component treatises, chapters, recipes, and origins or transmission of treatises and chapters.

 α - and β -recensions traveled a treatise by Sextus Placitus Papyriensis called the Liber medicinae ex animalibus. 11 The Liber medicinae ex animalibus also has two versions, namely, the A-version, which typically travels in manuscripts containing an α -class *Herbarius*, and the longer B-version, which typically travels in manuscripts containing a β-class *Herbarius*. ¹²

The Old English Herbarium, surviving in four manuscripts, 13 is a translation of an α -class Herbarius and an A-class Liber medicinae ex animalibus. It also contains De taxone and De moro.14 It is unusual that the Old English Herbarium contains recipes from both of the Dioscoridean treatises, the Curae herbarum and the Liber medicinae ex herbis femininis (Hofstetter 1983). At this time, no other manuscripts of the Herbarium have been identified as containing both Dioscoridean treatises, whether in the same combination of chapters as the Old English Herbarium or in some other combination. In scholarship on the Old English Herbarium, all the treatises in the animal medicine section are collectively referred to as the Medicina de quadrupedibus, a title bestowed on it by Cockayne. It is important to note that the four manuscripts of the Old English Medicina de quadrupedibus are independent witnesses of a single Latin to Old English transla-

¹¹ The Liber medicinae ex animalibus was probably written in the fifth century and appended to the growing Herbarium by the early sixth century; see Collins (2000: 166), De Vriend (1984: lxiilxiii).

¹² Two minor treatises that often appear with the Liber medicinae ex animalibus are an anonymous treatise on the badger (sometimes called *De taxone*; often prefaced by *Epistula ad Marcelli*num, a dedicatory epistle of obscure origin) and, more rarely, an anonymous treatise on the mulberry (sometimes called *De moro*). Although *De moro* contains remedies derived from plant material, the treatise has been placed with the animal medicine material, after the Epistula and De taxone, but before the Liber medicinae ex animalibus. De Vriend (1984: lxiv) believes that De moro was placed there by mistake.

^{13 (1)} London, British Library, Harley 585 (s. x ex. or xi in.), Ker (1957: no. 231), Gneuss and Lapidge (2014: no. 421), Beccaria (1956: no. 75); (2) London, British Library, Cotton Vitellius C.iii (s. xi¹ or xi med.), Ker (1957: no. 219), Gneuss and Lapidge (2014: no. 402), Beccaria (1956: no. 74); (3) Oxford, Bodleian Library, Hatton 76 (s. xi med.), Ker (1957: no. 328), Gneuss and Lapidge (2014: no. 633), Beccaria (1956: no. 85). Manuscript (4) is much later and as such is not included in most catalogues: London, British Library, Harley 6258B (s. xii ex.-xiii in.), not included as a catalogue entry in Ker (1957) (though it is mentioned on p. xix), Gneuss and Lapidge (2014), or in Beccaria (1956). A complete description of Harley 6258B can be found in Doane (1994). A complete description of each of these manuscripts and their interrelationships can be found in De Vriend (1984: xi-xliv).

¹⁴ In the Latin as in the Old English manuscripts of the Herbarium, there is typically no visible differentiation amongst the various treatises except one: that the plant medicines (Herbarius and Curae herbarum or Liber medicinae ex herbis femininis or all three) are separated from the animal medicines (Liber medicinae ex animalibus, and if they are included, the Epistula ad Marcellinum, De taxone, and De moro).

tion (i.e., they are copies of the same Old English exemplar), and no one manuscript can be based on another (De Vriend 1984: xliii).

The exact Latin exemplar of the Old English translation of the *Medicina de* quadrupedibus is unknown. Even so, we can compare the Old English translation of the Medicina de quadrupedibus to a certain group of Latin manuscripts with little trouble. The Old English translation present in all four manuscript copies is very similar to the South Italian Group of α -class manuscripts. The best text of this group of three manuscripts is Lucca, Biblioteca Governativa, no. 296 (Beccaria 1956: no. 91), and it is this manuscript that bears the strongest linguistic and textual relationship to the Old English translation in the Medicina de quadrupedibus. Lucca 296 is collated in Howald and Sigerist's 1927 edition of the Latin Herbarium, and De Vriend provides the Latin text of the Liber medicinae ex animalibus of Lucca 296 as a parallel text in his edition of the Medicina de quadrupedibus for the sake of comparing the Old English translation to it. 15 Moreover, the Liber medicinae ex animalibus of Lucca 296 does not disagree in any way with readings from other A-class manuscripts collated in Howald and Sigerist (1927) for any recipes discussed in this paper. Therefore, to the best of our knowledge there is no meaningful difference between the Old English translator's Latin exemplar and the Latin text that I include here.

The Old English Medicina de quadrupedibus, with fourteen chapters on medicines derived from fourteen animals, contains the two occurrences of the word scytel that I analyze in this research. I use the chapter and recipe numbering of the Medicina de quadrupedibus from De Vriend (1984). The Latin text of Liber medicinae ex animalibus (source text of twelve of the fourteen chapters of the Medicina de quadrupedibus, including those chapters that contain the word scytel) comes from Howald and Sigerist (1927) and follows their chapter and recipe numbering.

3 Remedies of the *Medicina de quadrupedibus* Containing the Word scytel

The word scytel appears in two recipes in the Medicina de quadrupedibus: III.14, from the chapter on the stag, and XII.13, from the chapter on the bull.16 In each

¹⁵ See De Vriend (1984: liv-lv) for his explanation of which Latin manuscripts he chooses as parallel text for which sections of the Herbarium and Medicina de quadrupedibus.

¹⁶ Recipe III.14 is omitted in Cotton Vitellius C.iii, but it is present in the other three manuscripts (Harley 585, Hatton 76, and Harley 6258B). Recipe XII.13 is present in Cotton Vitellius C.iii, but is

instance, scytel is a translation of Lat. moium (or its spelling variant mugium) from the source text.17

In the first recipe, III.14, the first words are *Wið þæt ilce* 'for the same', which refers to the previous recipe that claims to 'arouse [the recipient of the medicament] for sex' (Wifgemanan to aweccanne, from Lat. Ad concubitum excitandum). Thus, the recipe that contains *scytel* is meant as an aphrodisiac:

III.14 On the stag

Wið þæt ilce nim heortes scytel 7 cnoca to duste, do on wines drync, hit hæleð þæt ilce.18

'For that same [condition], take a stag's scytel and grind [it] to powder, put [it] in a drink of wine, it will heal the same [condition]'.19

Item moium eius tritum et potui sumptum idem facit ad quod supra.²⁰

'In the same way, its penis ground up and taken as a drink does the same thing as the above'.

The underlying logic of the *Medicina de quadrupedibus* is often 'like treats like' or 'sympathetic medicine', to borrow a folklorist's term.²¹ In other words, natural

missing from Hatton 76, Harley 585, and Harley 6258B. Both Harley 585 and Harley 6258B contain imperfect copies of the Medicina de quadrupedibus; Harley 585 includes only De taxone, De moro, and the first four chapters of Liber medicinae ex animalibus, and Harely 6258B contains only De taxone, De moro, and the first 12 chapters of Liber medicinae ex animalibus, with only four recipes in Ch. 12, which for this MS is the chapter on the bull. Hatton 76 is missing 2 or 3 folios at the end of the Medicina de quadrupedibus text; these were physically cut from the codex sometime after its binding, and these folios would most likely have contained the remaining chapters of the text, and the relevant recipe from the chapter on the bull. The total number of occurrences of scytel in the manuscripts is four, with one occurrence in each manuscript. However, the DOEC lists only one occurrence of scytel in the Medicina de quadrupedibus, the one found in Cotton Vitellius C.iii, XII.13.

- 17 For details on the textual survival of *moium*, see n. 27.
- 18 This reading is from Hatton 76. Harley 6258B is essentially the same, with only minor spelling variations: (marginalia: Item ad idem) Wið þæt ilce nim heortes scytel 7 cnoca to duste, do on wines drinc, hit haleð þat ylce (De Vriend 1984: III.14).
- 19 Translations from Old English and Latin are my own.
- **20** The Latin text is from Howald and Sigerist (1927: 237, col. *a*, 1. 59–60).
- 21 The 'like treats like'-principle, sometimes called 'sympathetic medicine' or 'sympathetic magic', is a way of conceptualizing the 'logic' of medico-magical remedies popularized by J. G. Frazer's (1906-1915), The Golden Bough. The term, though borrowed, is a useful one, as sympathetic medico-magic is apparent in greater and lesser degrees in much early medieval medicine. This is particularly true of medical treatises derived from Pliny's Natural History, such as the Liber medicinae ex animalibus (the Old English translation of which makes up the bulk of

materials (plant, animal, and mineral products) are believed to have a particular 'power' (Lat. *virtus*, OE *mægen*),²² and those powers are exploited to treat the condition to which there is a perceived affinity or correspondence. Thus medicines in the *Medicina de quadrupedibus* that purport to treat sexual dysfunction have a high probability of containing an animal's sexual organ;²³ examples include recipe III.14 above, as well as III.13, which uses stag's testicles as the primary ingredient for *Wifgemanan to aweccanne*, 'arouse [the recipient of the medicament] for sex'.

The logic of sympathetic magic seems not to apply in the next recipe that contains *scytel*, however; or if it does apply, it does so in a manner less apparent to the modern reader. In XII.13, from the chapter on the bull, *scytel* is the primary ingredient for what appears to be a facial cosmetic:²⁴

XII.13 On the bull

Gyf þu wylle don beorhtne andwlitan, nim fearres **scytel**, cnuca 7 bryt 7 gnid swiðe smale on eced, smyre mid þone andwlatan, ðonne byð he beorht.

'If you want to have a clear face, take a bull's *scytel*, pound and crush and rub [it] very small in vinegar, smear the face with it, then it will be clear'.

Ut splendidam faciem facias, **mugium** tauri in aceto maceratum et contritum, illitum, splendidam faciem facit.²⁵

'In order to make your face shine, the penis of a bull in vinegar soaked and ground together, smeared, makes a shining face'.

the *Medicina de quadrupedibus*). Unfortunately, not much has been written on magic in Pliny; see, e.g., the lack of any treatment of magic in the otherwise excellent volume by French and Greenaway (1986).

²² The powers of medicinal herbs and early medieval people's reverence for those powers is usefully discussed in Dendle (2008), particularly at pp. 54–57. The powers, or potency, of herbs is in the medieval mindset undifferentiated from divine potency, say, of the sacrament, with one exception; in Dendle's words: "plants, stones, and certain exotic animals stand out in one crucial respect: unlike the other created beings, the divine energy locked within them can be predictably and systematically teased out" (2008: 54).

²³ Whence also, we suspect, Lye-Manning's interpretation of *scytel* as 'testiculus'. See Section 1.3 above.

²⁴ There are a number of remedies in the *Medicina de quadrupedibus* that may be understood as cosmetics, in that they specifically address spots or blemishes on the face. These use varied primary ingredients, though a common ingredient is bile (e.g., VI.6: *Wið dropfagum andwlatan, wudubucan geallan* [...]' For a spotty face, wood buck gall [...]').

²⁵ Howald and Sigerist (1927: 269, col. *a*, l. 48–50).

In III.14, scytel translates moium, a Latin borrowing from Greek μοιόν (meaning 'male genitalia': Souter 1949, s.y. moium). The form of the word in XII.13 is mugium; spelling variants include muium, likely a matter of orthography, and mugillum, likely a diminutive.26 The Thesaurus linguae Latinae defines moium as "pars verenda animalium" ('the sexual part of animals'), with the possible derivative of mugillum "parva mentula" ('little penis'). In both Latin and Greek dictionaries, *moium*/μοιόν is difficult to find.²⁷ The only known survivals of the Latin form of the word come from three texts. The first is the Liber medicinae ex animalibus (the main Latin source text for the Medicina de quadrupedibus), already discussed. The second is the anonymous Mulomedicina Chironis, a treatise of veterinary medicine roughly contemporaneous with the composition of the Liber medicinae ex animalibus (c. fifth century).28 In both the Mulomedicina and Liber medicinae ex animalibus, the word refers to the sexual organ of a hoofed animal (a horse in the Mulomedicina and a stag and a bull in the Liber medicinae ex animalibus). There is a possible survival of Lat. moium in a late-tenth-century Bamberg medical manuscript as well (Bamberg, Staatsbibliothek, Msc. med. 2; old shelfmark: L.III, 6), though the spelling *muiabulum* is somewhat dissimilar.²⁹ In this manuscript, too, the word refers to the penis of a bull as a medical ingredient: Muiabulum taurinum cumbure tritum 'burn the bull penis, ground up' (Jörimann 1925: 77).

²⁶ In a private correspondence with J. N. Adams, K. D. Fischer suggested that mugium should be amended to muium (Adams 1995: 420).

²⁷ Only two Latin lexical aids mention Lat. moium or any of its variants, namely, Souter (1949) and Thesaurus linguae Latinae (1900 - [in progress]). For Greek, only Liddell and Scott (1940) include μοιόν, who define it as "= αἰδοῖον" 'genitals'. Liddell and Scott list a single attestation of μοιόν, found in Herodianus. The passage of Herodianus it survives in does not provide any context clues for its meaning or use beyond what Liddell and Scott include, as it is only part of a discourse on pronunciation: "ἣ καὶ θηλυκῶς λέγεται, μοιόν τὸ αἰδοῖον" 'which, for the female, is said μοιόν "genitalia" (Lentz 1867: I, 376). Neither the word *moium* nor any of its variant forms appear in Goetz's wide-ranging Corpus glossariorum Latinorum, which includes the glossae collectae and glosses that might be expected to contain such a word, such as the so-called Hermeneumata. The apparent rareness of *moium*/μοιόν is only part of the difficulty in uncovering the meaning and textual occurrences of both Greek and Latin words; there is also the difficulty of dictionarymakers' reticence regarding words belonging to sex-related lexical sets. For this problem in Old English dictionaries, see Christiansen (2015).

²⁸ Oder (1901: 108–109); Adams (1995: 421).

²⁹ This manuscript, which contains Gynaeciorum epitome of Theodorus Priscianus, De pessis of Psuedo-Cleopatra, Cura omnium causarum matricis, among other treatises, is available as highquality images through the Kaiser-Heinrich-Bibliothek, in partnership with the Bamberg Staatsbibliothek: http://bsbsbb.bsb.lrz.de/~db/0000/sbb00000138/images/index.html.

Certainly, there is not much evidence for the survival of Lat. *moium* or any of its variants in the textual record. Where it does appear in late Antique texts, *moium* consistently refers to the penis of a large quadruped, specifically that of a bull or stag. It may be that the word bore the specific lexical meaning of 'penis of a quadruped'. But it is equally likely that *moium* had a broader meaning and referred to a kind of mammalian penis (the kind that emerges from a preputial sheath during mating), or, more broadly yet, it may have been just a word – crude or neutral – for 'penis' that happens to survive in the textual record in reference to the penis of a bull or deer. Without further contextual evidence for the use of Lat. *moium*, it is impossible to make any specific claims about its connotative use. Nor can we know with any precision what the Anglo-Saxon reader-translator who encountered it thought it meant. But the fact that *scytel* – a word that compositionally means 'that which shoots out' – translates *moium*, a word for 'penis', means that the Anglo-Saxon translator, at least, did not assume that it meant 'kidney' or 'fat' or any other easily recognizable organ or substance.

4 Lexical Semantics of OE scytel

Contrary to Toller and Cockayne's understanding, it is unlikely that *scytel* means 'shit'. First of all, there is no etymological, formal, or semantic relationship between the two Old English roots, *scit-/scīt-* (from Gmc. ablaut forms **skit-/*skīt-*< zero-grade and e-grade PIE *(*s*)kei-d-)³0 and *scyt-/scēot-* (from Gmc. ablaut forms **skut-/*skeut-* < zero-grade and e-grade PIE *(*s*)keu-d-). The diachronic development of *scytel* from Proto-Indo-European through Germanic with two distinct reconstructed etyma and the synchronic usage of *scytel* in the Old English period (which clearly shows its relationship to fast-moving projectiles), demonstrates a salient difference between *scit-* words and *scyt-* words in Old English. I also demonstrate that the so-called 'confusion' between <i> and <y> in phonology and in writing practice is both more limited in late West Saxon than is usually recognized and not applicable in the case of *scytel*; in other words, *scytel* cannot be a 'mistaken' spelling for the unattested **scitel* 'shit'.

In the following section, I lay out the argument for *scytel* (1) as a word for 'penis' rather than 'shit'. The argument begins with the lexical semantics of *scytel* (1) reconstructed through diachronic and synchronic analyses. I then assess the

³⁰ The writing of *(s) in *(s) kei-d- and *(s) kei-d- is a representation of the so-called 's-mobile', a fairly common Indo-European phenomenon that appears inexplicably sometimes in word-initial position, and thus occurs in some reflexes and not in others. It is a purely formal structure, and does not seem to have lexical or semantic function (Southern 1999: passim).

phonology and orthography of scytel (1) in its manuscript context, and finally proceed to the cross-linguistic analogues which demonstrate that, based on the semantic sources of words for 'penis' in other Indo-European languages, 'that which shoots (out)' is a much more likely source for a 'penis' word than a 'shit' word.

4.1 The Proto-Indo-European and Germanic Evidence for OE scytel vs. the Old English 'Shit' Words

An etymological examination demonstrates that OE scytel is not derived from the same Proto-Indo-European etymon as the Old English words with the 'shit' meaning (OE scitta, n., bescītan, v., etc.). OE scytel comes most immediately from Gmc. *skutilaz, a noun formation with the suffix *-la-. The Gmc. *-la- suffix becomes the -el/-il family of deverbal suffixes in Old English, which accounts for the -el of scytel.³¹ Two other languages also have reflexes from Gmc. *skutilaz, namely ON skutill 'harpoon' and OHG scozila 'harpoon, missile/projectile', whence the formal and semantic reconstruction of Gmc. *skutilaz 'projectile'. The 'missile' meaning of Gmc. *skutilaz directly gives OE scytel (2) 'dart'. Gmc. *skutilaz is related to Gmc. *skutan, n. 'shot' (whence OE scot 'a sudden movement'). Words derived from the Gmc. *skut- root descend from the zero-grade of PIE *(s)keu-d- (that is, a pre-PGmc. *sku-d-). The e-grade of the same Proto-Indo-European root plus enlargement *(s)keu-d-32 gave *skeutanan, v. (whence OE scēotan 'to shoot, move quickly').33 The broad meaning of the Proto-Indo-European etymon is 'throw, shoot, rush'.34

³¹ See more on suffix -el from Gmc. *-la- below.

³² The PIE *keu- root produces reflexes with broad meanings of 'move quickly' or 'shoot', e.g., Lithuanian šáuti 'schießen, schnell laufen' ['to shoot, run quickly'], Old Church Slavonic sovati 'drängen' ['press/thrust'], Old Church Slavonic isunoti 'herausziehen, zücken' ['yank, draw quickly'] (Seebold 2011, s.v. schießen). See also Watkins (2011), s.v. *(s)keud-; Pokorny (1959-1969), s.v. *(s)keud-.

³³ It is worth noting that the 3rd pers. sing, present form of $sc\bar{e}otan$ is $sc\bar{y}t$, and here the /y:/ is the result of *i*-umlaut of the diphthong */io/ < Pre-OE */iu/ (i.e., OE *scȳt* < **scȳt*b < **sciutib* < Gmc. *skeut-i-); see Hogg (1992b: \S 3.7 and \S 5.83) for details on */iu/ < */eu/ and i-umlaut of */io/, and Campbell (1959: § 732) for details on the West Saxon syncope and assimilation of the 3rd pers. sing. present personal endings that occur in this case.

³⁴ Pokorny (1959–1969), s.v. *(s)keu- 'werfen, schießen, hetzen' ['throw, shoot, rush']. Note that Pokorny reconstructs this etymon with plain *k rather than palatal *k, but as the reflexes he indicates here are all centum languages, and the Germanic plain *k variant is derived from the earlier * \hat{k} form, this is not problematic for my argument.

By contrast, the Old English *scit-/scīt-* 'shit' words derive from Gmc. **skit*-(yielding OE *scitta*, n.) and Gmc. **skīt-* (yielding OE *bescītan*, v.). These Germanic roots, **skit-/*skīt-*, are reflexes of two different grades of the PIE *(*s*)*ḱei-d-* root plus -*d-* enlargement:³⁵ the short vowel of Gmc. **skit-* is the regular outcome of the zero-grade (PIE *(*s*)*ḱei-d-*), and the long vowel of Gmc. **skīt-*³⁶ is the regular outcome from the *e*-grade (PIE *(*s*)*ḱei-d-*). While Old English reflexes of PIE *(*s*)*ḱei-d-* with the -*d-* enlargement are limited to two extant words and one reconstructed one: the extant words by now are familiar to readers of this paper, namely, OE *scitta*, n. 'shit'³⁷ and OE *bescītan*, v. 'to shit'. The third Old English word, securely reconstructible from early Middle English evidence, is **scītan*, v. 'to shit'.³⁸ Clearly, OE *bescītan*, v. and OE **scītan*, v. derive from Gmc. **skītanan*, v., an *e*-grade formation from PIE *(*s*)*ḱei-d-*. On evidence from the reflexes across the Indo-European family, the basic Proto-Indo-European root *(*s*)*ḱei-* means something like 'separate, cut (apart), divide'.³⁹

While PIE *(s)keu-d- and PIE *(s)kei-d- are formally similar – both bear palatal stop k (phonemic value /c/), s-mobile (see n. 30) and a -d- enlargement whose semantics are unknown – they are distinct Proto-Indo-European roots with clearly divergent semantic and lexical reflexes in daughter languages across the Indo-European family (see n. 32 and n. 35). The separate Proto-Indo-European roots produced distinct Germanic roots with Old English reflexes which are phonologically and semantically distinct from one another: PIE *(s)keu-d- produced Gmc. *skeut- and *skut-, which in turn produced the cluster of Old English words surrounding the 'move quickly' meaning (scot, n. 'shot'; scēotan, v. 'to

³⁵ The PIE *kei- root with or without the s-mobile produces reflexes with broad meanings of 'cut, separate, divide', including Sanskrit *chinátti* 'to cut off, to split', Greek $\sigma_X(\zeta\omega)$ 'to cut off, to split', Lat. $scind\bar{o}$ 'to cut, to tear', Lithuanian $skied\bar{z}iu$, skiesti 'to separate, to divide' (Orel 2003, s.v. * $sk\bar{t}tanan$).

³⁶ The *e*-grade gives most of the reflexes found in the Germanic languages, both nouns and verbs, including OHG *beskīzan 'to defecate' (Present-Day German scheißen, v.), Old Norse skítr, n. 'excrements' (Icelandic skit, n.), Middle Low German schīt, n., Middle Low German schiten, n., West Frisian skite, n., etc. (Orel 2003, s.vv. *skītanan, *skītaz).

³⁷ OE *scitta*, with a short vowel and geminate consonant, derives from Gmc. **skitjon*. There is a small amount of later evidence for a long vowel variety with a single consonant, OE **scita*, in place names and in the regional pronunciation of PDE *shite* [[art]; see *OED* s.v. *shit*, n. and adj.

³⁸ Evidence for the existence of OE *scītan proposed by the editors of the *OED* is ME shīten, v. 'to defecate' (*OED* s.v. shīt, n.; *MED* s.v. shīten, v.).

³⁹ Pokorny (1959–1969), s.v. *skei- 'schneiden, trennen, scheiden' ['cut, separate, divide']. Watkins (2011), s.v. *skei- 'to cut, split'. Watkins traces *skei- back to *sek-, with *skei as an extension of *sek- (PIE *sek- gives Latin $sec-\bar{a}re$ 'to cut', and an extended o-grade gives Gmc. *sok- $\bar{a} >$ OE sagu 'saw', for instance).

shoot'; scytel, n. 'that which shoots out; dart, arrow'; scytta, n. 'shooter'). PIE *(s)kei-d-, by contrast, produced Gmc. *skit- and *skīt-, which in turn produced Old English 'shit' words. Thus, it is clear that there was a salient semantic and formal difference between 'shit' words and 'shoot' words in Old English.

A further morphological element that requires discussion here is the suffix -el of scytel. The -el suffix belongs to the same family as suffixes -l/-ol/-il/-ul/-el(e), which is a common deverbal suffix in Old English. Kastovsky (1992: 384) categorizes the -el family as suffixes that form nouns denoting action, agent, object, result, instrument, etc. of the stem they attach to. 40 The -el group includes action nouns such as hwyrfel 'circuit, whirlpool'; object/result nouns such as fyndel 'invention'; agent nouns such as æftergengel 'successor', bydel 'herald'; instrumental nouns such as sceacel 'shackle', tredel 'sole of the foot', and spinel 'spindle', among others. The different forms of the el, -ol, -il suffix are a result of different class vowels attaching to the Germanic deverbal suffix *-la-.41

Kluge (1926: § 90) examines the semantics of different types of the Gmc. *-lasuffix with different class vowels (what he calls *mittelvokale* 'middle vowels'), and indicates that the *-ila- suffix with the i-vowel, from which the -el of scytel is formed, primarily creates masculine words for instruments (Mit dem mittelvokal i bildet dieses suffix am liebsten männliche Gerätenamen; § 90). He provides a long list of words under this category of masculine words for instruments formed from *-ila.⁴² Sauer's study of the -el/-il family in the Épinal-Erfurt glossaries confirms that masculine instrument names remain the largest semantic category for the suffix in his Old English corpus as well (2001: 306). The fact that the Gmc. *-ilasuffix typically forms words for instruments (see n. 42 below) supports the evidence of the two cognates with scytel, Old Norse skutill and Old High German scozzila, that scytel was first a word for a tool or weapon, a common semantic source for words for penis (see Section 4.4).

⁴⁰ See also Sauer (2001) for an important consideration of the behavior of the *-el/-il* suffix family in the Épinal-Erfurt glossaries, and for his discussion of suffix productivity and analyzability in historical stages of the language.

⁴¹ See Koch (1868–1869: I.3, § 86); Kluge (1926: § 90–91); Meid (1967: § 87, § 89). It is worth noting that Koch, in a long list of Old English words with forms derived from Gmc. *-la, glosses OE scytel as 'Harpune, Geschoß' ('harpoon, missile/projectile'), with cognates in ON skutill and OHG scozila.

⁴² For instance, he lists, from Old Norse, lykell 'schlüssel' ['key'], sniþell 'sichel' ['sickle'], skutell 'harpune' ['harpoon'], among others; from Old English, scytel ['dart, arrow'], býtel ['hammer'], brigdel ['bridel'], among others; from Old Low German, slutil 'schlüssel' ['key'], biril 'korb' ['basket'], wurgil 'strick' ['rope'], among others; from Old High German, zugil 'zügil' ['reins'], meiʒil 'meissel' ['chisel'], scôzzil 'geschoss' ['missile, projectil'], among others.

4.2 The <y>-Spelling of OE scytel

It is entirely possible that at least Bosworth, if not also Cockayne, understood the etymological distinction between Gmc. *skit-/* $sk\bar{u}t$ - words and Gmc. *skeut-/skut-words and their separate reflexes in Old English. If that is the case, their constructed connection between scytel and scit-/ $sc\bar{u}t$ - must have been a result of a perception of 'confusion' between $\langle i \rangle$ and $\langle y \rangle$ spellings (possibly a perception of 'confusion' between $\langle i \rangle$ and $\langle y \rangle$ spellings (possibly a perception of 'confusion' between $\langle i \rangle$ and $\langle y \rangle$ spelling variant scitel (not an attested form) indicates that he takes $\langle i \rangle$ to be the etymological vowel, and $\langle y \rangle$ spelling as an innovative rounded form $\langle y \rangle$, $\langle i \rangle$ or else he takes it as a phonemically unimportant scribal variant. I demonstrate in this section that it can be neither, and the $\langle i \rangle$ spelling of the manuscripts represents etymological $\langle i \rangle$ and not $\langle i \rangle$.

To begin, I address the phonological reality underlying the early- to mideleventh-century manuscripts that contain a copy of the Old English *Medicina de quadrupedibus*, written in typical late West Saxon. In short, the matter of the so-called 'confusion' between /i/ and /y/ in Late West Saxon is overstated.⁴⁴ What is seen by some as mass confusion of /y/ for /i/ and /i/ for /y/ is in fact a number of separate phonological processes that are localized to specific phonetic environments and/or specific manuscripts, as Campbell (1959: § 315–319) makes clear.⁴⁵

⁴³ I follow Hogg (1992a, 1992b) in maintaining a conservative stance on the issue of qualitative differences between long and short vowels in Classical Old English. As Hogg (1992b: § 2.8) states, "there may indeed have been a qualitative difference between long and short vowels, the former being slightly higher, the latter being more centralized"; however, Hogg (1992a: 3.3.1.1) claims that the only evidence of qualitative difference in the long and short phoneme pairs is found in /æ/ and /æ:/. Thus, since we lack evidence for qualitative differences in either phoneme pair at issue here, namely, /i/ and /i:/, /y/ and /y:/, and since the primary distinction in Old English was quantitative rather than qualitative, I follow Hogg's practice of not indicating qualitative distinctions between long and short vowels. The quality of long vs. short vowels does not affect the argument presented here.

⁴⁴ E.g., Luick (1914–1940: § 287) shows that unrounding of /y(:)/ to /i(:)/ appeared in Old English manuscripts from the end of tenth century, e.g., *stirian* for *styrian* ('stir, move'), *fillan* for *fyllan* ('fill') etc., as a widespread process, and that in isolated cases there appeared inverse spellings of <y> for /i(:)/. This has generally been misinterpreted as widespread confusion of the two distinct phonemes.

⁴⁵ Campbell describes one other set of cases in which non-etymological <y> may appear for <i>: Spellings of <y> for <i> appear very rarely in isolated manuscripts "where there is nothing to cause rounding" as in MS Laud Misc. 509 of the *Old English Heptateuch* (1959: § 317). To this we may add the so-called '*sel* group', which in late West Saxon, has *y* appearing for earlier *e* (though probably not in a linear *e* > *y* move). There are more cases, conditioned by specific phonetic environments,

Although Campbell lists multiple environments in which non-etymological /y/ may appear in place of some other vowel, he describes only one phonological process that could account for the appearance of /y/ for /i/ in an eleventh-century manuscript. This is the one process that is of interest here, for Toller and Cockayne implicitly assumed a nonetymological /y/ for /i/ when they defined scytel as 'shit', with an earlier /i/ being a necessity for a proposed (but unattested) *scitel < *skit- 'shit'; that is, via the process by which /i/ becomes /y/ either before or after a labial, i.e., f/, etymological <micel> (/i/) becomes <mycel> (/y/), <cirice> (/i/) becomes <cyrice> (/y/). Certainly, this phonetic environment does not apply in the case of <scytel>, where <y> follows a palatal fricative and precedes dental stop. So it is highly unlikely that <scytel> bears an etymological /i/ that has become /y/ through regular sound change.

The second consideration in the 'confusion of *i* and *y*' matter is orthographic rather than phonological. A typical feature of late West Saxon orthography was the (usually inconsistent) practice of spelling function words that had etymological /i/ (specifically, short /i/) with <y>. As Campbell (1959: § 318) points out, this is most common in cases of bes, which are often spelled with <y>, e.g., bysne, bysses ('this'), etc. These types of spellings are frequent in the manuscripts under consideration. 47 However, these spellings do not seem to represent any phonological reality (i.e., rounding of the high front vowel) as their distribution is grammatically determined rather than determined by phonetic environment. That is, nonetymological <y> frequently appears for /i/ in function words, e.g., <hyt> 'it', <gyf> 'if', <hyra> 'their', <byb> 'is' (3rd pers. sing.), but this cannot be

where /i/ appears for etymological /y/, changes that are not relevant for the consideration of the scytel word (see Campbell 1959: § 315-317 for a discussion of these instances). The picture that emerges is not 'widespread confusion' as some scholars seem to believe, but rather, multiple independent phonological processes that produce different outcomes, with the result that, in certain predictable phonetic environments, non-etymological /i/ may appear for /y/ and vice versa (excluding the rare isolated phenomenon described in Campbell 1959: § 317).

⁴⁶ I follow Campbell (1959: § 50) in calling /f/ (both voiced and voiceless allophones) labial.

⁴⁷ For an in-depth discussion of the language and spelling found in the manuscripts containing the Old English Herbarium and the Medicina de quadrupedibus, see De Vriend (1984: lxviii–lxxix). De Vriend does not point out any particular instances of non-etymological <y> beyond the usual case of <y> for <e> (/y/ for /e/) in what Campbell calls the 'sel group' (e.g., hwylc 'which', sylf 'self', syllan 'give'). This is, of course, a separate phenomenon from any /i/ > /y/ change; see Campbell (1959: § 325). I did not notice any unusual <i> for <y> spellings beyond a few before <n> which may have a rounding effect (e.g., wungynde for wuniende). It is worth noting, however, that De Vriend does not include <i/y> variation in his critical apparatus (1984: lxxxvi); so it may be that some information on this issue is missing. However, the presence of <y> for each instance of scytel in the manuscripts is secure, as I checked each manuscript personally.

considered part of a sound change, as sound change is only phonetically determined. 48 Outside of the phonetic contexts outlined above, non-etymological /v/ does not seem to generally appear as an orthographic variant in content (openclass) words in the manuscripts containing the Medicina de quadrupedibus (see Section 2 above, esp. n. 16). Needless to say, scytel is an open-class word, and the scribal pattern of writing <y> for /i/ does not pertain.

Thus, there is no reason to believe that the <y> of *scytel* in the manuscripts is non-etymological, both for the phonetic and orthographic reasons outlined above. It is also significant here that in each of the four manuscripts that represent the Old English Herbarium – manuscripts that, moreover, must be independent witnesses of a single exemplar of a single translation (see Section 2 above) – each preserves the word *scytel* with the *y*-spelling. This is the expected result if <*y*> represents a phonemic value of /y/. However, if the <y> were simply a scribal variant and not representative of an underlying phonetic reality, then we might find one or two occurrences of *scytel* spelled with an <i>.

Scribes were not always consistent in their orthographic practices; so it is not unreasonable to think that <i> and <y> were interchangeable in some manuscript contexts. However, /i/ and /y/ (like /i:/ and /y:/, and /i/ and /i:/, etc.) were still securely separate phonemes in Old English at the end of the tenth century, 49 the terminus ante quem of the Old English translation of the Herbarium and component treatise, the Medicina de quadrupedibus. Thus, scytel – with semantics that are clearly separated from scit-/scīt- as established above – cannot reasonably have a variant form with an /i/. The two stems developed along separate semantic and morphological paths, beginning with Proto-Indo-European and arriving in Present-Day English with shuttle and shit, as is evident from the synchronic and etymological evidence. As shown from the phonological evidence, there is no possibility for the 'confusion' in late Old English that would allow for the spelling of (unattested) *scitel (< OE scit-/scīt-, 'shit') as scytel in the Old English Medicina de quadrupedibus.

There is, however, a preservation of the word scitol in the Old English Leechbooks; the context in which the word is used makes it clear that this word is

⁴⁸ Luick (1914–1940: § 287) also considers the spelling of <y> in words like <hyt> 'it' as representative of the unrounded vowel /i/, for there is no phonological trigger for rounding in these words. As he states, "Andererseits tritt in jenen Glossen gelegentlich, in den spätwestsächsischen Texten in weitem Umfang auch y für ursprüngliches i auf, auch in Fällen, wo kaum Rundung eingetreten sein kann, wie hyt 'es', ðrydda 'dritter', ys 'ist', ytt 'ißt'" ('On the other hand, y for original i also appears occasionally in some glosses in a wide range of late West Saxon texts, also in cases where rounding scarcely could have occurred, like hyt 'it', ðrydda 'third', ys 'ist', ytt 'eat').

⁴⁹ Hogg (1992a: § 3.3.1.1); Lass (2006: § 2.4.2).

etymologically and compositionally related to OE scit- words. This word, composed of the stem scit- 'shit' and -ol, a deverbal suffix in the same suffixal family as -el (see Section 4.1 above) probably means 'laxative', that is, 'that which brings about defecation' (OED s.v. shit, v.). The Leechbook remedy reads thus:

Ne bib him nanwuht selre bonne he ba bicge ba [mettas] be late melten and swa beah ne synd scitole.

'There is nothing better for him than that he eat foods that slowly liquify [= digest slowly] and nevertheless are not laxatives' (Cockayne 1864-1866: II, 178-179).

Unlike scytel, which derives from Gmc. *skutilaz, OE scitol is probably a later Old English formation from the Old English verb *scītan and deverbal suffix -ol.50 The Leechbooks were written no later than the middle of the tenth century, 51 and many remedies are drawn from earlier exemplars (Cameron 1983; Meaney 1984; Doyle 2017). There is no reason to believe that the <i> of scitol represents an unrounded /y/. First, the meaning seems to derive easily from the etymological root scit-/scīt-'shit', not scyt-/scēot- 'shoot'; second, because /i/ does not precede a palatal (as outlined above), there is no phonetic environment in which /i/ could become /y/ in a tenth-century manuscript.

4.3 Reconciling the Dictionary Entries of scytel (1), scytel (2), and scytel (3)

From a synchronic perspective, we have a relatively plentiful attestation of scytel (2) and (3) and their spelling variants. The DOE Corpus (DOEC) provides 29 total occurrences of scytel and its spelling variants: scytel, scyttels, scyttels, sciutil, scytil, and scutil, and another 2 occurrences of fore-scyttel.⁵² Of these 29

⁵⁰ While it is not impossible that scitol 'laxative' was derived from an otherwise unattested Germanic form *skitilaz, the lack of reflexes from such a form in other Germanic languages makes it seem unlikely. Even if it had been formed on an otherwise unattested Germanic form *skitilaz, it still clearly derives from Gmc. *skitanan and ultimately PIE *(s)kei-d-.

⁵¹ Ker (1957: no. 264); Gneuss and Lapidge (2014: no. 479); Beccaria (1956: no. 82).

⁵² We should note, however, that the *DOEC* makes it clear that the spelling variants provided by BT are almost entirely incorrect: there is no scitel variant for scytel (1); there is no scitel variant for scytel (2) 'dart' (though there is scutel glossing Lat. momentum); and there is no scyttle variant at all. There is however the common spelling of scyttel(s), which can be either scytel (2) or scytel (3), and scytil, a spelling variant found with two occurrences in the Épinal-Erfurt Glossary, glossing Lat. momentum 'lever or beam of a balance', literally: 'that which moves'; see comments on momentum in Section 1.2 above, esp. n. 4. For the -els suffix variant, see below. The two

total occurrences,⁵³ the dominant meaning is 'bar, bolt'. As outlined in Section 1 above, BT (1882–1898) offers three separate entries with $scyt(t)el^{54}$ as headword: scytel (1) 'dung', scytel (2) 'dart', and scyttel, scytel (3) 'bar, bolt'.⁵⁵ There is sufficient evidence for scytel (2) and (3) in the record, and I have no quibble with Toller's definitions of (2) and (3). However, I think it is useful to consider the tripartite division of the scytel lemmata. As lexicographers and astute users of dictionaries know, the division of an entry into one headword with three subdefinitions, or three separate entries with the same headword, is a decision based on the perceived distinctions among the meanings. Are meanings (1), (2), and (3) different *enough* to be three separate entries? I suggest that they are not, and that at least the first two entries ought to be resolved into one entry with two subdefinitions. Scytel (3) 'bar, bolt' is more complicated, and the most conservative position regarding it would be to maintain scytel (3) as a separate entry in the dictionary, for reasons I explain below.

The etymological evidence makes clear that the oldest reconstructable meaning for pre-OE *scytil is 'that which shoots out'. Its oldest and its primary meaning is 'dart, missile' (currently scytel (2)). The metaphorical extension from scytel (2) 'dart, missile' to scytel (1) 'penis' is an uncontroversial semantic shift (see further Section 4.4 below). It is worth mentioning here that there are both transi-

occurrences of *fore-scyttel* seem to mean a specialized kind of door-bolt; BT defines it as 'a fore-bolt; bar', glossing Lat. *repagulum*.

⁵³ With the spelling <scyttel>, the *DOEC* has 11 occurrences (of which, 4 occur in glosses); with <scyttels>, 7 occurrences (of which, 4 occur in glosses); with <scytel>, 3 occurrences (of which, 1 occurs in a gloss); with <scytels>, 3 occurrences (of which 1 occurs in a gloss); with <scittl>, 2 occurrences (both in glosses); with <scytil>, 2 occurrences (both in glosses); with <scutil>, 1 occurrence (in a gloss). There are also 2 occurrences of <fore-scyttel> (not in glosses); I count *fore-scyttel* separately since it is a separate entry in BT, though its spelling with -tt- and -el aligns with the predominate spelling of *scyttel*. See the *DOEC* for the specific texts in which all of these variants of *scyt(t)el(s)* occur.

⁵⁴ The geminate /tt/ in *scyttels* is a fairly common form and may be a result of Gmc. *tj, e.g., hypothetical Gmc. *skutjisla-, or *skutjila- for scyttel. However, there do not appear to be any reflexes in other Germanic languages from Gmc. *skutjisla- or *skutjila-, so it may be that the geminate is a result of analogy with related words that bear an etymological geminate, e.g., Old English scytta from Gmc. *skutjön (see Hock and Joseph 2009: 151–172 for the pervasiveness of analogy in language change).

⁵⁵ The number of attestations each of *scytel* (2) 'dart' and *scytel* (3) 'bar, bolt' in the *DOEC* is useful here: *scytel* (2) 'dart' occurs twice, and once with the metaphorical extension of 'shooter' (a similar extension occurs in PDE *he is a good shot*, where *shot* refers primarily to the object that is shot and by extension to the person who made the shot); *scytel* (3) 'bar, bolt' is far more numerous in the textual records, occurring 19 times (with one of those occurrences referring to the 'bolt' of chain fetters). There are only two attestations of *scytel* (1), and only one of these is recorded in the *DOEC* (because of the principles of manuscript collation in this corpus; see n. 16 for details).

tive and intransitive interpretations of scytel (1) as 'penis'. Intransitively, 'that which shoots out' may specifically refer to the kind of penis that retracts into a preputial sheath, a common mammalian penile type. During mating, this kind of penis must extend outside the abdominal sheath (Schatten and Constantinescu 2007: 33–37). Thus, scytel as 'that which shoots out (from the penile sheath in the abdominal cavity)' is a readily understandable semantic connection. The connection may also be made to a transitive understanding, namely, scytel as 'that which shoots out (seminal fluid)'. We may also consider that if scytel (1) 'penis' is a metaphorical extension of scytel (2) 'dart', then scytel (1) may be an informal or ad hoc metaphor for 'penis' based on vocabulary relating to words for weapons. Such a move would not be surprising in the context of typical semantic sources of words for penis, as explained in Section 4.4 below. Thus, a more accurate construction of the dictionary entry for scytel would be the following: scytel I. a. 'dart, missile; arrow'; scytel I. b. 'penis' (by metaphorical extension).

The more difficult question is what to do with BT scytel (3) 'bar, bolt', and specifically, whether it ought to be resolved with scytel (1) and (2), or whether it should be a separate entry. The reason that it may be more accurate to represent BT scytel (3) 'bar, bolt' as a separate entry is that the 'bar, bolt' meaning occurs far more frequently with the -els suffix than the -el suffix, and more frequently with geminate -tt-. Of the 19 occurrences of scyt(t)el(s) and its variants in the DOEC, 11 out of 11 of the <scyttel> spellings and 7 out of 7 of the <scyttels> spellings mean 'bar, bolt'; only 1 other spelling, <scytels>, means 'bar, bolt' in DOEC. The pattern shows a clear tendency for 'bar, bolt' meaning to be spelled with the geminate -ttand/or the -els suffix. It may be that scytel 'dart, missile' and scyttels 'bar, bolt' were formed in Germanic as separate derivations from the *skut-/*skeut- root, and with separate meanings. However, whether we can reconcile the scyttels 'bar, bolt' with scytel I.a. 'dart, missile; arrow'; I.b. 'penis' depends on whether we consider -els as a suffix sufficiently distinct from -el. In his analysis of the -el/-il/ -ol/-ul/-l family in the Épinal-Erfurt Glossary, Sauer (2001) considers -els as a variant belonging to the -el family: when -els appears in his corpus, there also appears a form of the word with the same meaning, bearing the same stem and the -el suffix, e.g., bridel/bridels, gyrdel/gyrdels, smygel/smygels.56 Kastovsky

⁵⁶ Sauer (2001: 299) explains the origin of -els/-ils as "secretion plus ensuing metathesis, i.e., when a word (word-stem) ended in -s and had the suffix -l, then -sl was regarded as the suffix, and this was then metathesised to -ls". Meid (1967: § 90) and Kluge (1926: § 98) both consider the Gmc. suffix *-(i)sla (> Old English -ils/-els) as separate from the suffixes that formed the Old English -el/ -il/-ol/-ul/-l family, but this is not the deciding factor for whether the suffixes remained separate in Old English.

(1992), on the other hand, considers -els/-ils as a separate suffix family, though of the "same semantic type" as what he calls the "-el(e)/-l(a)/-ol" suffix family.

If we consider *-els* as part of the same suffix family as *-el*, following Sauer (2001), we may consider scyttels/scytels as simply variant forms of scytel/scyttel. Such a move would allow BT's *scytel* (1), (2), and (3) to be reconciled into a single entry. And certainly, a semantic shift that leads from scytel (2) 'dart, missile' to scytel (3) 'bar, bolt' is not difficult to conceptualize. Like the scytel (2) 'dart' > scytel (1) 'penis' shift, the 'dart' to 'bar' shift could have occurred first by means of metaphorical extension which was then lexicalized. The relationship between scytel (2) 'dart' and scytel (3) 'bar, bolt' would, in that case, be based on the quick forward motion of a relevant object. Such a metaphorical extension makes more sense in the context of medieval locking mechanisms: doors of halls and manor houses had a wooden or iron bar that could be swiftly 'shot' horizontally through brackets mounted on the door and wall to prevent the door from being opened (Wood 1981: 338).⁵⁷ The relationship between the meaning 'dart' (= 'that which is shot') and 'bar, bolt' (= 'that which is shot') is thus fairly close; these two meanings of scytel align fairly closely with OE scēotan 'to shoot out'; moreover, there are a number of instances of co-occurrence of scēotan and scytel,⁵⁸ which may provide supporting evidence that the Anglo-Saxon speaker perceived a connection between scēotan 'shoot' (or scyttan 'to shut', also from Gmc. *skut-, v.) and scytel 'bar, bolt' in these instances.⁵⁹

⁵⁷ The following evocative description of the iron bars of the doors being 'shot' comes from a twelfth-century homily on the Gospel of Nicodemus found in London, British Library, Cotton Vespasian D.xiv: And seo helle bone deofel ut adraf, and cwæð to ban arleasen begnen, Belucað fæste þa ændelease gaten and toforen sceoteð þa ærene and þa irene **scyttel**es 'And hell drove out that devil, and said to the dishonorable thegn: the endless gates lock fast and the brazen and iron bars shoot forward' (Hulme 1903–1904, quoted from the DOEC).

⁵⁸ There are two more examples in *DOEC* s.v. scyttel that occur in collocation with verbs derived from Gmc. *skut-/*skeut- > OE scyt-/scēot-. One occurrence with OE scyttan, v. 'to shoot, to shut', is found in a glossed hymn (Gneuss 1968: Hymn 102.3): geunscyttað hire scyttelsas (literally: 'unshoot their shots', translating Lat. solvitisque seras eius 'unlock their bars'). Another example with Old English scēotan 'to shoot' is found in the Old English Dialogues of Gregory the Great by Wærferth (Hecht 1900-1907: 234, l. 18): þa cyrican beleac 7 mid scyttelum besceat 7 gefæstnode '[he] locked the church and shot with the shots [shot the bars into place] and made it fast'.

⁵⁹ See Sauer (2001) on the difficulty of determining the analyzability of compounds or suffixed forms.

4.4 Typical Semantic Sources of Words for 'Penis' and 'Shit'

From a cross-linguistic perspective, OE scytel is far more likely to mean 'penis' as a transferred meaning from 'dart' than to mean 'shit'. Indeed, 'pointed object' and 'pointed weapon' are common semantic sources for vulgar words meaning 'penis' (including Old English; remember that perhaps the oldest meaning of scytel is 'dart, arrow', along the lines of its closest Germanic cognate, OHG scozila 'harpoon, missile/projectile'). On the other hand, 'pointed object/weapon' are unattested semantic sources for words meaning 'shit'. In his dictionary of Indo-European synonyms, C. D. Buck (1949: § 4.492) lists several dozen terms for penis across Old Welsh, Old Norse, Welsh, Old High German, and other Indo-European languages. 60 Of the recognizable semantic sources of words for 'penis' (§ 4.492.3), he lists first 'pointed objects', under which he includes Danish pik, Swedish pick, PDE prick; Welsh, Cornish cal, British kalc'h (also Welsh col 'sting', Irish colg 'sword'); Welsh *llost* 'sting, dart, penis'; Irish gae 'spear' and 'penis'. 61 Clearly 'pointed object' is a valuable semantic source for words for 'penis'. In this category also belongs a rare Old English word for penis found only in a gloss, 62 namely, pintel (PDE pintle 'a kind of pin or bolt'; cognates in Middle Low German pint, pitte, Swedish dialectal pitt). 63 Welsh llost 'sting, dart, penis' is especially interesting here as a comparandum to scytel 'dart'.

⁶⁰ C. D. Buck's inimitable dictionary provides synonyms across more than a hundred Indo-European languages in dozens of lexical domains, e.g., words for the natural world, words for anatomy, etc. The dictionary is organized onomasiologically, rather like a historical thesaurus. Buck focuses on Old Germanic languages and provides non-Germanic (often Latin, Sanskrit, Greek) words for comparison; it is a great resource for finding cognates. This work is much more than an historical dictionary in that every section contains valuable discussions of general trends in the data that contextualizes the lists of words for Indo-Europeanists and non-specialists alike.

⁶¹ Further forms under this heading of "pointed objects as source for vulgar words for penis" are the following: OHG zumpfo, MHG zumpfe (probably: Middle Low German timpe, Dutch dialectal tump 'tip, point'); Russian chuj, perhaps related to Russian chvoj 'pine needle'; Sanskrit śepa-, śepas- (related to Lat. cippus 'stake, post'); Spanish carajo (probably from Vulgar Lat. *caracium, Greek χαράκιον, diminutive of χάραξ 'pointed stake'); perhaps Welsh pidyn, Modern Breton pidenn (Buck 1949: § 4.492.3).

⁶² The gloss reads "uirilius: pintel" and comes from the Harley Glossary; see Wright (1884: § 3.103).

⁶³ OE *pintel* is probably formed from a Germanic word *pint (for which there is currently no reconstructed form) and an Old English nominal suffix. Editors of the OED gesture vaguely toward a possible shared ur-form with PDE pin; Orel (2003, s.v. *pennō(n)) connects ON pinni 'pin', OE pinn 'pin', Old Saxon pinn 'pin', OHG pfin 'nail' and provides as comparanda Middle Irish benn 'horn, point, tip' < PIE *bnd-no-. OE pintel is presumably a derivation from a first element that existed in Old English and many other Germanic languages, plus the productive -el deverbal suffix

Buck's listing of words for 'penis' across Indo-European languages reveals two more semantic sources, including 'tool' (PDE tool, Modern Irish gleas: I add here OE mannes getawa from Leechdoms II.70, 7) and 'weapon' (OE wæpen 'weapon', and 'penis', whence wæpned 'male'; TOE 02.04.06.04.01). Lexical domains of 'pointed object', 'tool', and 'weapon' easily accommodate a word like scytel, which compositionally means 'that which shoots out', with lexicalized meanings of 'dart, arrow; bar, bolt' and 'penis' as a metaphorical extension.

Cross-linguistically speaking, the semantic sources for words meaning 'excrement, manure, shit' do not easily accommodate a word that compositionally means 'that which shoots out' and lexically means 'dart, arrow; bar, bolt'. As Buck explains, "In the Gmc. group and several of the other words [from languages listed in the section] the development is from 'separate', whence 'discharge from the body" (1949: § 4.66). More specifically, the words for 'excrement' in the 31 languages he analyses in this section are "most often a specialization of 'filth'". Buck also emphasizes that the etymology of many 'excrement' words reflects the use of dung for fertilizing the land, e.g., the cognates OE dung, Swedish dynga, OHG tunga, etc., which represent a development from 'covering' to 'dung' as fertilizer. Certainly, scytel meaning 'dart, arrow; bar, bolt' fits only very uneasily in the typical semantic sources for 'excrement', namely, 'separation', 'filth', or 'covering'.

In fact, the trend identified by Buck is generalizable to Old English words for 'shit'. Of the nine words in the Thesaurus of Old English (TOE) under the entry 'faeces' (excluding the five words with infrequent attestations, whose rarity makes it difficult to establish their etymologies⁶⁴), all derive from one of three semantic sources: 'covering (fertilizer)', 'filth/ mud', or 'separation'. Belonging to the 'covering (fertilizer)' group is only OE dynge. 65 From the 'filth/mud' source, we have OE

⁽possibly as a diminutive, as one reviewer pointed out; see Meid 1967: § 87 for use of Gmc. *-la- as diminutive). A number of North Sea Germanic languages have cognates with OE pintel, e.g., Old Frisian pint, penth, Middle Low German pint, MHG pint, German regional and nonstandard pint, Danish regional pint; cf. Icelandic pintill (seventeenth century), Norwegian regional pintol, Old Danish pintel (Danish regional pintel) (OED s.v. pintle). As another reviewer pointed out, Present-Day German has two more 'penis' words formed with a root plus the -el suffix, e.g., Pimmel (see Seebold 2011, s.v.) and Schniedel.

⁶⁴ The four rare words not included in my analysis are *droge* (appears once in the *Leechbooks*), mixendynge (a composite easily derivable from mix/meox and dynge, both of which are analyzed above), and scytel (which of course I argue is not a 'shit' word at all). To this list I add OE bost, as it occurs only 5 times, 3 of which are in the Medicina de quadrupedibus, and 2 of which are in a single recipe of Bald's Leechbook; its etymology is obscure.

⁶⁵ Orel (2003), s.v. đungaz.

cwead⁶⁶ and gor. ⁶⁷ The most common is the 'separation' source, with OE sceam, ⁶⁸ tord, tyrd(e)lu, 69 and by metaphorical extension, utgang (from utgang 'exit' > 'anus' > 'that which emerges from the anus'; but the metaphorical extension could also be utgang 'exit' > 'that which goes out'). OE meox/mixen(dynge) 'excrement' and OE migan 'urinate' seem to derive ultimately from a Proto-Indo-European root that itself meant 'to urinate', $*h_3mei\acute{g}^h$. Thus, none of the Old English 'shit' words for which there is sufficient evidence for analysis depart from the semantic sources provided by Buck.

To sum up:

- From diachronic (etymological) evidence, scytel is not formally or semantically connected to the Old English verb *scītan/bescītan 'to shit' or to the Old English nouns scitta 'shit' and scitol 'laxative'.
- For phonological and orthographic reasons, it is very unlikely that the <y> spelling of scytel represents phonological /i/, and thus scytel is unlikely to be a 'confused' form of a scit-word.
- From a historical cross-linguistic angle, scytel 'dart, arrow; bar, bolt' is far more likely to be a semantic source for a word meaning 'penis' than for a word meaning 'shit'.

5 Conclusion

The definition of scytel (1) as 'shit' in BT (1882–1898) and Cockayne (1864–1866) was based on two misapprehensions. First, neither Toller nor Cockayne knew that OE scytel translated Lat. moium 'penis' in the source text. Second, Toller and Cockayne seemed to believe that the spelling with <y> in scytel was non-etymological and actually represented an unattested word *scitel, either a case of rounding of etymological /i/ to /y/, or a case of non-phonemic spelling with a meaningless scribal use of <y> for /i/. De Vriend (1984) knew that OE scytel translated Lat. moium 'penis' of the source text, but seemed to believe that the translator had simply made a mistake in his translation, as he gives the meaning 'dung' for scytel

⁶⁶ OED s.v. quede.

⁶⁷ *DOE* s.v. *gor*; Orel (2003), s.v. **3uran*.

⁶⁸ From Proto-Indo-European *sek- with an -r- extension to *sker- 'to cut' (Watkins (2011) sv. sker-¹; Pokorny (1959–1969) 4. sker-, § I. 938). This etymon also gives the following Old English words: (< Gmc. *skeran) scieran/scearan 'cut'; (< Gmc. *skeraz) scēar 'plough-share', scearu 'portion, division (of the body)'; (< Gmc. *sker-o- and *sker-ez-) scear 'scissors'.

⁶⁹ Orel (2003), s.v. *turđan.

⁷⁰ Orel (2003), s.vv. *mixstuz, *mi3anan; De Vaan (2008), s.v. meiō.

in his glossary. I have shown that etymologically and synchronically scytel is not connected to OE scit-/-scit-, and it is unlikely that <scytel> was written as an unetymological form of unattested *scitel in the manuscripts. Thus, it is clear that scytel (1) as attested in the manuscripts containing the Old English Medicina de quadrupedibus is a reflex of Gmc. *skutilaz, and bears the lexical meaning of 'dart' (currently scytel (2) in BT 1882–1898) and the metaphorical extension of 'penis' (the correct meaning of scytel (1) in BT 1882–1898).

For the etymological, phonological, orthographic, and cross-linguistic semantic reasons laid out above, we can attest that the Anglo-Saxon translator/s understood the word moium, though the word is not well attested in Latin texts that have come down to us. Words for sexual anatomy are often difficult to recover from the late Antique and early Medieval records that have survived; for not many texts outside of medicine, natural history digests, veterinary manuals, and possibly protection prayers are likely to contain non-euphemistic words for sexual anatomy. And even when words for sexual anatomy were written down – say, in veterinary manuals, such as the late-antique Mulomedicina Chironis, which is one of the few texts in which moium 'penis' survives - the kinds of manuscripts that would have contained such words were likely to be traveling in formats and in conditions that were not conducive to survival. In England, for instance, if the manuscript were illuminated, it had a much greater chance of surviving. The manuscripts containing the Herbarium were often illustrated, which may have contributed to their survival rates.⁷¹ On the other hand, manuscripts of the Mulomedicina, if the text ever existed in England, were not illustrated, and probably traveled in unbound gatherings; once worn out, they would have been discarded. In short, the words μοιόν, moium, and scytel may not have been as rare as our textual records and our dictionaries suggest, and it seems likely, from the evidence laid out above, that our Anglo-Saxon translator/s had encountered a Latinized version of μοιόν in the form of moium, mugium, mugillum, or muiabulum. Not only had they encountered such a word, they also understood it and translated it correctly as 'penis'.⁷²

⁷¹ Collins (2000: 165).

⁷² I am grateful to Prof. Brian D. Joseph and Prof. Christopher A. Jones for their help with this research at all stages of its preparation. I also thank the anonymous reviewers who generously contributed their expertise and improved the paper substantially, and to the editors of the journal for their patient help.

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