SCIENCE OF FOODS FOR HEALTH – 2 credits
OSU- FDSCTE 7194    TAMU-HORT 689    ISU-NUTR 468x
Tuesday/Thursday 3:00-4:30 (EST) in Parker 120

What will be covered in the course?

• Evidence based justification on the benefits of specific foods for prevention of chronic diseases.
• Recent evidences on the mechanism and biosynthetic pathways of bioactives in plants.
• Strategies to optimize healthful components through the use of plant breeding, pre and postharvest practices.
• Students will learn effective ways to disseminate scientific knowledge to the society at large.

List of key points:

• Multi-disciplinary course taught by internationally renowned scientists in the area of health promoting foods.
• Unique course for graduate students interested in the science of food and human health.
• Interactive “social learning” through web discussions.
• Lectures jointly video broadcasted to OSU, Texas A&M Univ., and Iowa State Univ.

Course website:
http://agrilife.org/foodsforhealth/

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