Female Orgasmic Disorder

Websites Reviewed & Critiqued by
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This website titled Discovery Fit & Health is for those with specific medical concerns. Anything from diseases, medicine, relationships, mental health, sexual health, and wellness are covered as genres on this website. This website explains Female Orgasmic Disorder as delay in or absence of orgasm. It seems as though the site is meant to be a self help for someone suspects they have a disorder or if they have already been diagnosed.

Discovery Fit & Health was fairly useful in giving a brief background of the website. It gives an overview of causes of the disorder and possible remedies. Overall the information was very useful for those looking for possible quick solutions. However in the DSM-IV-TR it states that the course of Female Orgasmic Disorder is most often lifelong rather than acquired. This website does not state that and refers to these types as primary (lifelong) and secondary (acquired).


Epigee is a site for women’s health covering all aspects of health ranging from mental to physical. This site gives definition of Female Orgasmic Disorder both for lifelong and acquired and the accompanying symptoms. It goes on to describe other disorders may accompany this one such as pain, arousal, and desire disorders. The site lists possible psychological and physical causes of the disorder, but does not go on to describe these causes in any more detail.

Some misinformation the site gives is that in order to give a true diagnosis of the disorder there must be underlying psychological problems. This statement puts the cause of the problem completely on the client rather than being something they born with, indicating that most often this disorder is acquired. The only options for remedies according to this are sex therapy and psychotherapy. The site fails to mention talking to a doctor about possible physical causes and drug side effects.


The Life Science website is geared toward those who are more interested in the science or cause behind an issue and research interests. This site had the tendency to rattle off statistics, but did not give any real references for where they got the information. Under causes and cures it mentions doctors will take into consideration age, sexual experience, and satisfaction before diagnosis. For psychological causes of the disorder the site recommends psychotherapy. For physical causes the site suggests treating the physical first by doing kegel exercises or switching medications.

Life Science went on to mention research medications for curing Female Orgasmic Disorder, but goes on to say the research needs to be conducted over a much larger sample size. This site definitely was more geared toward clinicians and those diagnosing the disorder rather than those who have been
diagnosed. There were also many advertisements on the site and no citations for sources which causes suspicion of where exactly the statistical information is coming from.


The website Healthline gives a specific definition of the disorder including the different specifiers that accompany the diagnosis. The website is geared toward someone with the disorder, but also would be helpful to someone diagnosing the disorder. The site goes on to describe physically how the body normally responds during sexual excitement and orgasm and the responses of someone with Female Orgasmic Disorder. Under causes and symptoms section of the site it describes Female Orgasmic Disorder as often being lifelong rather than acquired. Then explains if the disorder is acquired, most commonly through emotional trauma or side effects of surgery or medication, it is often temporary. However, in the following paragraph the site says that the disorder is never due to physiological factors alone, which seems contradictory.

Overall Healthline is very helpful and useful. The site not only is the disorder described in detail and matching the DSM definition closely, but it also lists prognosis and prevention efforts for the disorder. The site discusses demographics of those with the disorder, which was not seen on other sites. The process for how a diagnosis is made as well as treatments, whether therapy or drugs, are discussed. All this information can be extremely beneficial for someone who believes they have the disorder and will be seeing a clinician.


The DSM-V site was very interesting to see the changes from the DSM-IV-TR to what will be in the DSM-V. Clearly this site is meant more for those in the medical and mental health fields rather than someone who actually has the disorder. The site does not describe exactly what the disorder is or how it is caused. The only definition for the disorder is the criteria listed for diagnosing the disorder and the specifiers.

For someone who has Female Orgasmic Disorder this site would be beneficial if they have already been diagnosed or were looking for an answer to their problem. However, it can become potentially harmful if the client diagnoses themselves and the clinician gives a different or no diagnosis. In summary this site was helpful for clinicians and gives light to how the disorder is diagnosed according to the DSM-V, yet may not be very helpful to someone who has been diagnosed with Female Orgasmic Disorder.