

# NC APS Meeting 2012 - Meta-Analysis Workshop

## Using R - the *metafor* package

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This document provides an overview of how to perform *univariate fixed*- and *random-effects* meta-analysis in **R**, with and without moderator variables, for evidence synthesis in Plant Pathology. It serves to complement the **SAS** exercises conducted during the workshop, providing **R** users with options for performing data explorations and analyses similar to those demonstrated in **SAS**.

Using a data set (called SweetCornRust.txt or SweetCornRust.xlsx in your “**With R**” folder) provided by Shah and Dillard (Plant Disease 90: 1413-1418 [2006]), the *metafor* package, developed by Viechtbauer (Conducting meta-analyses in R with the metafor package. *Journal of Statistical Software*, **36**(3), 1–48 [2010]. <http://www.iostatsoft.org/v36/i03/>), will be used to fit meta-analytical models. We will demonstrate:

1. How to download, install, and load the *metafor* package.
2. Basic data importation and manipulation in **R**.
3. How to graphically explore raw data with forest plot, using the *forest* function from the *metafor* package.
4. How to fit meta-analytical models using the *rma* function.
  - a. How to fit a fixed-effect model.
  - b. How to fit random-effect models using the restricted maximum likelihood (REML) and maximum likelihood (ML) parameter estimation methods.
  - c. How to graphically explore model results with forest, funnel and radial plots, using the *forest*, *funnelplot*, and *radial* functions from the *metafor*, *rmeta*, and *meta* package, respectively.
  - d. How to fit mixed-effect models, i.e, random-effect models with continuous and categorical moderator variables.

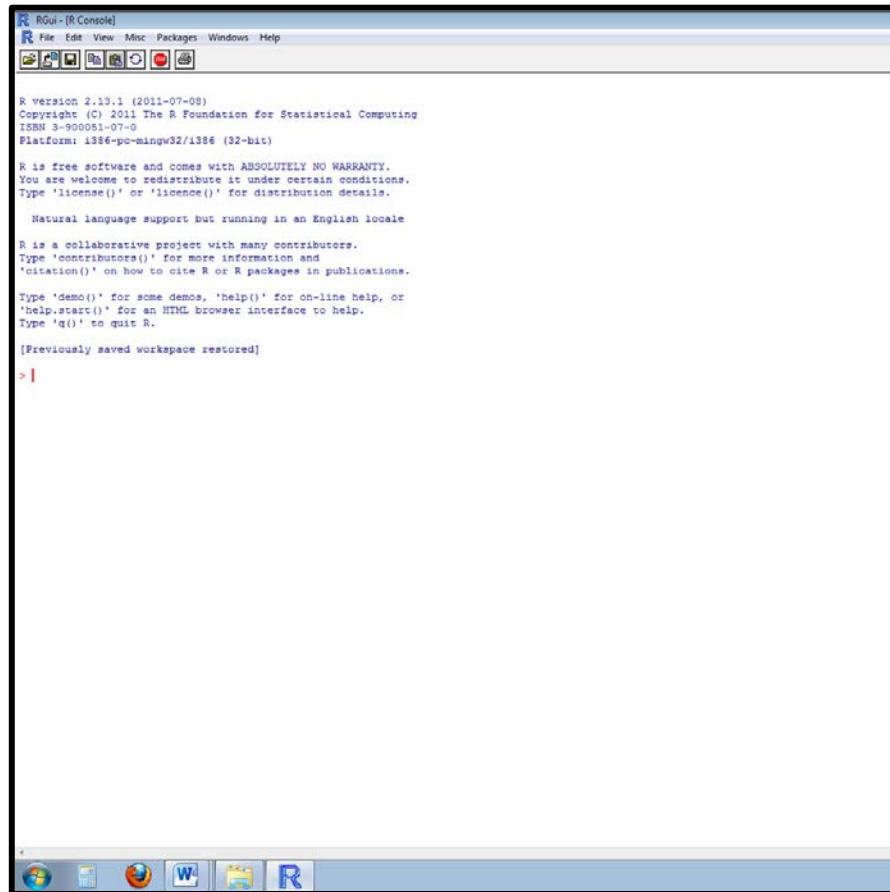
Included in the **With R** folder of your workshop package are:

1. MS Excel and text versions of the raw data - *SweetCornRust.xlsx* and *SweetCornRust.txt*
2. A zip file of the *metafor* package - *metafor\_1.6-0.zip*
3. Metafor documents - *Viechtbauer2010.pdf* and *metafor.pdf*
4. Help files for the *rma*, *forest*, *funnelplot*, and *radial* functions - *help(metafor).docx*, *help(forest).docx*, *help(funnelplot).docx*, and *help(radial).docx*. (Note: the names of these files, without “.docx” are the commands used in **R** to call the help files from the different libraries.)

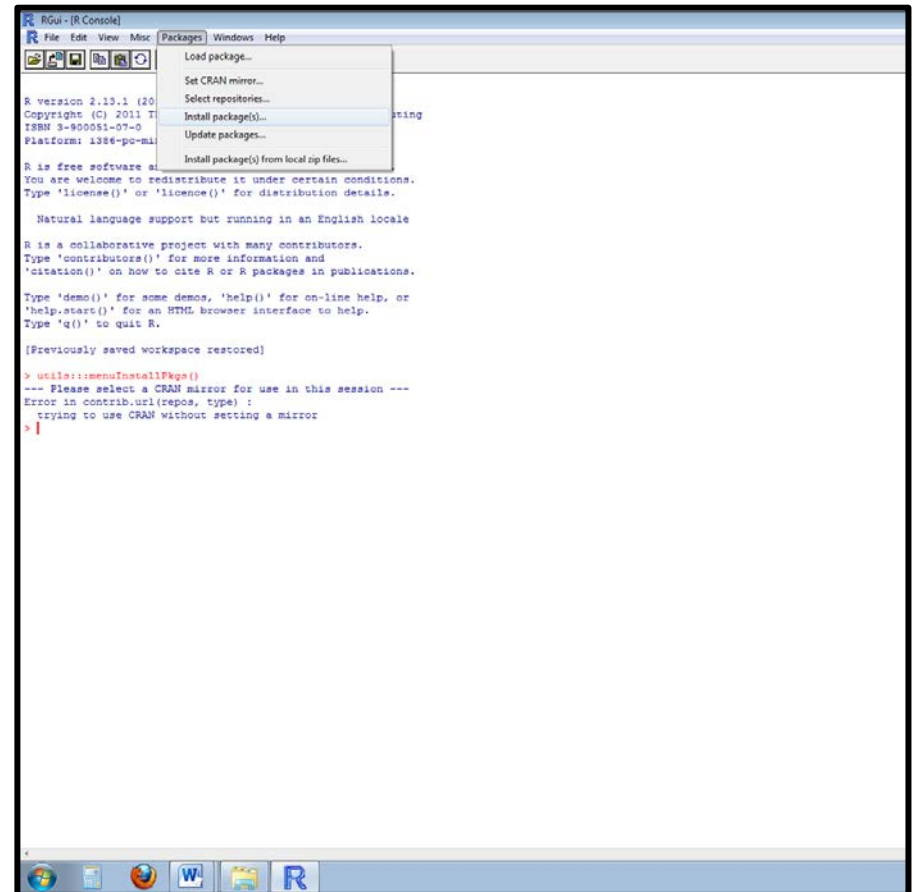
### Note:

- Details of the calculations used here are explained in Madden & Paul (Phytopathology 102:16-30 [2011]), and references given in that publication.

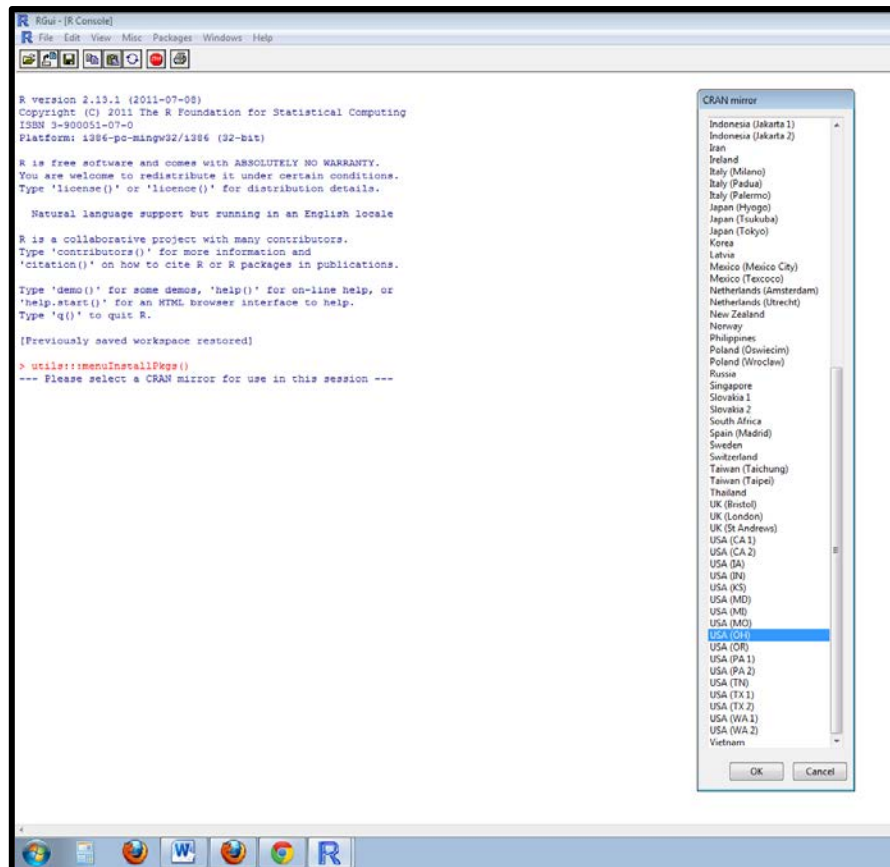
## 1. Download, install, and load the *metafor* package



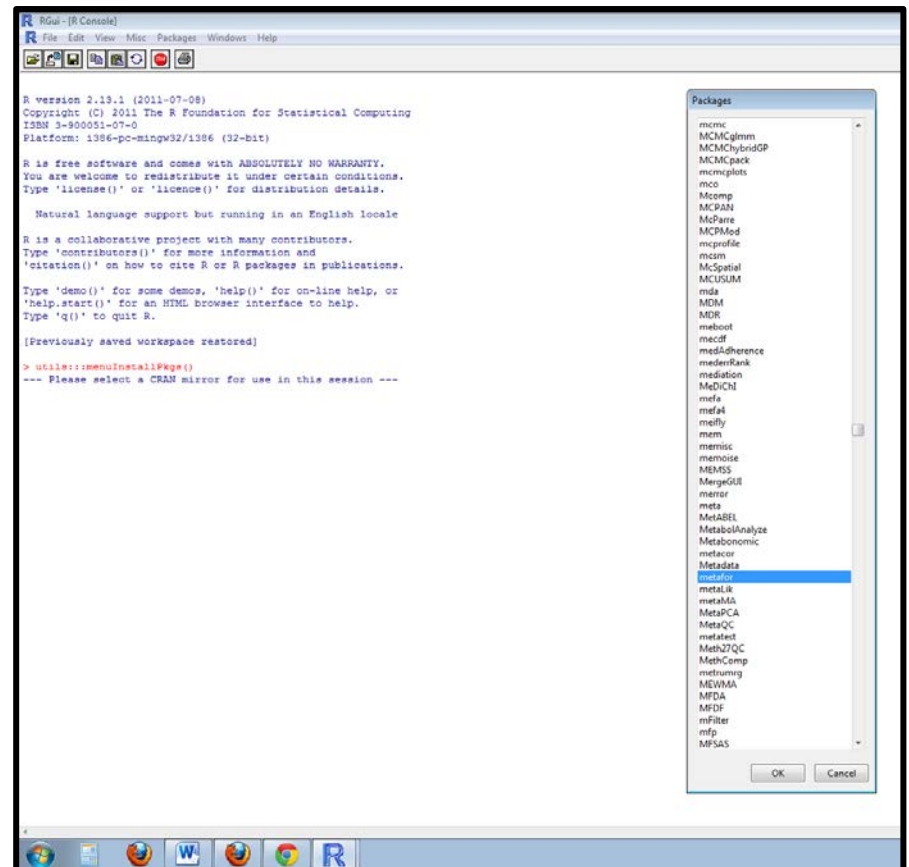
1. The Main R Window (Console)



2. Select *Install package(s)...* from the *Packages* dropdown menu



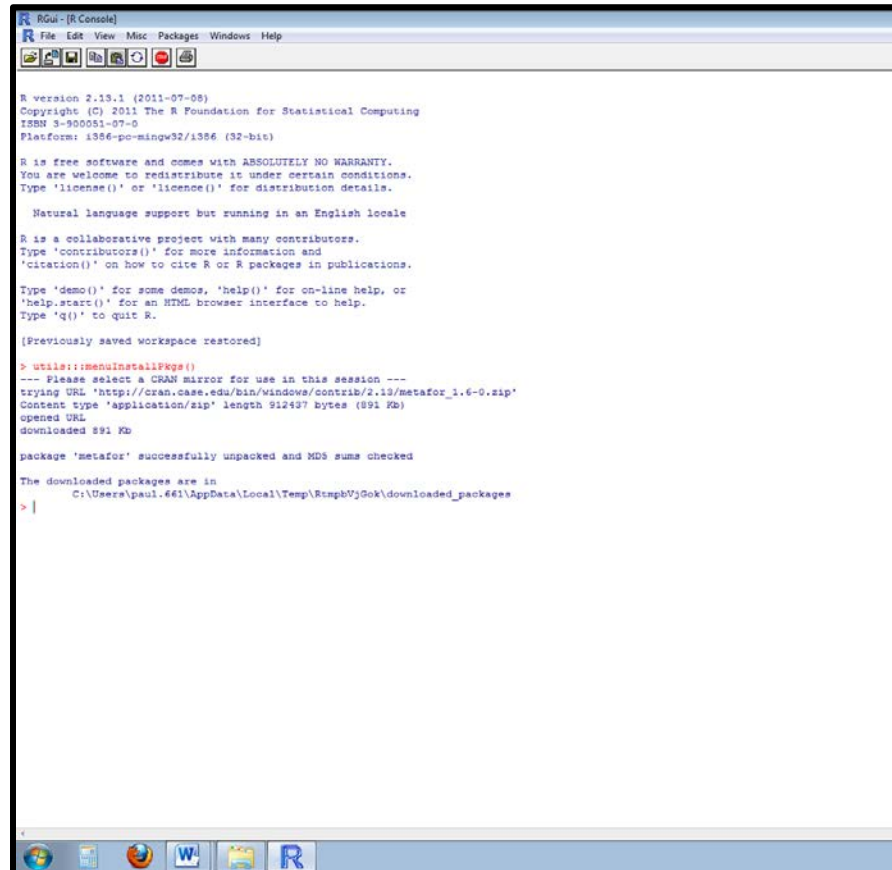
3. Select a download location from *CRAN mirror* menu and hit OK



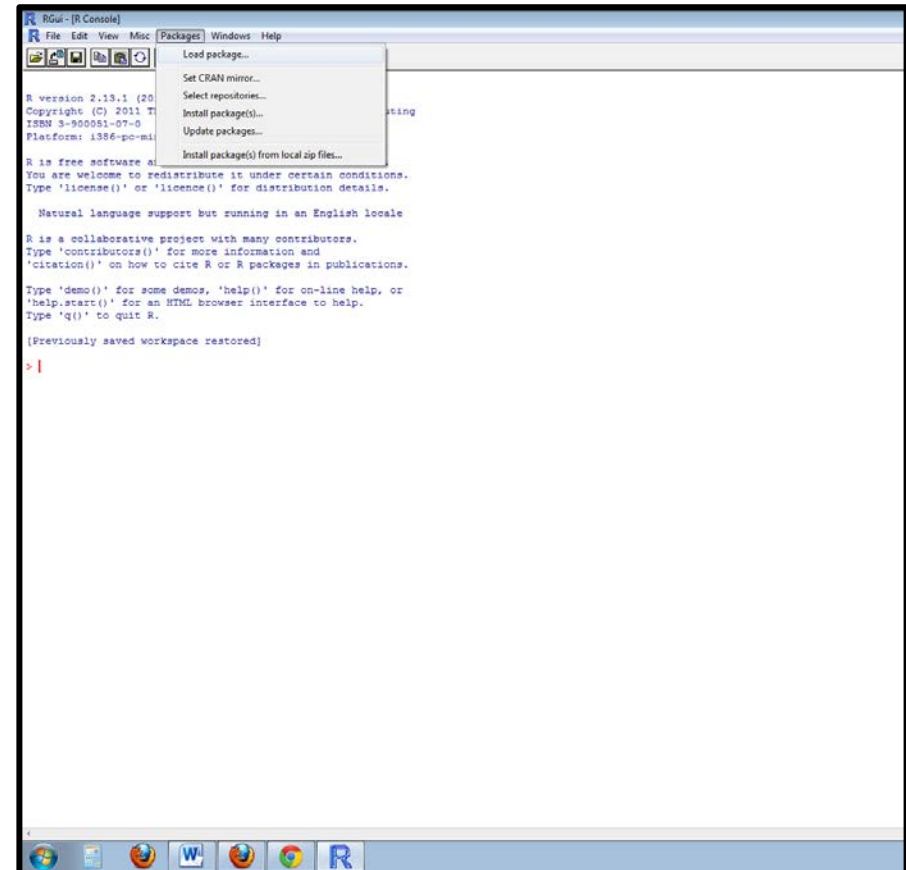
4. Select *metafor* from the *Packages* menu and hit OK

#### Note:

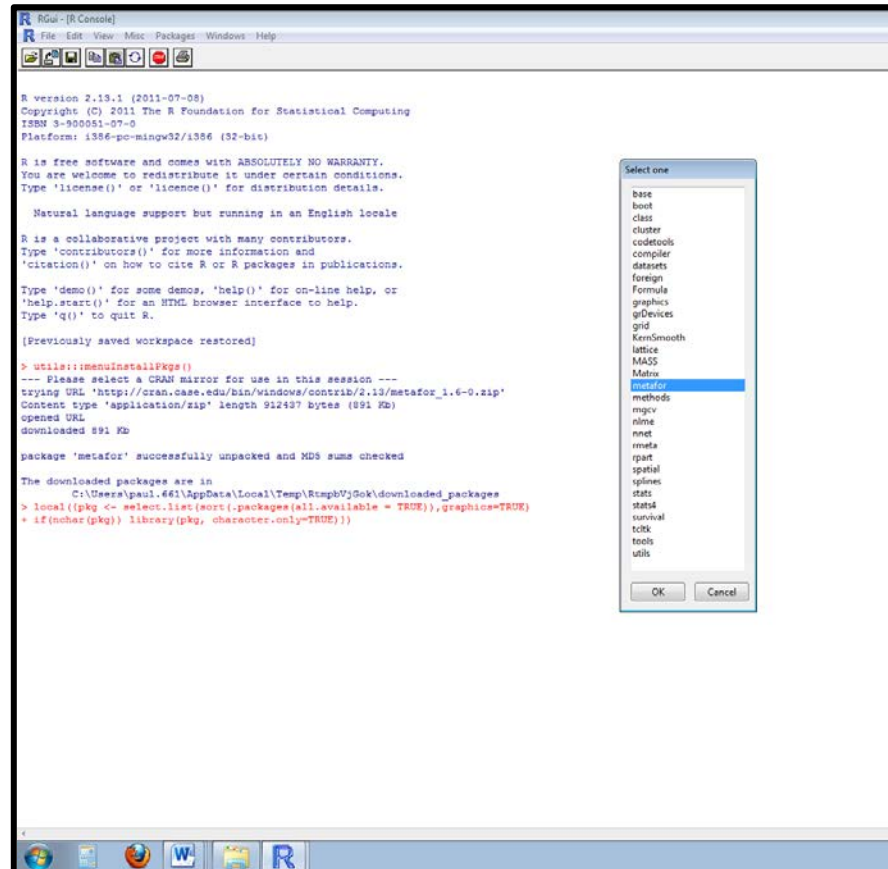
- If you do not have access to the internet, you can select "Install package(s) from local zip files..." from the **Packages** dropdown menu to install the **metafor** package from your "With R" folder.



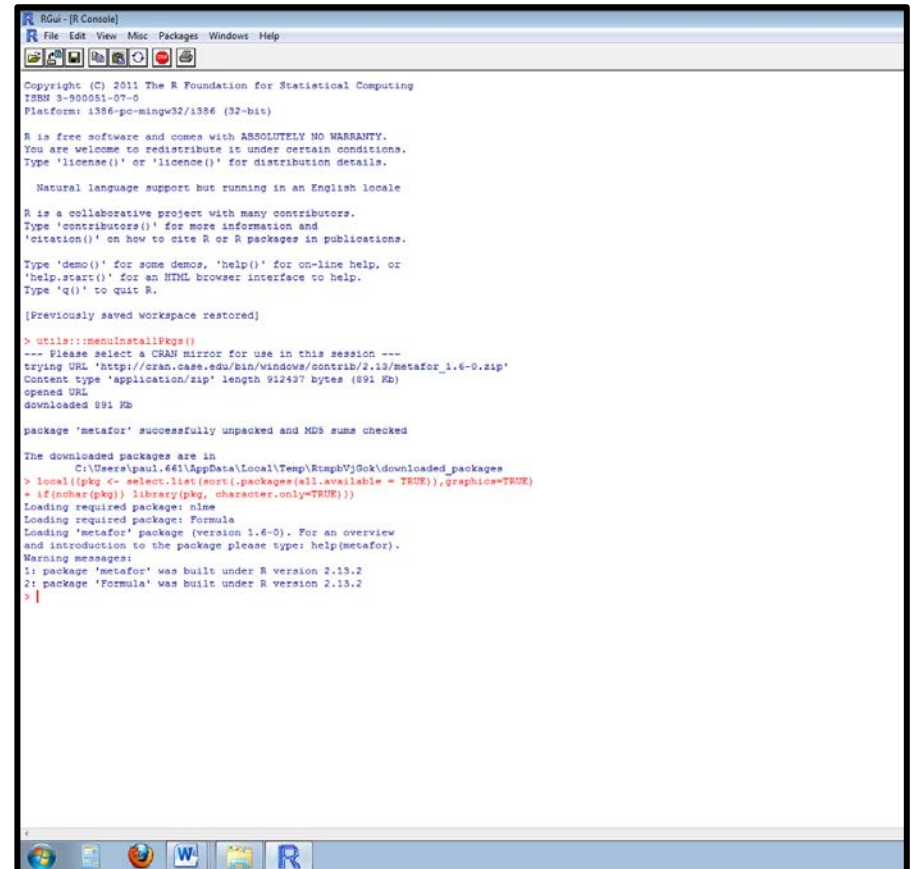
5. Path showing where the file (metafor\_1.6-0.zip) is stored



6. Select *Load package(s)...* from the *Packages* dropdown menu



7. Select **metafor** from the **Select one** menu and hit OK



8. The package is now loaded and ready for use

#### Note:

- You can select "Install package(s) from local zip files..." from the **Packages** dropdown menu to install the **metafor** package from a folder on your computer.
- Once the **metafor** package is installed, you will have to reload it (repeat steps 6 and 7) every time you restart **R**

## 2. Data importation and Manipulation

```
> RustData<-read.table("C:/Users/paul.661/Desktop/With R/SweetCornRust.txt", header=TRUE)
```

Give your file a name (an R Object)

R function (one of several) for importing data

Data file path, specific for each computer

Tells R that the first row of your data is the names of your variables (headers)

### - Examine the data

```
> RustData
```

	Study	State	Variety	Year	slope	SE	lowerlimit	upperlimit	MinD	MaxD	MeanD
1	1	NY	Zenith	1999	2.13607	2.18587	-3.03268	7.30483	0.00	1.46	0.39
2	2	NY	Zenith	1998	0.47288	0.18572	0.03372	0.91204	0.01	19.04	3.05
3	8	NY	Squeen	2000	1.17716	0.14263	0.83989	1.51443	1.50	24.30	6.58
4	11	NY	Bold	2001	0.33829	0.05394	0.21626	0.46031	20.49	77.31	45.91
5	22a	NY	Zenith	1997	0.78559	0.24789	-0.00331	1.57450	1.40	19.40	8.10
6	22b	NY	Rival	1997	-0.50102	0.42602	-1.85679	0.85476	1.50	6.30	3.73
7	31	MI	HMX83865	1993	0.31888	0.01484	0.27163	0.36612	5.40	57.50	18.73
8	35	MI	YBelle	1992	0.14559	0.12224	-0.15352	0.44470	2.60	85.80	22.96
9	50	NY	Jubilee	1984	-0.79923	0.31152	-1.79063	0.19217	8.08	15.50	11.73
10	59	IL	FSSweet	1984	0.63267	0.02300	0.58577	0.67958	5.59	62.83	38.07
11	60	IL	FSSweet	1985	1.08843	0.06339	0.95246	1.22439	10.45	55.20	26.51
12	61	IL	FSSweet	1986	0.66299	0.25871	0.09357	1.23241	1.55	17.65	9.54
13	62	IL	Gcup	1984	0.85302	0.04194	0.76626	0.93979	15.45	59.91	39.79
14	63	IL	Gcup	1985	0.55555	0.03612	0.48142	0.62967	7.60	50.08	27.63
15	64	IL	Gcup	1986	0.15786	0.28335	-0.44282	0.75854	1.67	20.57	6.22
16	65	IL	Stylepak	1984	0.62416	0.01996	0.58344	0.66488	23.63	67.68	38.94
17	66	IL	Stylepak	1985	0.37280	0.02808	0.31402	0.43157	7.50	49.84	25.70
18	67	IL	Stylepak	1986	0.78146	0.14652	0.47233	1.09058	1.42	17.40	6.72
19	70	IL	SnowWhite	2001	0.59867	0.01999	0.55697	0.64036	23.00	65.00	36.95
20	71	IL	Sterling	2001	0.40333	0.01810	0.36559	0.44108	18.00	59.00	35.81

## - Get summary statistics

```
> summary(RustData)
```

	Study	State	Variety	Year	slope	SE
1	: 1	IL:11	FSSweet :3	Min. :1984	Min. :-0.7992	Min. :0.01484
11	: 1	MI: 2	Gcup :3	1st Qu.:1985	1st Qu.: 0.3334	1st Qu.:0.02681
2	: 1	NY: 7	Stylepak:3	Median :1989	Median : 0.5771	Median :0.09281
22a	: 1		Zenith :3	Mean :1991	Mean : 0.5403	Mean :0.23149
22b	: 1		Bold :1	3rd Qu.:1998	3rd Qu.: 0.7825	3rd Qu.:0.25060
31	: 1		HMX83865:1	Max. :2001	Max. : 2.1361	Max. :2.18587
(Other):14			(Other) :6			

	lowerlimit	upperlimit	MinD	MaxD	MeanD
Min.	:-3.03268	Min. :0.1922	Min. : 0.000	Min. : 1.46	Min. : 0.390
1st Qu.:	-0.04086	1st Qu.:0.4564	1st Qu.: 1.500	1st Qu.:18.69	1st Qu.: 6.685
Median :	0.29283	Median :0.7191	Median : 5.495	Median :49.96	Median :20.845
Mean	:-0.03732	Mean :1.1178	Mean : 7.842	Mean :41.59	Mean :20.653
3rd Qu.:	0.56359	3rd Qu.:1.1240	3rd Qu.:11.700	3rd Qu.:60.64	3rd Qu.:36.095
Max.	: 0.95246	Max. :7.3048	Max. :23.630	Max. :85.80	Max. :45.910

## 3. Graphical exploration of raw data

### - Forest Plots

```
> forest(rev(RustData$slope), ci.lb=rev(RustData$lowerlimit),
ci.ub=rev(RustData$upperlimit), annotate=FALSE, xlab="Slope for yield loss", font=2,
slab=rev(RustData$Study), alim=c(-8, 8), cex.lab=1.5, pch=15, step=17, psize=2,
cex=1.25, cex.axis=1.25)

> text(-15.5, 22, "Study", pos = 4, cex=1.5, font = 2)

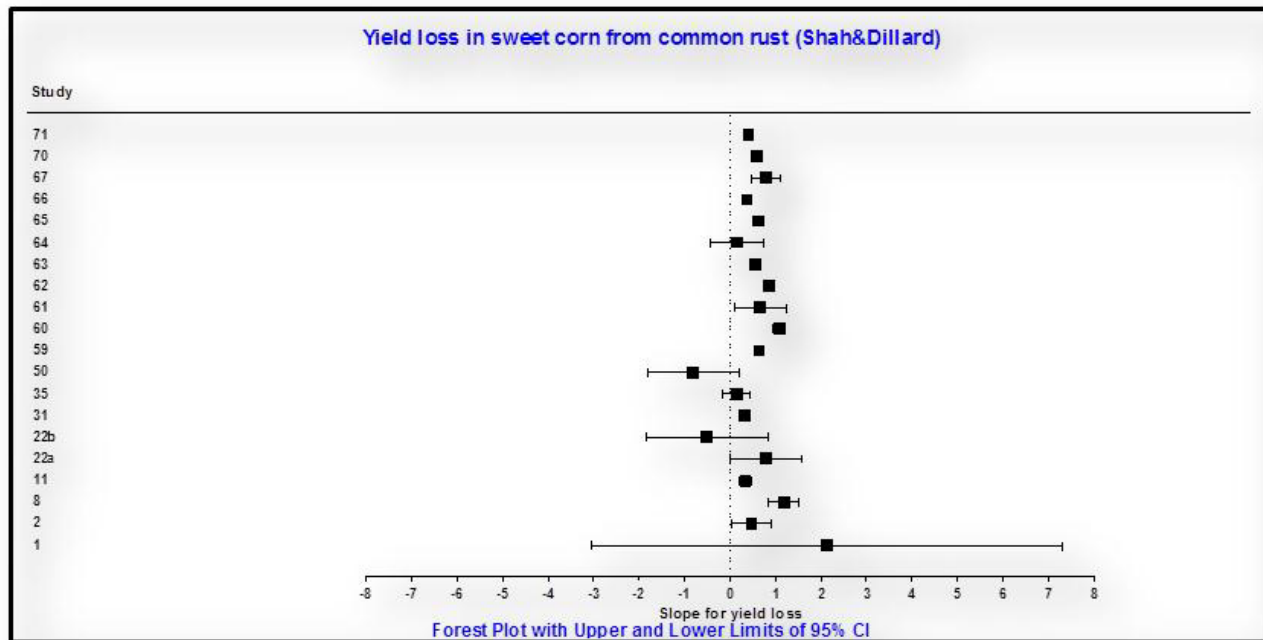
> title("Yield loss in sweet corn from common rust (Shah&Dillard)", sub = "Forest
Plot with Upper and Lower Limits of 95% CI", cex.main = 2, font.main= 2, col.main=
"blue",cex.sub = 1.75, font.sub = 2, col.sub = "blue")
```

Most of the codes used with these functions are for formatting different components of the graph

#### Notes:

- ci.lb = specify what to use as the lower bound of the error bar - in this case the lower limit of the 95% confidence interval found in the *lowerlimit* column of the *RustData* dataset.
- ci.ub = specify what to use as the upper bound of the error bar - in this case the upper limit of the 95% confidence interval found in the *upperlimit* column of the *RustData* dataset
- rev = tells the program to plot the points in reverse order, i.e. with study 71 at the top and study 1 at the bottom of the graph.





#### 4. Fitting meta-analytical models using the *rma* function

##### a. Fixed-effect model

```
> CornRust_Fixed<- rma(slope, SE^2, method="FE", data=RustData)
> CornRust_Fixed
```

Fixed-Effects Model (k = 20)

Test for Heterogeneity:

Q(df = 19) = 523.0911, p-val < .0001

Model Results:

estimate	se	zval	pval	ci.lb	ci.ub	
0.4928	0.0075	66.0119	<.0001	0.4782	0.5074	***

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Specify model and  
parameter  
estimation method

Tell the program what  
to use as the effect size  
(z) and the sampling  
variance ( $S^2$ ) :- for the  
slope,  $S^2 = SE^2$

##### Note:

- Highlighted are the estimated mean effect size (estimate), the standard error of the effect size (se), the test statistic (Z, the standard normal in this case), the significance level, and the lower (ci.lb) and upper (ci.ub) limits of the 95% confidence interval around the effect size.



### b.i. Random-effect model, with Restricted Maximum Likelihood (REML) as the Parameter Estimation Method

```
> CornRust_Random_reml<- rma(slope, SE^2, method="REML", data=RustData)
> CornRust_Random_reml
```

Random-Effects Model (k = 20; tau<sup>2</sup> estimator: REML)

tau<sup>2</sup> (estimate of total amount of heterogeneity): 0.1181 SE = 0.0456

tau (sqrt of the estimate of total heterogeneity): 0.3436

I<sup>2</sup> (% of total variability due to heterogeneity): 98.95%

H<sup>2</sup> (total variability / sampling variability): 95.63

Test for Heterogeneity:

Q(df = 19) = 523.0911, p-val < .0001

Model Results:

estimate	se	zval	pval	ci.lb	ci.ub	
0.5164	0.0856	6.0327	<.0001	0.3486	0.6842	***

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Restricted maximum likelihood  
as the estimation method

Between-study variance ( $\sigma^2$ )

### b.2. Random-effect model, with Maximum Likelihood (ML) as the Parameter Estimation Method

```
> CornRust_Random_ml<- rma(slope, SE*SE, method="ML", data=RustData)
> CornRust_Random_ml
```

Random-Effects Model (k = 20; tau<sup>2</sup> estimator: ML)

tau<sup>2</sup> (estimate of total amount of heterogeneity): 0.1075 (SE = 0.0406)

tau (sqrt of the estimate of total heterogeneity): 0.3279

I<sup>2</sup> (% of total variability due to heterogeneity): 98.85%

H<sup>2</sup> (total variability / sampling variability): 87.13

Test for Heterogeneity:

Q(df = 19) = 523.0911, p-val < .0001

Model Results:

estimate	se	zval	pval	ci.lb	ci.ub	
0.5190	0.0821	6.3193	<.0001	0.3580	0.6799	***

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Maximum likelihood as the  
estimation method

### c. Graphical exploration of the results

#### - Forest plot

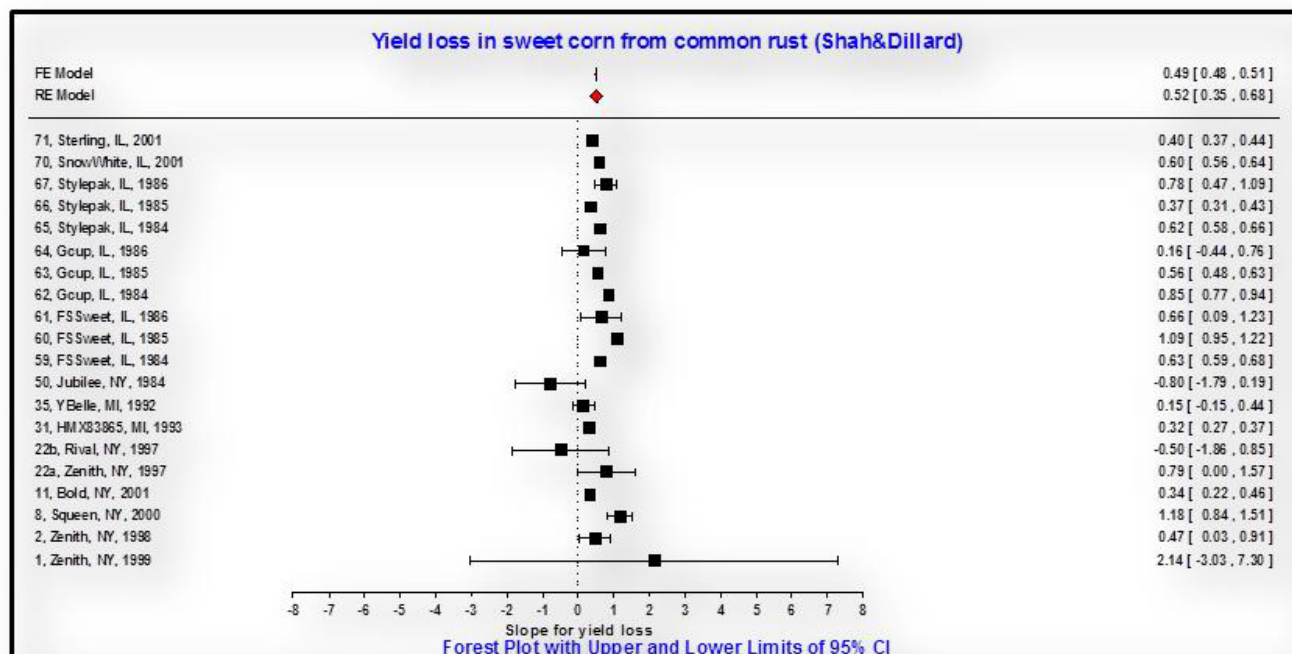
```
> forest(rev(RustData$slope), ci.lb=rev(RustData$lowerlimit),
ci.ub=rev(RustData$upperlimit), xlab="Slope for yield loss",
slab=paste((rev(RustData$Study)), (rev(RustData$Variety)), (rev(RustData$State)),
(rev(RustData$Year))), sep = ", ", alim=c(-8, 8), cex = 1.25, cex.axis = 1.25,
cex.lab=1.5, pch=15, step=17, psize=2, font = 2)

> addpoly.rma(CornRust_Fixed, row=23, cex=1.25, font = 2, col="blue")

> addpoly.rma(CornRust_Random_reml, row=22, cex=1.25, font = 2, col="blue")

> title("Yield loss in sweet corn from common rust (Shah&Dillard)", sub = "Forest
Plot with Upper and Lower Limits of 95% CI", cex.main = 2, font.main= 2,
col.main= "blue",cex.sub = 1.75, font.sub = 2, col.sub = "blue")
```

Adds a polygon representing the estimated effect size to the forest plot



#### - Funnel plot - using the *funnelplot* function from the *rmeta* library

Load the *rmeta* library

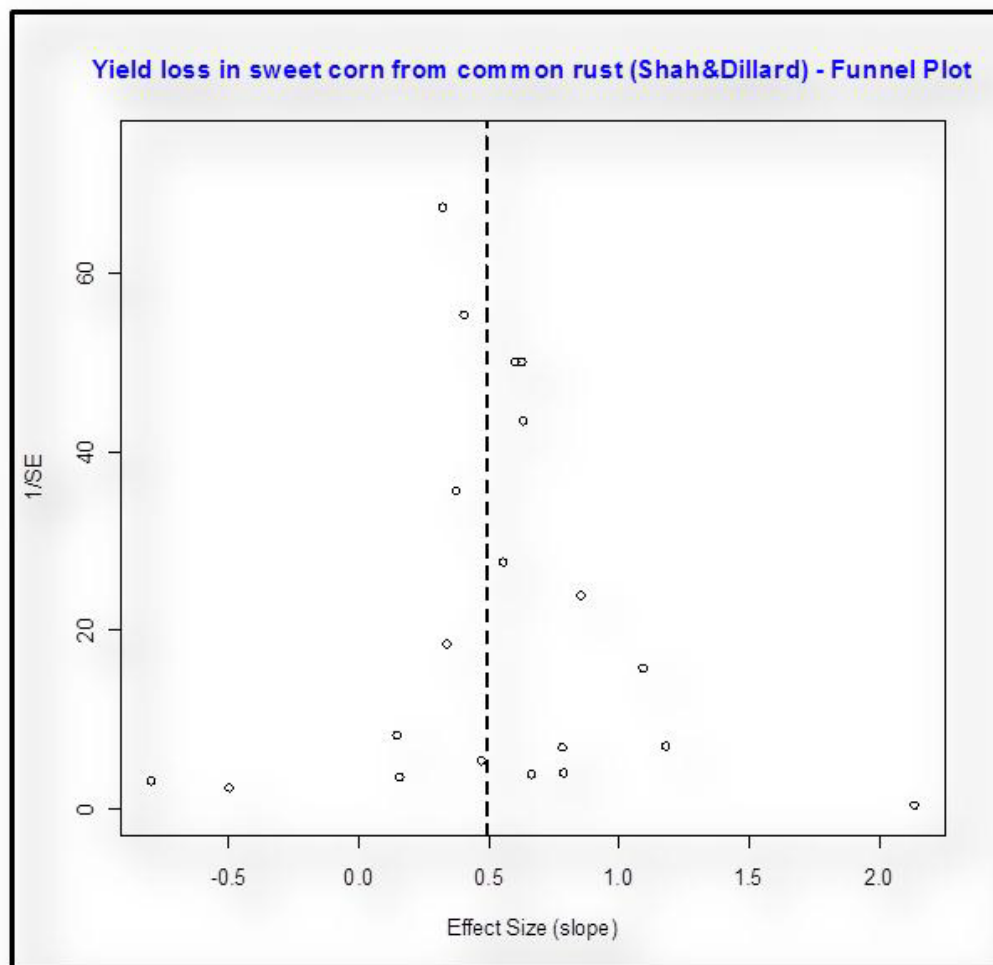
```
> local({pkg <- select.list(sort(.packages(all.available = TRUE)),graphics=TRUE)  
+ if(nchar(pkg)) library(pkg, character.only=TRUE)})
```

Fit fixed-effect model using the `meta.summaries` function

```
> RMETA_FIXED<-meta.summaries (slope, SE, method=c("fixed"), names=Study,  
conf.level=0.95, data=RustData)
```

Get Funnel Plot

```
> funnelplot(RMETA_FIXED, xlab="Effect Size (slope)", ylab="1/SE")  
Or  
> funnelplot(RustData$slope, RustData$SE, size=1/RustData$SE, data=RustData,  
xlab="Effect Size (Slope)", ylab="1/SE")  
> title("Yield loss in sweet corn from common rust (Shah&Dillard) - Funnel Plot",  
cex.main = 1.2, font.main= 2, col.main= "blue")
```



**Note:** See **Section 1** for information on how to download, install and load the *rmeta* package

- **Radial plot - using the *radial* function from the *meta* library**

Load the *meta* library

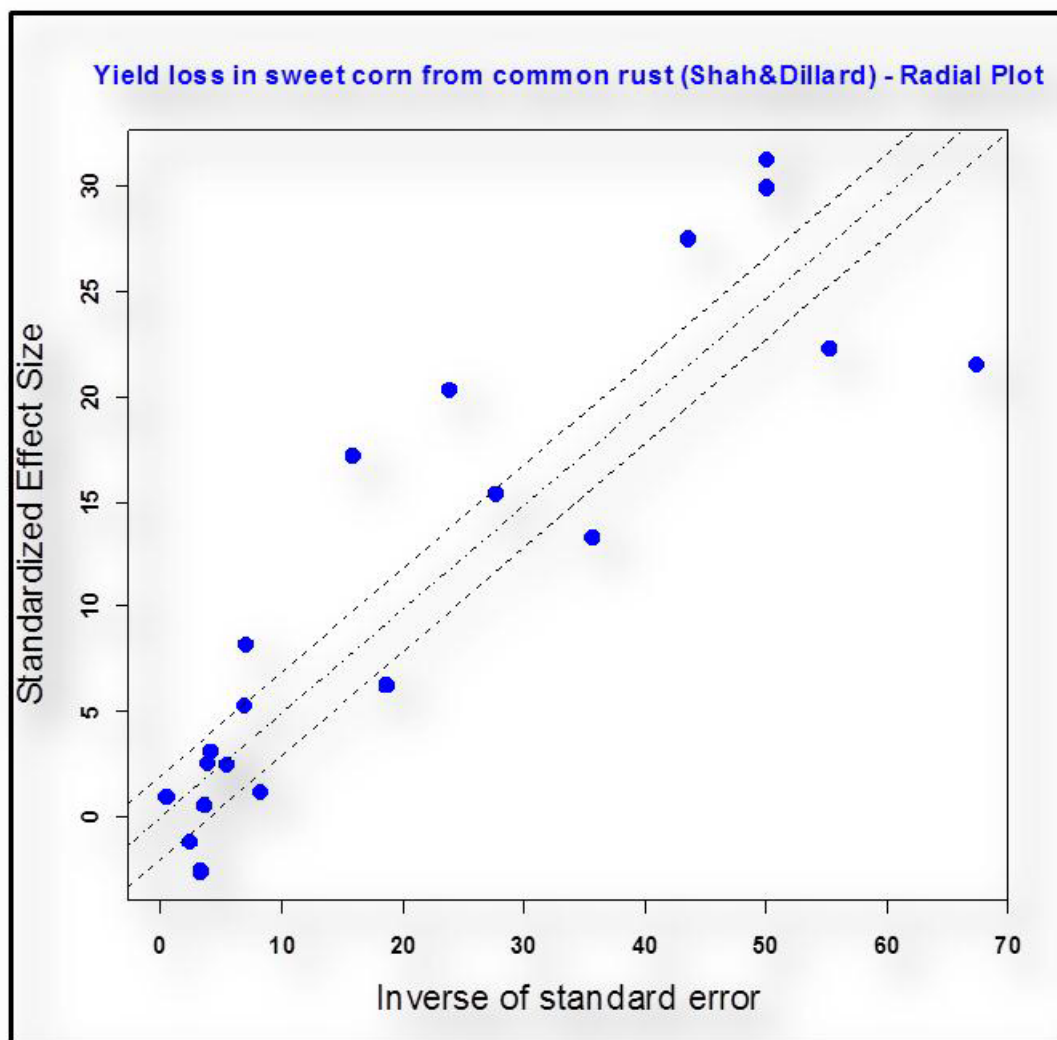
```
> local({pkg <- select.list(sort(.packages(all.available = TRUE)),graphics=TRUE)
+ if(nchar(pkg)) library(pkg, character.only=TRUE)})
```

Fit meta-analytical models using the *metagen* function

```
> Meta_Both<-metagen(slope, SE, Study, data=RustData, level=0.95)
```

Get radial plot

```
> radial(Meta_Both, level=0.95, pch=16, ylab="Standardized Effect Size", cex=1.5,
col="blue", font=2, cex.lab=1.5)
> title("Yield loss in sweet corn from common rust (Shah&Dillard) - Radial Plot",
cex.main = 1.2, font.main= 2, col.main= "blue")
```



**Note:** See **Section 1** for information on how to download, install and load the *meta* package

#### d. Mixed-effect model

- Random effect model, with mean disease intensity as a continuous moderator

```
> Random_MeanD<- rma(slope, SE^2, method="REML", mods=cbind(MeanD),  
data=RustData)  
> Random_MeanD
```

Specifies the moderator  
variable

Mixed-Effects Model (k = 20; tau^2 estimator: REML)

tau^2 (estimate of residual amount of heterogeneity): 0.1297 (SE =  
0.0511)

tau (sqrt of the estimate of residual heterogeneity): 0.3602

Test for Residual Heterogeneity:

QE(df = 18) = 363.9921, p-val < .0001

Test of Moderators (coefficient(s) 2):

QM(df = 1) = 0.2639, p-val = 0.6074

Model Results:

	estimate	se	zval	pval	ci.lb	ci.ub	
intrcpt	0.4350	0.1778	2.4468	0.0144	0.0865	0.7834	*
MeanD	0.0033	0.0064	0.5137	0.6074	-0.0093	0.0159	

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

- Random effect model, with variety as a categorical moderator variable

```
> Random_Variety<- rma(slope, SE^2, method="REML", mods=~factor(Variety)-1,
  data=RustData)
> Random_Variety
```

Specifies the moderator  
as a categorical (factor)  
variable

Mixed-Effects Model (k = 20; tau^2 estimator: REML)

tau^2 (estimate of residual amount of heterogeneity): 0.0507 (SE = 0.0349)

tau (sqrt of the estimate of residual heterogeneity): 0.2252

Test for Residual Heterogeneity:

QE(df = 8) = 135.4046, p-val < .0001

Test of Moderators (coefficient(s) 1,2,3,4,5,6,7,8,9,10,11,12):

QM(df = 12) = 113.2668, p-val < .0001

Model Results:

	estimate	se	zval	pval	ci.lb	ci.ub
factor(Variety)Bold	0.3383	0.2315	1.4611	0.1440	-0.1155	0.7921
factor(Variety)FSSweet	0.8181	0.1470	5.5670	<.0001	0.5301	1.1062
factor(Variety)Gcup	0.6129	0.1476	4.1538	<.0001	0.3237	0.9021
factor(Variety)HMX83865	0.3189	0.2256	1.4132	0.1576	-0.1234	0.7611
factor(Variety)Jubilee	-0.7992	0.3844	-2.0793	0.0376	-1.5526	-0.0459
factor(Variety)Rival	-0.5010	0.4819	-1.0398	0.2985	-1.4454	0.4434
factor(Variety)SnowWhite	0.5987	0.2260	2.6485	0.0081	0.1556	1.0417
factor(Variety)Squeen	1.1772	0.2665	4.4166	<.0001	0.6548	1.6996
factor(Variety)Sterling	0.4033	0.2259	1.7856	0.0742	-0.0394	0.8461
factor(Variety)Stylepak	0.5730	0.1376	4.1659	<.0001	0.3034	0.8426
factor(Variety)YBelle	0.1456	0.2562	0.5683	0.5699	-0.3566	0.6477
factor(Variety)Zenith	0.6230	0.2189	2.8458	0.0044	0.1939	1.0521