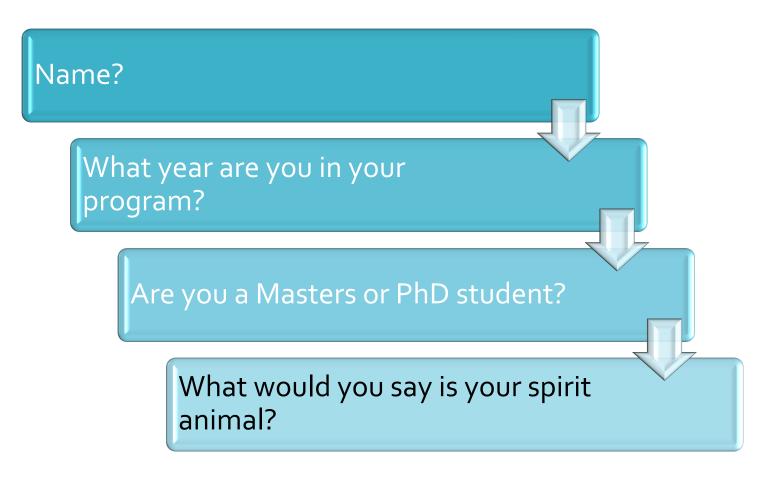
# General Body Meeting

o9/o9/21

# **ICEBREAKER**



# Mentorship with BMES

### 2 Opportunities:

- Mentor undergrads about graduate school/grad school application process
  - ~once a month
- Give contact info to BMES for a "master list"
  - Undergrads can contact you to ask about your lab, your research, grad
    - school in general
- Interested in either? Fill out this survey →

### Social Events

### September:

- Welcome Back BBQ
  - Sept. 16<sup>th</sup> from 12-2pm
- Cartoon/Movie Night
  - We want your opinion!

### October:

- Halloween Bash
  - Costume Contest, Halloween movies & activities



Social Chair: Kimberly Denman E-mail: denman.82@osu.edu

# Outreach Opportunities

### What have we done in the past?

- Career Panels for high school students
- BME themed STEM activities for K-12 students
- Other STEM elated outreach

### Plan for this year

- Monthly BME themed STEM activities in Columbus Elementary school
- Other events with local schools/organizations
- Science Communication Programming





Outreach Chair: Tom DePalma E-mail: depalma.55@osu.edu

# Professional Development Opportunities

# Career Services Event:

- Sept 23<sup>rd</sup> (tentative)
- CV/Resume Review
- Interview tips

# The Road from Industry to Academia

- Faculty panel
- Mid/Late October

# Wellness Events

# AIMS: Strengthen the physical and mental wellness of the BMEGSA community! And have tons of fun ©

### Projected events:

- Group Fitness challenges
  - Groups of similar physical activity interests attend group classes at OSU gyms and compete in who goes to the greatest number of sessions! Prizes TBA
- <u>Fitness in Motion</u> Sessions (hosted by RPAC, based on group interest, can include:)
  - Group Fitness Classes (Instructor leads a group in yoga, pilates, dance, HIIT)
  - Instructional Fitness Training (Physical skill or Mindfulness/Meditation)
  - Health and Fitness Talks (Attend an interactional presentation to
- Group sport & nature excursions
  - Hiking, pick-up volleyball games, and other group interests

Wellness Chair: Ana Panic E-mail: panic.2@osu.edu



# Thank you for coming! Any questions?

Check out our Facebook for the most up to date information!

Biomedical Engineering Graduate Student Association at The OSU